November 2026

Latimer Schedule- Small Dining Room

Monday	Tuesday	Wednesday	Thursday	Friday
2 1:30-3:30PM Chorus Hao 合唱团	3 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	4 1:30-2:30PM Silver Sneakers 椅子舞课程 Angela	5 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	6 1:00-2:00PM Chinese Poem Chan 中国诗词
9 1:30-3:30PM Chorus Hao 合唱团	10 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	11	12 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	13 1:30-3:30PM Chinese Poem Chan 中国诗词
16 1:30-3:30PM Chorus Hao 合唱团	17 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	18 BRP using BRP 使用中	19 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	20 1:30-3:30PM Chinese Poem Chan 中国诗词
23 1:30-3:30PM Chorus Hao 合唱团	24 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	25 1:30-2:30PM Silver Sneakers 椅子舞课程 Angela	26 Closed 关门	27 Closed 关门
30 1:30-3:30PM Chorus Hao 合唱团				

November 2026

Latimer Schedule- Computer Room

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy 10:45-12:45PM ESL 英语课 David	4 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	5 12:00- 1:00PM Meditation and Learning Class 冥想与学习课程 Sophie	6
9 Closed 关门	10 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy 10:45-12:45PM ESL 英语课 David	11 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	12 12:00- 1:00PM Meditation and Learning Class 冥想与学习课程 Sophie	13
16 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	17 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy 10:45-12:45PM ESL 英语课 David	18 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	19 12:00- 1:00PM Meditation and Learning Class 冥想与学习课程 Sophie	20
23 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	24 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy 10:45-12:45PM ESL 英语课 David	25 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	26 Closed 关门	27 Closed 关门
30 Iphone class Cancelled 手机课取消				

November 2026

Latimer Schedule- Art Room

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 9-11AM 血压监测 Blood Pressure Screening- Liping 11:30-1:30PM PAC Meeting 会员代表大会	4	5	6
9	10 9-11AM 血压监测 Blood Pressure Screening- Liping 11:30-1:30PM Art class- Janita 艺术课	11	12	13
16	17 9-11AM 血压监测 Blood Pressure Screening- Liping BRP Food Pantry BRP 营养补充袋发放日	18	19	20
23	24 9-11AM 血压监测 Blood Pressure Screening- Liping 12:30-1:30PM Art class- Janita 艺术课	25	26 Closed 关门	27 Closed 关门
30				

November 2026

Latimer Schedule- Auditorium

Monday	Tuesday	Wednesday	Thursday	Friday
2 1:30-3:30PM Ballroom Dance 交谊舞 Lucy	3	4	5 10:00-11:00AM Line Dance 排舞 Freda	6
9	10	11	12 10:00-11:00AM Line Dance 排舞 Freda	13
16 1:30-3:30PM Ballroom Dance 交谊舞 Lucy	17	18	19 10:00-11:00AM Line Dance 排舞 Freda	20
23	24	25	26 Closed 关门	27 Closed 关门
30				

Latimer Gardens Senior Center Online Program Schedule			Nov-26	10/30/2026
Day/Time	**Class Name**		**Language / 语言**	**Location/ 地点**
Monday 星期一				
7:00PM- 8:00PM	Advanced New Concept English / 新概念英语 & 900句 **线上授课**	Lucy	Chinese / 中文	ZOOM ID: 945 0685 0895
8:00PM- 9:00PM	Learn English through Song 學唱，聽英文歌～學英文	Lucy	Chinese / 中文	ZOOM ID: 945 0685 0895
Tuesday 星期二				
6:00PM- 6:45PM	Qi Gong 八段锦 **线上授课**	Alice	Chinese / 中文	ZOOM ID: 936 9684 0057
7:00PM- 9:00PM	Piano Workshop 鋼琴練習班 **线上授课**	Lucy	Chinese / 中文	ZOOM ID: 948 8204 7300
Wednesday 星期三				
4:00PM- 5:00PM	English Karaoke 卡拉OK 线上授课	Linda	Chinese / 中文	ZOOM ID: 987 3897 1186
7:00PM- 8:00PM	Health Discussion 健康讲座 **线上授课**	Lucy	Chinese / 中文	ZOOM ID: 972 2245 6558
8:00PM- 9:00PM	Spanish / 初级西班牙语 **线上授课**	Lucy	Chinese / 中文	ZOOM ID: 972 2245 6558
Thursday 星期四				
6:00PM- 6:45PM	Qi Gong 八段锦 **线上授课**	Alice	Chinese / 中文	ZOOM ID: 936 9684 0057
7:00PM- 9:00PM	Karaoke 卡拉OK 线上授课	Lucy	Chinese / 中文	ZOOM ID: 938 3762 7542
8:00PM- 9:00PM	Karaoke on **VSC 线上**	Alice	Chinese & English 中/英文	ZOOM ID: 931 0569 8808 VSC
Friday 星期五				
Special Events 特殊活动				