

Latimer Gardens Senior Center Online Program Schedule				Oct-26	9/29/2026
Day/Time	Class Name		Language / 语言	Location/ 地点	
Monday 星期一					
7:00PM- 8:00PM	Advanced New Concept English / 新概念英语 & 900句 线上授课	Lucy	Chinese / 中文	ZOOM	
8:00PM- 9:00PM	Learn English through Song 學唱，聽英文歌～學英文	Lucy	Chinese / 中文	ZOOM	
Tuesday 星期二					
6:00PM- 6:45PM	Qi Gong 八段锦 线上授课	Alice	Chinese / 中文	ZOOM	
7:00PM- 9:00PM	Piano Workshop 鋼琴練習班 线上授课	Lucy	Chinese / 中文	ZOOM	
Wednesday 星期三					
4:00PM- 5:00PM	English Karaoke 卡拉OK 线上授课	Linda	Chinese / 中文	ZOOM	
7:00PM- 8:00PM	Health Discussion 健康讲座 线上授课	Lucy	Chinese / 中文	ZOOM	
8:00PM- 9:00PM	Spanish / 初级西班牙语 线上授课	Lucy	Chinese / 中文	ZOOM	
Thursday 星期四					
6:00PM- 6:45PM	Qi Gong 八段锦 线上授课	Alice	Chinese / 中文	ZOOM	
7:00PM- 9:00PM	Karaoke 卡拉OK 线上授课	Lucy	Chinese / 中文	ZOOM	
8:00PM- 9:00PM	Karaoke on VSC 线上	Alice	Chinese & English 中/英文	ZOOM	
Friday 星期五					
Special Events 特殊活动					

October

2026

Latimer Schedule- Small Dining Room

Monday	Tuesday	Wednesday	Thursday	Friday
			1 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	2 1:30-3:30PM Chinese Poem Chan 中国诗词
5 1:30-3:30PM Chorus Hao 合唱团	6 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	7	8 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	9 1:30-3:30PM Chinese Poem Chan 中国诗词
12 Closed 关门	13 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	14 1:30-3:30PM Chorus Hao 合唱团	15 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	16 1:30-3:30PM Chinese Poem Chan 中国诗词
19 1:30-3:30PM Chorus Hao 合唱团	20 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	21 BRP using BRP 使用中	22 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	23 1:30-3:30PM Chinese Poem Chan 中国诗词
26 BRP using BRP 使用中	27 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	28 1:30-3:30PM Chorus Hao 合唱团	29 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	30 1:30-3:30PM Chinese Poem Chan 中国诗词

Notes:

October

2026

Latimer Schedule- Computer Room

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5 9:30-10:30AM Iphone Basics 苹果手机基础课 Lucy	6 9:30-10:30AM Iphone Basics 苹果手机基础课- Lucy 10:45-12:45PM ESL 英语课 Marshella	7 9:30-10:30AM Iphone Basics 苹果手机基础课 Lucy	8	9
12 Closed 关门	13 9:30-10:30AM 苹果手机基础课 Iphone Basics- Lucy 10:45-12:45PM ESL 英语课 Marshella	14 9:30-10:30AM Iphone Basics 苹果手机基础课 Lucy	15 12:00PM-1:00PM Meditation 冥想 Sophie	16
19 9:30-10:30AM Iphone Basics 苹果手机基础课 Lucy	20 9:30-10:30AM 苹果手机基础课 Iphone Basics- Lucy 10:45-12:45PM ESL 英语课 Marshella	21 9:30-10:30AM Iphone Basics 苹果手机基础课 Lucy	22 12:00PM-1:00PM Meditation 冥想 Sophie	23
26 9:30-10:30AM Iphone Basics 苹果手机基础课 Lucy	27 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy 10:45-12:45PM ESL 英语课 Marshella	28 9:30-10:30AM Iphone Basics 苹果手机基础课 Lucy	29 12:00PM-1:00PM Meditation 冥想 Sophie	30

Notes: Iphone class Zoom ID: 977 1918 2553, PW: 1234

October

2026

Latimer Schedule- Art Room

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6 9-11AM 血压监测 Blood Pressure Screening Liping 12:30-1:30PM PAC Meeting 会员代表大会	7	8	9
12 Closed 关门	13 9-11AM 血压监测 Blood Pressure Screening Liping 11:30-1:30PM Art class 艺术课 Janita	14	15	16
19	20 9-11AM 血压监测 Blood Pressure Screening Liping BRP Food Pantry BRP 营养补充袋发放日	21	22	23
26	27 9-11AM 血压监测 Blood Pressure Screening Liping 11:30-1:30PM Art class 艺术课 Janita	28	29	30

Notes:

October

2026

Latimer Schedule- Auditorium

Monday	Tuesday	Wednesday	Thursday	Friday
			1 10:00-11:00AM Line Dance 排舞 Freda	2
5 1:30-3:30PM Dance Party 舞会派对 Lucy	6	7	8 10:00-11:00AM Line Dance 排舞 Freda	9
12 Closed 关门	13	14	15 10:00-11:00AM Line Dance 排舞 Freda	16
19 1:30-3:30PM Dance Party 舞会派对 Lucy	20	21	22 10:00-11:00AM Line Dance 排舞 Freda	23
26	27	28	29 10:00-11:00AM Line Dance 排舞 Freda	30

Notes: