

September

2026

Latimer Schedule- Small Dining Room

Monday	Tuesday	Wednesday	Thursday	Friday
	1 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	2 1:30-3:30PM Chorus Hao 合唱团	3 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	4 1:00-2:00PM Chinese Poem Chan 中国诗词
7 Closed 关门	8 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	9 1:30-3:30PM Chorus Hao 合唱团	10 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	11 1:30-3:30PM Chinese Poem Chan 中国诗词
14 1:30-3:30PM Chorus Hao 合唱团	15 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	16 1:30-2:30PM Silver Sneakers 椅子舞课程 Angela	17 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	18 1:30-3:30PM Chinese Poem Chan 中国诗词
21 1:30-3:30PM Chorus Hao 合唱团	22 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	23 BRP using BRP 使用中	24 1:30-3:30PM Mixed Voice Singing 混声歌 唱训练 Amy	25 1:30-3:30PM Chinese Poem Chan 中国诗词
28 1:30-3:30PM Chorus Hao 合唱团	29 1:30-3:30PM Waist Drum 腰鼓课 Xuemin	30 1:30-2:30PM Silver Sneakers 椅子舞课程 Angela		

Notes:

September

2026

Latimer Schedule- Computer Room

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	2 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	3	4
7 Closed 关门	8 9:30-10:30AM 苹果手机基础课 Iphone Basics- Lucy 10:45-12:45PM ESL- Marshella 英语课	9 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	10	11
14 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	15 9:30-10:30AM 苹果手机基础课 Iphone Basics- Lucy 10:45-12:45PM ESL- Marshella 英语课	16 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	17	18
21 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	22 9:30-10:30AM 苹果手机基础课 Iphone Basics- Lucy 10:45-12:45PM ESL- Marshella 英语课	23 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy	24	25
28 Iphone class Cancelled 手机课取消	29 Iphone class Cancelled 手机课取消 10:45-12:45PM ESL- Marshella 英语课	30 9:30-10:30AM Iphone Basics- 苹果手机基础课 Lucy		

Notes: Iphone class Zoom ID: 977 1918 2553, PW: 1234

September

2026

Latimer Schedule- Art Room

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9-11AM 血压监测 Blood Pressure Screening- Liping 11:30-1:30PM Art class- Janita 艺术课	2	3	4
7 Closed 关门	8 9-11AM 血压监测 Blood Pressure Screening- Liping 11:30-1:30PM Art class- Janita 艺术课	9	10	11
14	15 9-11AM 血压监测 Blood Pressure Screening- Liping BRP Food Pantry BRP 营养补充袋发放日	16	17	18
21	22 9-11AM 血压监测 Blood Pressure Screening- Liping 12:30-1:30PM PAC Meeting 会员代表大会	23	24	25
28	29 9-11AM 血压监测 Blood Pressure Screening- Liping 11:30-1:30PM Art class- Janita 艺术课	30		

Notes:

September

2026

Latimer Schedule- Auditorium

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 10:00-11:00AM Dance Exercise 舞蹈练习 Elizabeth	4
7 Closed 关门	8	9	10 10:00-11:00AM Dance Exercise 舞蹈练习 Elizabeth	11
14	15	16	17 10:00-11:00AM Dance Exercise 舞蹈练习 Elizabeth	18
21 1:30-3:30PM Ballroom Dance 交谊舞 Matthew	22	23	24 10:00-11:00AM Dance Exercise 舞蹈练习 Elizabeth	25
28	29	30		

Notes:

Latimer Gardens Senior Center Online Program Schedule				Sep-26	8/19/2026
Day/Time	Class Name		Language / 语言	Location/ 地点	
Monday 星期一					
7:00PM- 8:00PM	Advanced New Concept English / 新概念英语 & 900句 线上授课	Lucy	Chinese / 中文	ZOOM	
8:00PM- 9:00PM	Learn English through Song 學唱，聽英文歌～學英文	Lucy	Chinese / 中文	ZOOM	
Tuesday 星期二					
6:00PM- 6:45PM	Qi Gong 八段锦 线上授课	Alice	Chinese / 中文	ZOOM	
7:00PM- 9:00PM	Piano Workshop 鋼琴練習班 线上授课	Lucy	Chinese / 中文	ZOOM	
Wednesday 星期三					
4:00PM- 5:00PM	English Karaoke 卡拉OK 线上授课	Linda	Chinese / 中文	ZOOM	
7:00PM- 8:00PM	Health Discussion 健康讲座 线上授课	Lucy	Chinese / 中文	ZOOM	
8:00PM- 9:00PM	Spanish / 初级西班牙语 线上授课	Lucy	Chinese / 中文	ZOOM	
Thursday 星期四					
6:00PM- 6:45PM	Qi Gong 八段锦 线上授课	Alice	Chinese / 中文	ZOOM	
7:00PM- 9:00PM	Karaoke 卡拉OK 线上授课	Lucy	Chinese / 中文	ZOOM	
8:00PM- 9:00PM	Karaoke on VSC 线上	Alice	Chinese & English 中/英文	ZOOM	
Friday 星期五					
Special Events 特殊活动					