

# CLEARVIEW OLDER ADULT CENTER

## JUNE 2026 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Stained Glass	9:00 Stained Glass	9:00 Ping Pong	9:00 Stained Glass	9:15 StayWell with Darryl
9:00 Leisure Games	9:15 Zumba with Darryl	9:15 Dance Fitness with Mary Grace	9:00 Leisure Games	9:30 Needlepoint with Susan
9:30 StayWell with Darryl	9:30 Ping Pong	9:30 Drawing/Painting & Beading with Susan	9:00 Wii Bowling	9:30 Ping Pong
9:30 Ping Pong	10:30 Zumba with Darryl	10:30 Chinese Dance Workshop	9:15 Dance Fitness with Mary Grace	10:00 ESL with Jimmy
11:00 Aerobics with Michael	10:30 English Conversation with Marlene No class 6/16	10:30 Chinese Dance Workshop	10:30 Chair Yoga with Theresa	10:30 Tai Chi Practice with Keith
1:00 Stained Glass	1:00 Stained Glass	1:00 Drawing/Painting & Beading with Susan	1:00 Stained Glass	12:45 Current Events with Marty 6/5
1:00 Ping Pong	1:00 Ping Pong	1:00 Ping Pong	1:00 Ping Pong	1:00 Drawing/Painting & Needlepoint with Susan
1:00 Bingo	1:00 Art Residency with Steve 6/16, 6/23, 6/30, 7/7	1:15 Line Dancing with Lisa & Harrison	1:15 Toning & Lifting with Darryl	1:00 Ping Pong
1:15 Moving for Life with Tom	1:15 Line Dancing with Judy	1:30 Tai Chi Practice with Keith		1:15 Line Dancing with Angela & Lisa
2:45 Tai Chi Practice with Keith		2:30 Latin Social Dance		4:00 Movie Chat 6/12, 6/26

### SPECIAL EVENTS

Town Hall Meeting  
Monday, June 1, 10:30

Nutrition: Food Safety  
Thursday, June 4, 10:30

Live Performance:  
Rewind the Band  
Tuesday, June 9, 1:15

Crime Prevention  
Wednesday, June 10, 10:30

Pillow Talk:  
Sew a Pillow & Chat  
Friday, June 12, 1:00

June Birthdays Celebration  
Monday, June 15, 11:45

Preventing Fires  
Tuesday, June 16, 10:30

Responding to Dementia-Related Behaviors  
Thursday, June 18, 10:30

Father's Day Celebration  
Thursday, June 18, 11:45

Trader Joe's  
Tuesday, June 23, 9:00

Chinese Dance Performance  
Wednesday, June 24, 10:45

Latin Dance Performance  
Wednesday, June 24, 2:45

Muscle Relaxation with Guowei  
Thursday, June 25, 11:00

### JUNETEENTH HOLIDAY SCHEDULE

**Thursday, June 18 - Closing at 2 pm**  
**Friday, June 19 - Center Closed**

**QUESTIONS?**  
**WANT TO BECOME A MEMBER?**

Call us at 718-224-7888

Clearview Older Adult Center  
208-11 26<sup>th</sup> Ave  
Bayside, NY 11360

*Selfhelp*

Funded in part by NYC Aging

# LUNCH MENU - JUNE 2026

Lunch Served 11:45 - 12:15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> BAKED BREADED FISH MASHED POTATOES STEAMED BROCCOLI APPLE ORANGE JUICE	<b>2</b> BAKED CHICKEN QUARTERS BAKED MACARONI & CHEESE SAUTÉED STRING BEANS GRAPES ORANGE PINEAPPLE JUICE	<b>3</b> GRANDMA'S BAKED EGGPLANT PARMESAN PENNE STEAMED SPINACH ORANGE APPLE JUICE	<b>4</b> RASTA PASTA TOMATO & CUCUMBER SALAD CANNED SLICED PEACHES ORANGE JUICE	<b>5</b> DELUXE CHEESEBURGER WITH ONIONS BAKED RED POTATO WEDGES LETTUCE & TOMATO FRUIT COCKTAIL ORANGE PINEAPPLE JUICE
<b>8</b> WHOLE WHEAT ROTINI WITH SPINACH & CHICKPEAS STEAMED BROCCOLI ORANGE APPLE JUICE	<b>9</b> BAKED SHEPHERD'S PIE STEAMED SPINACH APPLE ORANGE PINEAPPLE JUICE	<b>10</b> BAKED SALMON CALIFORNIA BLEND VEGETABLES GARLIC & ROSEMARY ROASTED POTATOES CANNED PINEAPPLE APPLE JUICE	<b>11</b> CHICKEN NOODLE SOUP SPINACH MOZZARELLA QUICHE TOSSED SALAD GRAPES ORANGE JUICE	<b>12</b> BAKED CHICKEN WINGS BAKED SWEET POTATO STEAMED CABBAGE BANANA ORANGE PINEAPPLE JUICE
<b>15</b> BAKED ZITI WITH CHEESE STEAMED SPINACH CANNED SLICED PEACHES APPLE JUICE JUNE BIRTHDAYS DESSERT	<b>16</b> BEEF SALISBURY STEAK WITH MUSHROOM SAUCE MASHED POTATOES STEAMED CARROTS & GREEN BEANS GRAPES ORANGE PINEAPPLE JUICE	<b>17</b> BAKED BREADED FISH BAKED POTATO STEAMED BROCCOLI APPLE ORANGE JUICE	<b>18</b> BBQ CHICKEN LEG QUARTERS BAKED SWEET POTATO SAUTÉED STRING BEANS BANANA ORANGE JUICE FATHER'S DAY SPECIAL DESSERT	<b>19</b>          CENTER CLOSED
<b>22</b> SWEDISH MEATBALLS WITH TURKEY CALIFORNIA BLEND VEGETABLES EGG NOODLES APPLE ORANGE PINEAPPLE JUICE	<b>23</b> CHICKEN PARMESAN SPAGHETTI STEAMED SPINACH ORANGE ORANGE PINEAPPLE JUICE	<b>24</b> BAKED BREADED FISH WITH GARLIC PARMESAN CRUST GARLIC & ROSEMARY ROASTED POTATOES SAUTÉED STRING BEANS CANNED SLICED PEACHES ORANGE JUICE	<b>25</b> HEARTY SUMMER MINISTRONE SOUP TOMATO & CUCUMBER SALAD GRAPES ORANGE JUICE	<b>26</b> DELUXE CHEESEBURGER WITH ONIONS BAKED RED POTATO WEDGES LETTUCE & TOMATO BANANA APPLE JUICE
<b>29</b>	<b>30</b>			