

CLEARVIEW OLDER ADULT CENTER

APRIL 2026 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Stained Glass	9:00 Stained Glass	9:00 Karaoke - English	9:00 Stained Glass	9:15 StayWell with Darryl
9:00 Leisure Games	9:15 Zumba with Darryl	9:15 Dance Fitness with Mary Grace	9:00 Leisure Games	9:30 Needlepoint with Susan
9:30 StayWell with Darryl	9:30 Ping Pong	9:30 Drawing/Painting & Beading with Susan	9:00 Wii Bowling	9:30 Ping Pong
9:30 Ping Pong	10:30 Zumba with Darryl	10:30 Karaoke - Chinese	9:15 Dance Fitness with Mary Grace	10:00 ESL with Jimmy
11:00 Aerobics with Michael	10:30 English Conversation with Marlene No Session 4/7	10:30 Zumba with Meiling	10:30 Chair Yoga with Theresa	10:30 Tai Chi Practice with Keith
1:00 Stained Glass	1:00 Stained Glass	1:00 Drawing/Painting & Beading with Susan	1:00 Stained Glass	12:45 Current Events with Marty 4/10, 4/24
1:00 Ping Pong	1:00 Ping Pong	1:00 Ping Pong	1:00 Ping Pong	1:00 Drawing/Painting & Needlepoint with Susan
1:00 Bingo	1:00 Art Residency with Steve 4/7, 4/14	1:15 Line Dancing with Lisa & Harrison	1:15 Toning & Lifting with Darryl	1:00 Ping Pong
1:15 Moving for Life with Tom Begins April 6	1:15 Line Dancing with Judy No session 4/7	1:30 Tai Chi Practice with Keith	2:30 Korean Dance Begins April 9	1:15 Line Dancing with Angela & Lisa
2:45 Tai Chi Practice with Keith		2:30 Latin Social Dance Begins April 8		4:00 Movie Chat 4/2, 4/17

SPECIAL EVENTS

The 10 Warning Signs of Alzheimer's
Thursday, April 2, 10:30

Moving for Life
Mondays, April 6-June 29, 1:15

Jazz Duet Performance
Tuesday April 7, 1:15

Latin Social Dance Workshop
Wednesdays, April 8-June 24, 2:30

Happy Gut: The Digestive System
Thursday, April 9, 10:30

Korean Dance Workshop
Thursdays, April 9-May 28, 2:30

Town Hall Meeting
Monday, April 13, 10:30

Wellness Bingo with Guowei
Thursday, April 16, 11:00

April Birthday Celebration
Monday, April 20, 11:45

Trader Joe's
Tuesday April 21st 9:15

HOLIDAY SCHEDULE

Thursday, April 2, Close at 2 pm
Friday, April 3, Center Closed

Art Residency Exhibit
Tuesday, April 21, 11:00

Decoding Food Labels
Wednesday, April 22, 10:30

Crime Prevention
Wednesday, April 29, 10:30

QUESTIONS? WANT TO BECOME A MEMBER?

Call us at 718-224-7888

Clearview Older Adult Center
208-11 26th Ave
Bayside, NY 11360



Funded in part by NYC Aging

LUNCH MENU – APRIL 2026

Lunch Served 11:45 – 12:15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BAKED FISH WITH GARLIC PARMESAN CRUST GARLIC & ROSEMARY ROASTED POTATOES SAUTÉED STRING BEANS CANNED SLICED PEACHES ORANGE JUICE	2 HEARTY MINISTRONE SOUP TOMATO & CUCUMBER SALAD GRAPES ORANGE JUICE	3 CENTER CLOSED
6 GRANDMA'S BAKED EGGPLANT PARMESAN PENNE BABY CARROTS & PARSLEY ORANGE APPLE JUICE	7 BBQ CHICKEN LEG QUARTERS BAKED MACARONI & CHEESE SAUTÉED STRING BEANS APPLE ORANGE JUICE	8 FARMHOUSE BEAN & VEGGIE STEW WHITE RICE STEAMED SPINACH CANNED PINEAPPLE APPLE JUICE	9 BEEF MEATLOAF MASHED POTATOES BALSAMIC ROASTED BRUSSELS SPROUTS BANANA ORANGE JUICE	10 VEGETABLE SOUP TUNA SALAD TOSSED SALAD GRAPES ORANGE PINEAPPLE JUICE
13 BAKED ZITI WITH CHEESE STEAMED SPINACH GRAPES APPLE JUICE	14 BAKED SALMON MASHED POTATOES BROCCOLI & RED PEPPERS CANNED PINEAPPLE ORANGE PINEAPPLE JUICE	15 LEMON CHICKEN EGG NOODLES SAUTÉED STRING BEANS ORANGE APPLE JUICE	16 WHOLE WHEAT ROTINI WITH SPINACH & CHICKPEAS TOSSED SALAD BANANA ORANGE JUICE	17 SHEPHERD'S PIE STEAMED CARROTS APPLE ORANGE JUICE
20 BAKED BREADED FISH MASHED POTATOES STEAMED BROCCOLI APPLE ORANGE JUICE BIRTHDAY DESSERT	21 BAKED CHICKEN QUARTERS BAKED MACARONI & CHEESE SAUTÉED STRING BEANS GRAPES ORANGE PINEAPPLE JUICE	22 GRANDMA'S BAKED EGGPLANT PARMESAN PENNE STEAMED SPINACH ORANGE APPLE JUICE	23 RASTA PASTA TOMATO & CUCUMBER SALAD CANNED SLICED PEACHES ORANGE JUICE	24 DELUXE CHEESEBURGER WITH ONIONS BAKED RED POTATO WEDGES LETTUCE & TOMATO FRUIT COCKTAIL ORANGE PINEAPPLE JUICE
27 WHOLE WHEAT ROTINI WITH SPINACH & CHICKPEAS STEAMED BROCCOLI ORANGE APPLE JUICE	28 SHEPHERD'S PIE STEAMED SPINACH APPLE ORANGE PINEAPPLE JUICE	29 BAKED SALMON CALIFORNIA BEND VEGETABLES GARLIC & ROSEMARY ROASTED POTATOES CANNED PINEAPPLE APPLE JUICE	30 CHICKEN NOODLE SOUP SPINACH MOZZARELLA QUICHE TOSSED SALAD GRAPES ORANGE JUICE	