



**MEDIA ALERT**

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**Selfhelp Celebrates National Older Americans Month with Social Events Across Queens**

*Bayside Motown Performance was made possible by the Queens Culture and Arts Network and support from Councilmember Vickie Paladino; Assemblymember Steven Raga recognized during Maspeth Birthday Party*

**(Queens, New York)** – This month, Selfhelp Community Services has hosted events for older adults across Queens at each of their five Queens Older Adult Centers (OACs) in honor of [National Older Americans Month](#).

On Friday, May 9, Austin Street OAC in Forest Hills marked the month with a musical performance and special lunch.

On Monday, May 12, the Clearview Older Adult Center in Bayside threw a Motown song-and-dance party. The event was a collaboration with the Queens Culture and Arts Network which received a grant from Councilmember Vickie Paladino to bring in a talented local performer who sang classics from Marvin Gaye, the Temptations, and more. It was a joyous event where members clapped, stomped, and even took the mic to join in. The event was made possible with funding from New York City Councilmember Vickie Paladino, who delivered remarks and participated in the revelry.

On Thursday, May 15th, the Maspeth OAC celebrated May birthdays for their members. During the event, the “Mother of the Year” honor was given to the most senior mother in attendance. During the event, Assemblymember Steven Raga was presented with a Certificate of Appreciation from the OAC members. On hand to receive the Certificate was Dolma Lama from the Assemblymember’s office.

On Monday, May 19, the Benjamin Rosenthal-Prince Street OAC in Flushing honored the dozens of older volunteers who make the center a vibrant hub within the community. Volunteers were recognized with certificates from Assemblymember Nily Rozic, NYS Senator John Liu, and Councilmember Sandra Ung.

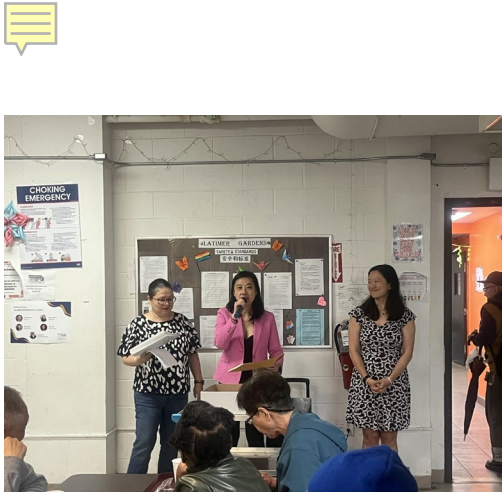
Finally, on Wednesday, May 21, the Latimer Gardens OAC in Flushing honored older adults and celebrated May birthdays with certificates from Senator Liu. Councilmember Ung also joined the festivities.

“Every May, we proudly celebrate Older American Month because we believe everyone should age with dignity and independence. When older adults need a helping hand, they want to receive care where they feel valued and supported. Our Older Adult Centers bring much-needed services within reach,” said Katie Foley. “Selfhelp appreciates the support of our local elected officials, who enable us to host celebrations and increase the programs onsite that enrich the lives of older adults across Queens.”

PHOTO CREDITS –

(Paladino quote + Raga quote)







### **About Selfhelp**

Selfhelp is dedicated to providing care that is compassionate, trusted, and innovative, always respecting the life experiences of those they serve. Selfhelp brings a profound understanding and commitment to their unique approach which is rooted in their longstanding work with Holocaust survivors. Each year, they support 25,000 individuals through affordable housing, home care, and community-based services, fostering aging with dignity and independence.

[www.selfhelp.net](http://www.selfhelp.net)

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