



**For Immediate Release**

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## **Congresswoman Grace Meng Secures \$850,000 in Federal Funding to Support Capital Improvements at Selfhelp's Martin Lande House Senior Residence in Flushing**

– [Click here for photos and video from check presentation ceremony](#) –

**(Queens, New York)** – Selfhelp Community Services today announced that Congresswoman Grace Meng has secured \$850,000 in federal Community Project Funding to support essential capital improvements at Martin Lande House, a Selfhelp affordable senior residence in Flushing, Queens. The announcement was made during a ceremony today at the building, where Meng was joined by Councilmember Sandra Ung, Stuart Kaplan, CEO of Selfhelp Community Services, Lisa Trub, Executive Director of Selfhelp Realty Group & The Melamid Institute for Affordable Housing (SRG), and dozens of building residents.

Since 1970, older adults in Queens have called the Martin Lande House home, but with age, the building requires upgrades to ensure the safety, comfort, energy efficiency, and long-term sustainability to serve its nearly 300 residents. The federal funds will support repairs to the building façade. The renovations will improve the building's safety and enhance the quality of life for residents.

“Addressing the needs of seniors has been a priority of mine in Congress and this includes securing money for crucial projects like this one at the Martin Lande House,” said **U.S. Rep. Grace Meng (D-Queens)**. “I am proud to deliver this critical funding to Selfhelp so that it can continue providing high-quality, affordable housing to older adults. These critical upgrades will improve the safety and comfort of building residents and make the property more energy efficient. I thank Selfhelp for the tremendous work it does at the Martin Lande House, and its continued commitment to creating and preserving homes that are affordable, dignified, and built for the needs of older adults.”

The funding will enable Selfhelp to begin repairing its exterior façade; the maintenance is a prerequisite for future work to make the building more environmentally sustainable, including enhanced insulation, which will help reduce energy use and keep the property in compliance with New York State energy codes.

“This investment recognizes the essential role that affordable senior housing plays in keeping older adults healthy, independent, and connected,” said **Lisa Trub, Executive Director of Selfhelp Realty Group & The Melamid Institute for Affordable Housing**. “We are deeply grateful to Congresswoman Meng for championing the needs of older New Yorkers. This funding is instrumental to making key building improvements that will strengthen the Martin Lande House

for decades to come, ensuring that our residents can continue to age with dignity in the community they call home.”

“Facilities like the Martin Lande House give our seniors the opportunity to age in place in communities where they feel welcome and supported,” said **Councilmember Sandra Ung**. “This investment will make a meaningful difference in the lives of the residents who call this building home, ensuring they can continue to live safely and comfortably. Thank you to Congresswoman Grace Meng for her leadership and support. This federal funding is yet another example of her unwavering commitment to Flushing’s seniors.”

SRG has expanded its housing portfolio in recent years, deepening its commitment to affordable senior living and community revitalization. In September, SRG broke ground on [The Perennial](#), co-developed with Foxy Management to bring 144 affordable homes to the site of the blighted Parkway Hospital in Forest Hills. And in November 2024, SRG and BFC Partners opened the doors to [The Pearl](#), an affordable residence on Staten Island that reserved 138 homes for formerly homeless seniors.

SRG is a nonprofit developer with 19 affordable senior residences across New York City and Long Island. Each site, including Martin Lande House, integrates onsite social services through Selfhelp’s Active Services for Aging Model (SHASAM).

**About Selfhelp Realty Group | The Melamid Institute for Affordable Housing** increases aging New Yorkers’ access to housing by building and preserving affordable housing for older adults, with access to onsite social services through Selfhelp Active Services for Aging Model (SHASAM) to support residents living with dignity and independence. The Selfhelp Realty Group is a nonprofit developer with 19 buildings and 1,900 residents across New York City and Long Island. Selfhelp Realty Group is the housing arm of [Selfhelp Community Services](#), a nonprofit that supports aging with dignity and independence for 25,000 adults through home care, affordable housing, and community-based programs. [www.selfhelp.net](http://www.selfhelp.net)

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