

# CLEARVIEW OLDER ADULT CENTER

## DECEMBER 2025 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Stained Glass 9:00 Leisure Games 9:30 StayWell with Darryl 9:30 Ping Pong 11:00 Aerobics with Michael 1:00 Stained Glass 1:00 Ping Pong 1:00 Bingo No session 12/15 1:15 Line Dancing with Colin No session 12/15 2:45 Tai Chi Practice with Keith	9:00 Stained Glass 9:15 Zumba with Darryl 9:30 Ping Pong 10:30 Zumba with Darryl 10:30 English Conversation with Marlene 1:00 Stained Glass 1:00 Ping Pong 1:15 Line Dancing with Judy	9:00 Karaoke - English No Session 12/3 9:15 Dance Fitness with Mary Grace 9:30 Drawing/Painting & Beading with Susan 10:30 Karaoke – Chinese No Session 12/3 10:30 Chair Yoga with Theresa 1:00 Drawing/Painting & Beading with Susan 1:00 Ping Pong 1:15 Line Dancing with Lisa & Harrison No session 12/24 & 12/31 1:30 Tai Chi Practice with Keith No session 12/24 & 12/31	9:00 Stained Glass 9:00 Leisure Games 9:00 Wii Bowling 9:15 Dance Fitness with Mary Grace 10:30 Chair Yoga with Theresa 1:00 Stained Glass 1:00 Ping Pong 1:15 Toning & Lifting with Darryl	9:15 StayWell with Darryl 9:30 Needlepoint with Susan 9:30 Ping Pong 10:00 ESL with Jimmy 10:30 Tai Chi Practice with Keith No session 12/12 12:45 Current Events with Marty 12/9, 12/19 1:00 Drawing/Painting & Needlepoint with Susan 1:00 Ping Pong 1:15 Line Dancing with Angela & Lisa 4:00 Movie Chat 12/12, 12/26
<b>SPECIAL EVENTS</b>  Boulevard ALP Assisted Living Monday, December 1, 10:30  Food Demo & Tasting by Elderplan Wednesday, December 3, 10:30  Craft Sale Friday, December 5, 9:30-12:00  Mindful Eating for the Holidays Wednesday, December 10, 10:30  The Financial Markets Today Thursday, December 11, 10:30  Minhwa Workshop Thursday, December 11, 1:00  Introduction to Gentle Chair Yoga Friday, December 12, 10:15		<b>HOLIDAY SCHEDULE</b>  Wednesday, December 24 Closing at 2 pm  Thursday, December 25 Friday, December 26 Center Closed  Wednesday, December 31 Closing at 2 pm  Thursday, January 1 Center Closed		<b>QUESTIONS? WANT TO BECOME A MEMBER?</b>  Call us at 718-224-7888  Clearview Older Adult Center 208-11 26 <sup>th</sup> Ave Bayside, NY 11360    <i>Funded in part by NYC Aging</i>

# LUNCH MENU – DECEMBER 2025

Lunch Served 11:45 – 12:15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> GRANDMA'S BAKED EGGPLANT PARMESAN PENNE BABY CARROTS & PARSLEY ORANGE APPLE JUICE	<b>2</b> BBQ CHICKEN LEG QUARTERS BAKED MACARONI & CHEESE SAUTÉED STRING BEANS APPLE ORANGE JUICE	<b>3</b> FARMHOUSE BEAN & VEGGIE STEW WHITE RICE STEAMED SPINACH CANNED PINEAPPLE APPLE JUICE	<b>4</b> BEEF MEATLOAF BALSAMIC ROASTED BRUSSELS SPROUTS MASHED POTATOES BANANA ORANGE JUICE	<b>5</b> VEGETABLE SOUP TUNA SALAD TOSSED SALAD GRAPES ORANGE PINEAPPLE JUICE
<b>8</b> BAKED ZITI WITH CHEESE STEAMED SPINACH GRAPES APPLE JUICE	<b>9</b> BAKED SALMON MASHED POTATOES BROCCOLI & RED PEPPERS CANNED PINEAPPLE ORANGE PINEAPPLE JUICE	<b>10</b> LEMON CHICKEN EGG NOODLES SAUTÉED STRING BEANS ORANGE APPLE JUICE	<b>11</b> WHOLE WHEAT ROTINI WITH SPINACH & CHICKPEAS TOSSED SALAD BANANA ORANGE JUICE	<b>12</b> SHEPHERD'S PIE STEAMED CARROTS APPLE ORANGE JUICE
<b>15</b> BAKED BREADED FISH MASHED POTATOES STEAMED BROCCOLI APPLE ORANGE JUICE	<b>16</b> BAKED CHICKEN QUARTERS BAKED MACARONI & CHEESE SAUTÉED STRING BEANS GRAPES ORANGE PINEAPPLE JUICE	<b>17</b> GRANDMA'S BAKED EGGPLANT PARMESAN PENNE STEAMED SPINACH ORANGE APPLE JUICE	<b>18</b> RASTA PASTA TOMATO & CUCUMBER SALAD CANNED SLICED PEACHES ORANGE JUICE	<b>19</b> DELUXE CHEESEBURGER WITH ONIONS BAKED RED POTATO WEDGES LETTUCE & TOMATO FRUIT COCKTAIL ORANGE PINEAPPLE JUICE
<b>22</b> WHOLE WHEAT ROTINI WITH SPINACH & CHICKPEAS STEAMED BROCCOLI ORANGE APPLE JUICE	<b>23</b> SHEPHERD'S PIE STEAMED SPINACH APPLE ORANGE PINEAPPLE JUICE	<b>24</b> BAKED SALMON CALIFORNIA BLEND VEGETABLES GARLIC & ROSEMARY ROASTED POTATOES CANNED PINEAPPLE APPLE JUICE	<b>25</b>       CENTER CLOSED	<b>26</b>       CENTER CLOSED
<b>29</b> BAKED ZITI WITH CHEESE STEAMED SPINACH CANNED SLICED PEACHES APPLE JUICE	<b>30</b> BEEF SALISBURY STEAK WITH MUSHROOM SAUCE MASHED POTATOES STEAMED CARROTS & GREEN BEANS GRAPES ORANGE PINEAPPLE JUICE	<b>31</b> BAKED BREADED FISH BAKED POTATO STEAMED BROCCOLI APPLE ORANGE JUICE		