

Latimer Gardens Senior Center Program Schedule			Dec-25	2025/11/18	
Day/Time		Class Name	NYC Department for the Aging	Language / 语言	Location/ 地点
Monday 星期一					
8:30AM- 2:00PM	Ping Pong / 乒乓课与练习 现场		Mr. Ye	Chinese & English 中/英文	Ping Pong Room 乒乓球室
9:30AM-10:30AM	Iphone Basics Hydrid / 智能手机初级班 现场及线上同时授课		Lucy	Chinese / 中文	Art Room 艺术室
10:30AM- 11:30AM	Calligraphy 书法 现场		Lucy	Chinese / 中文	Art Room 艺术室
12:30PM- 2:00PM	Chinese Karaoke / 中文卡拉OK VSC线上		Lucy	Chinese / 中文	Art Room 艺术室
9:30AM- 11:30AM	Waist Drum 腰鼓 现场		Ms. Zhang	Chinese / 中文	Gym 篮球场
12:00PM- 2:00PM	Ballroom Dance / 国标舞 现场		Betty	Chinese / 中文	Gym 篮球场
10:30AM- 12:30PM	Singing/Voice lesson with William 郝老师学声乐 现场		Mr. Hao	Chinese / 中文	Computer room 电脑房
New! 新课	7:00PM- 8:00PM	Line Dance 广场舞	Lucy	Chinese / 中文	
New! 新课	8:00PM- 9:00PM	Singing 歌曲串烧	Lucy	Chinese / 中文	
Tuesday 星期二					
8:30AM- 2:00PM	Ping Pong Lesson / 乒乓课与练习 现场		Mr. Yeh	Chinese / 中文	Ping Pong Room 乒乓球室
8:30AM- 2:00PM	Mahjong 麻将 现场		Nancy	Chinese & English 中/英文	Cafeteria 餐厅
12:30PM- 2:00PM	Board Games 棋盘游戏 现场		Liping	Chinese & English 中/英文	Cafeteria 餐厅
10:00AM- 11:30AM	Arts and crafts 艺术手工 现场		Liping	Chinese & English 中/英文	Art Room 艺术室
12:30PM- 2:00PM	Drawing Class 绘画课 现场		Ms. Dai	Chinese / 中文	Art Room 艺术室
12:00PM- 2:00PM	Ballroom Dance / 国标社交舞 现场		Jonathan	Chinese / 中文	Gym 篮球场
9:30AM- 10:30AM	Tablet/Smart Phone Basics 平板电脑/智能手机初级班 线上授课		Lucy	Chinese & English 中/英文	Computer room 电脑
10:30AM-11:30AM	Advanced New Concept English / 新概念英语 & 900句 线上授课		Lucy	Chinese & English 中/英文	Computer room 电脑房
9:30AM- 11:30AM	Mixed Voice Training 混声训练 现场		Ai Ling	Chinese / 中文	Library 图书馆
仅12/23 ONLY	12:00PM- 1:00PM	ESL Intermediate 中级英语 现场	Marshella	English 英文	Computer room 电脑房
仅12/23 ONLY	1:00PM- 2:00PM	ESL Basic English 初级英语 现场	Marshella	English 英文	Computer room 电脑房
	6:00PM- 6:45PM	Qi Gong 八段锦 线上授课	Alice	Chinese / 中文	
	7:00PM- 9:00PM	Piano Workshop 鋼琴練習班 线上授课	Lucy	Chinese / 中文	
Wednesday 星期三					
8:30AM- 2:00PM	Ping Pong Lesson / 乒乓课与练习 现场		Mr. Cai	Chinese & English 中/英文	Ping Pong Room 乒乓球室
10:00AM- 12:00PM	International Dance/ 国标舞 现场		James	Chinese / 中文	Gym 篮球场
1:00PM-2:00PM	Fitness Class: Silver Sneakers / 银色运动鞋健身课 现场		Angela	English / 英文	Gym 篮球场

9:30AM- 10:30AM		Tablet/Smart Phone Basics 平板电脑/智能手机初级班 <b>现场及线上同时授课</b>	Lucy	Chinese / 中文	Computer room 电脑房
10:30AM- 11:30AM		Vocal Practice/ 声乐 <b>现场及线上同时授课</b>	Tan, Gui Yun	Chinese / 中文	Library 图书馆
11:30AM- 12:30PM		Piano Lesson / 中文钢琴 <b>现场及线上同时授课</b>	Tan, Gui Yun	Chinese / 中文	Library 图书馆
4:00PM-6:00PM		English Karaoke w. Linda <b>线上 VSC 线上</b>	Linda	English / 英文	
7:00PM- 8:00PM		Health Discussion 健康讲座 <b>线上授课</b>	Lucy	Chinese / 中文	
8:00PM- 9:00PM		Spanish / 初级西班牙语 <b>线上授课</b>	Lucy	Chinese / 中文	
<b>Thursday 星期四</b>					
8:30AM- 2:00PM		Ping Pong Lesson / 乒乓课与练习 <b>现场</b>	Mr. Yeh	Chinese / 中文	Ping Pong Room 乒乓球室
8:30AM- 2:00PM		Mahjong 麻将 <b>现场</b>	Nancy	Chinese & English	Cafeteria 餐厅
12月暂停 On hold December	9:00AM- 11:00AM	Star & Moon Instrumental Choir / 星月合奏合唱组 <b>现场</b>	Henry	Chinese / 中文	Art Room 艺术室
9:30AM- 10:30AM		Tai Chi 太极拳 <b>现场</b>	Kevin	Chinese & English 中/英文	Gym 篮球场
10:30AM-11:30AM		Dance Exercise 健身舞 <b>现场</b>	Elizabeth	Chinese / 中文	Gym 篮球场
11:30AM- 12:45PM		Chinese Folk Dance- Min Zu Wu 民族舞 <b>现场</b>	Daisy	Chinese / 中文	Gym 篮球场
1:00PM- 2:00PM		Fitness Class: Silver Sneakers / 银色运动鞋健身课 <b>现场 VSC 线上</b>	Angela	English / 英文	Gym 篮球场
9:30AM- 11:30AM		ESL Intermediate 中级英语 <b>现场</b>	Marshella	English 英文	Computer room 电脑房
12:00PM- 2:00PM		ESL Basic English 初级英语 <b>现场</b>	Marshella	English 英文	Computer room 电脑房
10:00AM- 12:00PM		Latimer Light Music Band 拉提玛轻音乐乐队 <b>现场</b>	Liping	Chinese & English 中/英文	Library 图书馆
6:00PM- 6:45PM		Qi Gong (八段锦) <b>线上授课</b>	Alice	Chinese / 中文	
7:00PM- 9:00PM		Chinese Karaoke / 中文卡拉OK <b>VSC线上</b>	Lucy	Chinese / 中文	
8:00PM- 9:00PM		Karaoke on <b>VSC 线上</b>	Alice	Chinese & English 中/英文	
<b>Friday 星期五</b>					
8:30AM- 2:00PM		Ping Pong Lesson / 乒乓课与练习 <b>现场</b>	Mr. Yan	Chinese & English 中/英文	Ping Pong Room 乒乓球室
10:00AM- 11:00AM		Advanced Beginner's English 英语班 <b>现场</b>	Rhoda	English / 英文	Computer room 电脑房
10:00AM- 11:30AM		Chinese classical poem appreciation/ 诗词格律班	Grace	Chinese / 中文	Art Room 艺术室
9:00AM- 10:30AM		Qi Pao Show 旗袍时装秀	Xiangmei	Chinese / 中文	Gym 篮球场
10:30AM- 12:00PM		Argentine Tango / 阿根廷探戈 <b>现场</b>	Barry	Chinese / 中文	Gym 篮球场
12:00PM- 2:00PM		Line Dance 排舞 <b>现场</b>	Freda	Chinese / 中文	Gym 篮球场
10:00AM- 11:00AM		Blood Pressure Screening 量血压 <b>现场</b>	Liping	Chinese & English 中/英文	Library 图书馆
<b>Special Events 特殊活动</b>					

TBD (Wednesday 星期三)	12:30PM- 1:30PM	Piano Workshop with KaiLing / 鋼琴練習班 指導:凱琳	Lucy	Chinese / 中文	Art Room 艺术室
2025/12/2	11:30AM- 12:30PM	Nutrition workshop: Kidney Disease 营养工作坊: 肾脏病	Ida	Chinese & English 中/英文	Cafeteria 餐厅
2025/12/3	11:00AM- 12:00PM	Medicare Annual Election Period 医疗保险年度选择讲解	Sherry, Health First	Chinese & English 中/英文	Cafeteria 餐厅
2025/12/3	11:30AM- 12:30PM	PAC Meeting 会员代表例会	Helen	Chinese & English 中/英文	Library 图书馆
2025/12/4	12:00PM- 1:00PM	10 Warning Signs of Alzheimer's 阿尔茨海默病的10个警告信号	Joon, Alzheimer's Association	Chinese & English 中/英文	Cafeteria 餐厅
2025/12/8	11:30AM- 12:30PM	Fire Safety 纽约市消防局消防安全讲座	FDNY 纽约市消防局	Chinese & English 中/英文	Cafeteria 餐厅
2025/12/9	11:30AM- 12:30PM	Nutrition workshop: Anemia 营养工作坊: 贫血	Ida	Chinese & English 中/英文	Cafeteria 餐厅
2025/12/11	11:00AM- 12:00PM	Scam Awareness 防范诈骗	Xing Ying Chen, Elder Justice Specialist NYC Aging	Chinese & English 中/英文	Cafeteria 餐厅
2025/12/12	12:15PM- 1:15PM	Holiday Party Motown Performance 节日派对摩城表演	Susan, Queens Culture & Arts Network	English 英文	Cafeteria 餐厅
2025/12/15	11:30AM- 12:30PM	NotifyNYC Signup and Storm Bingo 注册 Notify NYC并接收紧急警报	Ion Ho, Ready NY	Chinese & English 中/英文	Cafeteria 餐厅
Effective immediately: All members must leave the premise at 2:15PM. The after school that we share the space with has to use the space for the kids.					
立即生效: 所有成员必须在下午 2:15 离开场地。我们要为儿童中心下午班的孩子腾出地方。					
<b>Happy Holidays to all! As a reminder, we will be closed on Dec 25 in observance of Christmas.</b>					
各位节日快乐! 作为提醒, 为庆祝圣诞节, 我们12/25/2025不会开门。					