

# Latimer Gardens Senior Center Program Schedule



Jun-25

5/20/2025

Day/Time

Class Name

Language / 语言

Location/ 地点

<b>Monday 星期一</b>				
8:30AM- 2:00PM	Ping Pong / 乒乓课与练习 <b>现场</b>	Ken	Chinese & English 中/英文	Ping Pong Room 乒乓球室
9:30AM-10:30AM	Iphone Basics Hydrid / 智能手机初级班 <b>现场及线上同时授课</b>	Lucy	Chinese / 中文	Computer room 电脑房
9:30AM- 11:30AM	Waist Drum 腰鼓 <b>现场</b>	Ms. Zhang	Chinese / 中文	Gym 篮球场
10:30AM- 12:30PM	Singing/Voice lesson with William 郝老师学声乐 <b>现场</b>	Mr. Hao	Chinese / 中文	Art Room 艺术室
12:00PM- 2:00PM	Ballroom Dance / 国标舞 <b>现场</b>	Betty	Chinese / 中文	Gym 篮球场
12:30PM- 2:00PM	Chinese Karaoke / 中文卡拉OK <b>VSC线上</b>	Lucy	Chinese / 中文	Art Room 艺术室
12:00PM- 2:00PM	Melody Fans 乐团 <b>现场</b>	Henry	Chinese / 中文	Computer room 电脑房
7:00PM- 8:00PM	Current Event & History Discussion 谈古论今 <b>线上授课</b>	Lucy	Chinese / 中文	
8:00PM- 9:00PM	Singing 简谱视唱 <b>线上授课</b>	Lucy	Chinese / 中文	
<b>Tuesday 星期二</b>				
8:30AM- 2:00PM	Ping Pong Lesson / 乒乓课与练习 <b>现场</b>	Mr. Yeh	Chinese / 中文	Ping Pong Room 乒乓球室
8:30AM- 2:00PM	Mahjong 麻将 <b>现场</b>	Nancy	Chinese & English 中/英文	Cafeteria 餐厅
9:30AM- 11:00AM	Chinese Folk Dance- Min Zu Wu 民族舞 <b>现场</b>	Daisy	Chinese / 中文	Gym 篮球场
9:30AM- 10:30AM	Tablet/Smart Phone Basics 平板电脑/智能手机初级班 <b>线上授课</b>	Lucy	Chinese & English 中/英文	Art Room 艺术室
10:00AM- 11:30AM	Arts and crafts 艺术手工 <b>现场</b>	Liping	Chinese & English 中/英文	Art Room 艺术室
10:30AM-11:30AM	Advanced New Concept English / 新概念英语 & 900句 <b>线上授课</b>	Lucy	Chinese & English 中/英文	Art Room 艺术室
12:00PM- 2:00PM	Ballroom Dance / 国标社交舞 <b>现场</b>	Jonathan	Chinese / 中文	Gym 篮球场
6:00PM- 6:45PM	Qi Gong (八段锦) <b>线上授课</b>	Alice	Chinese / 中文	
7:00PM- 9:00PM	Piano Workshop 钢琴练习班 <b>线上授课</b>	Lucy	Chinese / 中文	
<b>Wednesday 星期三</b>				
8:30AM- 2:00PM	Ping Pong Lesson / 乒乓课与练习 <b>现场</b>	Ken	Chinese & English 中/英文	Ping Pong Room 乒乓球室
9:00AM- 10:00AM	Tai Chi 太极拳 <b>现场</b>	Kevin	Chinese & English 中/英文	Gym 篮球场
9:30AM- 10:30AM	Tablet/Smart Phone Basics 平板电脑/智能手机初级班 <b>现场及线上同时授课</b>	Lucy	Chinese / 中文	Computer room 电脑房
10:30AM- 11:30AM	Vocal Practice/ 声乐 <b>现场及线上同时授课</b>	Tan, Gui Yun	Chinese / 中文	Art Room 艺术室
10:00AM- 12:00PM	International Dance/ 国标舞 <b>现场</b>	James	Chinese / 中文	Gym 篮球场
10:00AM- 11:30AM	Arts and crafts 艺术手工 <b>现场</b>	Liping	Chinese & English 中/英文	Cafeteria 餐厅
11:30AM- 12:30PM	Piano Lesson / 中文钢琴 <b>现场及线上同时授课</b>	Tan, Gui Yun	Chinese / 中文	Art Room 艺术室
1:00PM-2:00PM	Fitness Class: Silver Sneakers / 银色运动鞋健身课 <b>现场</b>	Angela	English / 英文	Gym 篮球场
4:00PM-6:00PM	English Karaoke w. Linda <b>线上 VSC 线上</b>	Linda	English / 英文	
7:00PM- 8:00PM	Health Discussion 健康讲座 <b>线上授课</b>	Lucy	Chinese / 中文	
8:00PM- 9:00PM	Spanish / 初级西班牙语 <b>线上授课</b>	Lucy	Chinese / 中文	
<b>Thursday 星期四</b>				
8:30AM- 2:00PM	Ping Pong Lesson / 乒乓课与练习 <b>现场</b>	Mr. Yeh	Chinese / 中文	Ping Pong Room 乒乓球室
8:30AM- 2:00PM	Mahjong 麻将 <b>现场</b>	Nancy	Chinese & English 中/英文	Cafeteria 餐厅
*New Time! 新时代 9:30AM- 10:30AM	Tai Chi 太极拳 <b>现场</b>	Kevin	Chinese & English 中/英文	Gym 篮球场
9:30AM- 11:00AM	Star & Moon Instrumental Choir / 星月合奏合唱组 <b>现场</b>	Henry	Chinese / 中文	Art Room 艺术室
9:30AM- 11:30AM	ESL Intermediate	Marshella	English 英文	Computer room 电脑房
10:30AM-11:30AM	Dance Exercise 健身舞 <b>现场</b>	Elizabeth	Chinese / 中文	Gym 篮球场
10:00AM- 12:00PM	Latimer Light Music Band 拉提玛轻音乐队 <b>现场</b>	Liping	Chinese & English 中/英文	Library 图书馆
12:00PM- 2:00PM	ESL Basic English	Marshella	English 英文	Computer room 电脑房

	1:00PM- 2:00PM	Fitness Class: Silver Sneakers / 银色运动鞋健身课 现场 VSC 线上	Angela	English / 英文	Gym 篮球场
	6:00PM- 6:45PM	Qi Gong (八段锦) 线上授课	Alice	Chinese / 中文	
	7:00PM- 9:00PM	Chinese Karaoke / 中文卡拉OK VSC线上	Lucy	Chinese / 中文	
	8:00PM- 9:00PM	Karaoke on VSC 线上	Alice	Chinese & English 中/英文	
Friday 星期五					
	8:30AM- 2:00PM	Ping Pong Lesson / 乒乓课与练习 现场	Ken	Chinese & English 中/英文	Ping Pong Room 乒乓球室
	9:00AM- 10:30AM	Qi Pao Show 旗袍时装秀	Xiangmei	Chinese / 中文	Gym 篮球场
	10:00AM- 11:00AM	Advanced Beginner's English 英语班 现场	Rhoda	English / 英文	Computer room 电脑房
	10:00AM- 11:30AM	Chinese classical poem appreciation/ 诗词格律班 现场	Grace	Chinese / 中文	Art Room 艺术室
	10:00AM- 11:00AM	Blood Pressure Screening 量血压 现场	Liping	Chinese & English 中/英文	Library 图书馆
	10:30AM- 12:00AM	Argentine Tango / 阿根廷探戈 现场	Mr. Zhao	Chinese / 中文	Gym 篮球场
	12:00AM- 1:00PM	Line Dance 排舞 现场	Freda	Chinese / 中文	Gym 篮球场
Special Events 特殊活动					
6/5/25 (Thursday 星期四))	12:00PM- 1:00PM	Streetwise Pedestrian Safety workshop for Older Adults 老年行人安全讲座	Eric Miu, DOT	Chinese & English 中/英文	Cafeteria 餐厅
6/10/2025 (Tuesday 星期二)	11:45AM- 12:45PM	How to get a Library Card 怎样获得图书馆借记卡	Robert, Queens Library	Chinese & English 中/英文	Cafeteria 餐厅
6/11/2025 (Wednesday 星期三)	10:00AM- 11:00AM	Mental Health 心理健康	Francis from NAMI & Barbara	English 英文	Cafeteria 餐厅
6/12/2025 (Thursday 星期四)	11:30AM- 12:30PM	Nutrition workshop: Liver Disease 营养讲座: 肝脏疾病	Ida	Chinese & English 中/英文	Cafeteria 餐厅
6/13/2025 (Friday 星期五)	11:30AM- 12:30PM	SNAP/ 粮食券	Kathy, HRA	Chinese & English 中/英文	Cafeteria 餐厅
6/18/2025 (Friday 星期五)	12:00PM- 12:30PM	Birthday Party/ Juneteenth Celebration 生日派对	Lucy	Chinese & English 中/英文	Cafeteria 餐厅
6/24/25 (Wednesday 星期三)	11:30AM- 12:30PM	Nursing home/ 养老院	Daniel, LMSW	Chinese & English 中/英文	Cafeteria 餐厅
TBD (Wednesday 星期三)	12:30PM- 1:30PM	Piano Workshop with KaiLing / 鋼琴練習班 指導:凯琳	Lucy	Chinese / 中文	Art Room 艺术室
Effective immediately: All members must leave the premise at 2:15PM. The after school that we share the space with has to use the space for the kids.					
立即生效：所有成员必须在下午 2:15 离开场地。我们要为儿童中心下午班的孩子腾出地方。					
Lunch starts at 11:30AM and will run until 1:00PM or we run out of food, whichever comes first.					
午餐从上午 11点半 开始一直持续到下午 1 点, 或者直到我们的食物卖完为止, 以先到者为准。					