



Menu for June 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CENTER CLOSED For SHAVUOT	CENTER CLOSED For SHAVUOT	4 Baked Salmon /Dill Lemon Sauce Zucchini Provencal Rice A Roni Whole Wheat Bread Pear and Milk <i>Alternate: Sliced Turkey</i>	5 Vegetarian Moussaka Tossed Salad with Dressing Fusilli Pasta with Parsley Whole Wheat Bread Banana and Milk <i>Alternate: Tuna Salad</i> <i>*Cookie</i>	6 Roasted Chicken Vegetable Mix Sweet Noodle Kugel Challah Bread Applesauce and Milk <i>Alternate: Breaded Pollack</i>
9 Baked Asian Style Honey Chicken Steamed Carrots Vegetable Lo Mein Whole Wheat Bread Apple and Milk <i>Alternate: Omelet</i>	10 Chinese Style Pepper Steak Oriental Blend Vegetables Brown Rice (1/2 cup) Whole Wheat Bread Orange and Milk <i>Alternate: Egg Salad</i>	11 Salmon Cake/ Dill Lemon Sauce Roasted Butternut Squash Vegetable Ratatouille Whole Wheat Bread Pear and Milk <i>Alternate: Sliced Turkey</i>	12 Eggplant Tofu Rollatini Fusilli Pasta with Parsley Steamed Carrots Garlic Bread Banana and Milk <i>Alternate: Breaded Pollack</i> <i>*Cookie</i>	13 Grilled Chicken Breast Sauteed Green Beans/ Onions Roasted Sweet Potato Slices Challah Bread Applesauce and Milk <i>Alternate: Egg Salad</i>
16 Classic Chicken Cacciatore Italian Blend Vegetables Whole Wheat Pasta (1/2 cup) Whole Wheat Bread Apple and Milk <i>Alternate: Breaded Pollack</i>	17 Oven Baked Falafel Patties Hummus Israeli Salad Whole Wheat Pita Orange and Milk <i>Alternate: Tuna Salad</i> <i>*Cookie</i>	18 Shepherd Pie with Beef Tossed Salad with Dressing Whole Wheat Bread Pear and Milk <i>Alternate: Omelet</i>	19 CENTER CLOSED For JUNETEENTH	20 Roasted Chicken Carrot Tzimmes Potato Kugel Challah Bread Applesauce and Milk <i>Alternate: Egg Salad</i>
23 Hawaiian Chicken Steamed Green Beans Coconut Rice & Pigeon Peas Whole Wheat Bread Apple and Milk <i>Alternate: Tuna Salad</i>	24 Vegetarian Three Bean Chili Zucchini Provencal Brown Rice Whole Wheat Bread Orange and Milk <i>Alternate: Omelet</i> <i>*Cookie</i>	25 Beef Pot Roast/Sauteed Onions and Peppers Mashed Sweet Potatoes Spinach Souffle; W Wheat Bread Pear and Milk <i>Alternate: Egg Salad</i>	26 Breaded Pollack Garden Salad Roasted Potatoes Whole Wheat Bread Banana and Milk <i>Alternate: Sliced Turkey</i>	27 Roasted Chicken Brown Gravy California Blend Vegetables Rice A Roni Challah Bread Applesauce and Milk <i>Alternate: Tuna Salad</i>
30 Kasha Knish Hummus Garden Salad Whole Wheat Bread Apple and Milk <i>Alternate: Breaded Pollack</i>	GLATT KOSHER	CENTER WILL BE OPEN SUNDAY JUNE 8TH		



Calendar of Activities – June 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/2- Center closed for Shavuot 8:30- 12:00 (M4) Ping Pong 8:30- 12:00 (Computer Lab) 8:30- 11:00 (M3) Leisure Games 11:00- 12:00 (M3) Current Events 11:00- 12:00 (Ballroom) Staywell Exercise	8:30- 9:30 (M4) Ping Pong 8:30- 12:00 (Computer Lab) 9:30- 11:00 (Ballroom) Chinese Culture Group Dancing 10:00- 12:00 (M4) Oil Painting 10:45- 12:15 (M3) Blood Pressure Screening 11:00- 12:00 (M2) Interesting and Informative Discussion	8:30- 9:45 (M4) Ping Pong 8:30- 12:00 (M3) Leisure Games 10:00- 11:00 (Computer Lab) Today's Technology 10:00-12:00 (M4) Chinese Culture Group Singing 11:00- 12:00 (Computer Lab) Surfing the Internet 11:15 am (Crystal Room) *6/11- Nutrition Education by Amelia Jalandoni *6/18- Workshop- Dana from Oak St.	6/19- Center closed for Juneteenth 8:30- 12:00 (M4) Ping Pong 8:30- 12:00 (Computer Lab) 10:30- 12:00 (M2) English for Chinese 11:15 am (Crystal Room) *6/5- Think FAST: Stroke 101- Stancy from Northwell	8:30- 10:45 (M4) Ping Pong 8:30- 12:00 (Computer Lab) 11:00- 12:00 (M4) Bingo
LUNCH BREAK				
6/2- Center closed for Shavuot 12:30- 3:45 (M4) Ping Pong 12:30- 3:00 (M3) Melodians Practice 1:00- 2:00 (Computer Lab) 1:30- 2:30 (Ballroom) Zumba Gold 3:00- 3:45 (M3) Leisure Games	6/3- Center closed for Shavuot 12:30- 3:00 (M4) Drawing 1:00- 3:30 (Computer Lab) 1:00- 3:45 (M3) Arts & Crafts (Jewelry) 1:00- 2:00 (M2) Drama Group 1:30- 2:30 (Crystal Room) Tai Chi	12:30- 3:45 (M4) Ping Pong 12:30- 3:30 (M3) Leisure Games 1:00- 3:30 (Computer Lab) YOGA IS CANCELLED FOR JUNE	6/19- Center closed for Juneteenth 12:30- 3:45 (M4) Ping Pong 1:00- 3:30 (Computer Lab) 1:00- 3:45 (M2) Arts & Crafts (Needlepoint) 1:30- 2:30 (Ballroom) Line Dancing	1:00- 3:45 (M4) Ping Pong 1:00- 2:30 (Computer Lab) 1:00-2:30 (M3) Chinese Culture Group Advanced Singing 1:00-3:00 (M4) Su Casa Arts Entertainment (1:15-2:15 pm, Crystal Room) *6/6 – Tony Gap *6/13 – Gregg Peters *6/20 – Melodians *6/27 – Windbreakers