



## *We believe...*

Everyone deserves to age with compassionate, trusted, and innovative care that respects their life experiences. Our unique approach is rooted in our longstanding work with Holocaust survivors, giving us the experience and understanding to meet every challenge. Today, 25,000 people rely on us for affordable housing, home care, and community-based services so they can age with dignity and independence. [www.selfhelp.net](http://www.selfhelp.net)

### **Guided by our values:**

- Welcome and Include All  
Think Big  
Connect with Compassion  
Build Trust, Always  
Balance Head and Heart

**Interviews with staff and clients can be arranged via phone, in-person, and virtually.**

### **Media Contact:**

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**19 senior affordable housing residences with onsite social services:**



**Serving 5,000 frail and elderly NYC area Holocaust survivors:**



**Providing compassionate care to 25,000 aging adults each year**

