



Special Happenings this month- May 2025

Thursday, May 1st at 10:30 AM

- LI Care Centers Rehabilitation Services

Friday, May 9th at 9:00 AM

- Policy Advisory Council PAC meeting

Thursday, May 15th 9:30 AM

- Mental Health Word Search Contest with Kendall
- **Holiday Party 11:30 AM**
Holiday Luncheon Music & Dancing

Special Guest -- NYC Councilmember Robert Holden

Monday May 26th

Center Closed-Memorial Day

Friday, May 30th at 8:45 am (Time needs confirming)

- Queens Farm Museum Trip



Program Schedule

**Maspeth Older Adult Center • 69-61 Grand Avenue, Maspeth
NY 11378 • (718) 429-3636**

Hours: Monday to Friday 8:30 AM - 4:00 PM

Breakfast 8:30 AM to 9:30 AM -- Lunch 11:45 AM to 1:00 PM

Daily leisure games from 8:30 to 3:00 p.m.

Monday

Arts & Crafts - 8:30 AM to 3:00 PM

Embroidery

Neddlepoint

Drawing & Painting

Mah Jongg American Class – 10:00 AM

Standing Tai Chi Class - 10:00 AM

English Class- 10:00 AM

Tai Chi for Arthritis -11:00 AM

Bingo - 12:30 PM

Basic Computer Class – 11:00 AM

Intermediate Computer Class – 12:30

Ping Pong - 1:30 PM

Tuesday

Standing Tai Chi – 10:00 a.m.

Tai Chi for Arthritis - 11:00 AM

Bingo - 12:30 PM

Computer Lab - 1:00 PM

Tai Chi Chair - 1:00 PM - Computer Lab

Ping Pong - 1:30 PM -

Wednesday

Silver Sneakers - 10:00 a.m.

English Class – 10:00 AM

**Voices of experience -Sing in chorus-
11:00 a.m.**

Bingo - 12:30 PM

Basic Computer Class – 11:00 AM

Intermediate Computer Class – 12:30

Ping Pong- 1:30 PM

Thursday

Arts & Crafts - 8:30 AM

Jewelry Making

Zumba -11:00 AM

Bingo - 12:30 PM

Computer Lab - 1:00 PM

Ping Pong - 1:30 PM

Friday

Silver Sneakers- 10:15 a.m.

English Conversation Class-10:00 AM

Line Dance Class- 10:00

Neurobics Class (Brain Health) 11:00 AM

Bingo - 12:30 PM

Ping Chong Storytelling Group – 1:00 PM

Ping Pong -1:30 PM