



## *A Trusted Advisor in Aging Services*

For over 85 years Selfhelp has been serving the most vulnerable among us. Through **home care, affordable housing, and social services**, we serve over 25,000 older and vulnerable New Yorkers each year while remaining the largest provider of comprehensive services to Holocaust survivors in North America. As a trusted advisor in aging services, our overarching goal is helping older and vulnerable adults to live with dignity and independence.

[www.selfhelp.net](http://www.selfhelp.net)

### **Mission Statement**

Selfhelp is a not-for-profit organization dedicated to maintaining the independence and dignity of seniors and at-risk populations through a spectrum of housing, home health care, and social services and will lead in applying new methods and technologies to address changing needs of its community. Selfhelp will continue to serve as the “last surviving relative” to its historic constituency, victims of Nazi persecution.

### **At Selfhelp, we believe in:**

- Compassionate home and community care
- The dignified care of every person; Helping older adults live with independence and avoid institutional care
- Cultivating a culture of respect for our employees, clients, and volunteers; Passionate and mission-driven staff members
- Serving vulnerable New Yorkers
- Leading in innovative services
- Pride in our New York City legacy and 85+ years of service

**Interviews with staff and clients can be arranged via phone, in-person, and via Zoom.**

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**Serving thousands of New Yorker's older adults through Older Adult Centers, NORCs, and social services:**



**Building affordable housing with onsite social services for older adults:**



**Serving over 5,000 NYC area Holocaust survivors:**



**Keeping our community safe during COVID:**

