LUNCH MENU – MAY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN STIR-FRY WITH VEGETABLES CHINESE-STYLE SPAGHETTI BANANA APPLE JUICE	2 BEEF MEATBALLS IN TOMATO SAUCE SPAGHETTI SLICED TOMATOES & CUCUMBERS APPLE	3 BAKED SALMON BROWN RICE BROCCOLI & RED PEPPERS STRAWBERRY APPLESAUCE APPLE JUICE	4 SPINACH MOZZARELLA QUICHE TOSSED SALAD ORANGE ORANGE PINEAPPLE JUICE	5 CHICKEN PARMESAN SPAGHETTI STEAMED SPINACH APPLESAUCE ORANGE JUICE
8 BAKED BREADED FISH MASHED POTATOES STEAMED BROCCOLI APPLE ORANGE JUICE	9 BAKED CHICKEN QUARTERS BAKED MACARONI & CHEESE CALIFORNIA BLEND VEGETABLES GRAPES ORANGE PINEAPPLE JUICE	10 EGGPLANT MARMESAN PENNE STEAMED SPINACH ORANGE ORANGE PINEAPPLE JUICE	11 HAMBURGERS BAKED FRIES COLESLAW LETTUCE & TOMATO FRUIT COCKTAIL ORANGE JUICE	12 BAKED FISH WITH GARLIC PARMESAN CRUST BROWN RICE SAUTÉED STRING BEANS CANNED PINEAPPLE APPLE JUICE
15 VEGETABLE SOUP CHICKEN SALAD BROCCOLI & RED PEPPERS GRAPES APPLE JUICE	16 BAKED SALMON CALIFORNIA BLEND VEGETABLES GARLIC & ROSEMARY ROASTED POTATOES CANNED PINEAPPLE ORANGE JUICE	17 BEEF MEATLOAF BALSAMIC ROASTED BRUSSELS SPROUTS MASHED POTATOES APPLE ORANGE JUICE	18 BAKED CHICKEN WINGS SAUTÉED SWEET POTATOES STEAMED COLLARD GREENS ORANGE APPLE JUICE	19 VEGETABLE LASAGNA TOSSED SALAD CHOCOLATE PUDDING ORANGE PINEAPPLE JUICE
22 EGGPLANT PARMESAN WITH RICOTTA PENNE STEAMED SPINACH GRAPES APPLE JUICE	23 BAKED BREADED FISH BAKED POTATO BROCCOLI & RED PEPPERS FRUIT COCKTAIL ORANGE PINEAPPLE JUICE	24 BBQ CHICKEN LEG QUARTERS POTATO SALAD WITH EGG TOMATO & CUCUMBER SALAD APPLE ORANGE JUICE	25 BAKED FISH WITH RUSTIC TOMATO SAUCE BROWN RICE STEAMED SLICED CARROTS ORANGE ORANGE PINEAPPLE JUICE	26 HAMBURGERS BAKED FRIES COLESLAW LETTUCE & TOMATO STRAWBERRY APPLESAUCE APPLE JUICE
29 CENTER CLOSED	30 OVEN-FRIED CHICKEN WINGS SAUTÉED STRING BEANS SAUTÉED SWEET POTATOES ORANGE ORANGE PINEAPPLE JUICE			