

CLEARVIEW OLDER ADULT CENTER

JANUARY 2023 CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:00 Stained Glass 1/9, 1/23, 1/30</p> <p>9:30 StayWell with Darryl 1/9, 1/23, 1/30</p> <p>9:30 Ping Pong 1/9, 1/23, 1/30</p> <p>11:00 Aerobics with Michael 1/9, 1/23, 1/30</p> <p>1:00 Stained Glass 1/9, 1/23, 1/30</p> <p>1:00 Line Dancing with Colin 1/9, 1/23, 1/30</p> <p>2:30 Tai Chi with Keith 1/9, 1/23, 1/30</p>	<p>9:00 Stained Glass</p> <p>9:30 Ping Pong</p> <p>10:00 Zumba with Darryl</p> <p>1:00 Ballroom Dancing . with James</p> <p>1:00 Stained Glass</p>	<p>9:00 Chinese Karaoke</p> <p>9:30 Dance Fitness with Mary Grace</p> <p>9:30 Drawing/Painting with Susan</p> <p>10:00-12:00 Blood Pressure Screening</p> <p>1:00 Beading & Drawing/ Painting with Susan</p> <p>1:00 Ping Pong</p> <p>1:00 Line Dancing with Lisa & Harrison</p> <p>4:00 Toning & Lifting with Darryl on Zoom</p>	<p>9:00 Stained Glass</p> <p>9:30 Dance Fitness with Mary Grace</p> <p>10:30 Wii Bowling</p> <p>1:00 Toning & Lifting with Darryl</p> <p>1:00 Stained Glass</p> <p>1:00 Ping Pong</p> <p>1:00 English Conversation with Marlene</p> <p>2:15 Wai-tan-kung with Albert & Sophia</p>	<p>9:30 Needlepoint with Susan</p> <p>9:30 Ping Pong</p> <p>10:00 StayWell with Darryl 12/2 at 9:30</p> <p>12:45 Current Events with Marty 1/13, 1/27</p> <p>1:00 Ping Pong</p> <p>1:00 Line Dancing with Mark</p> <p>1:00 Drawing/Painting & Needlepoint with Susan</p> <p>3:00 Movie Chat on Zoom 1/13 The Good Nurse 1/27 Noel's Diary</p>
<p style="text-align: center;">HOLIDAY SCHEDULE</p> <p>Monday, January 2 Center Closed</p> <p>Monday, January 16 Center Closed for Martin Luther King, Jr. Day</p>				<p>QUESTIONS? Call us at 718-224-7888</p> <p>WANT TO BECOME A MEMBER? Call us at 718-559-4355</p> <p>Clearview Older Adult Center 208-11 26th Ave Bayside NY 11360</p>