

ANNUAL REPORT 2018

The logo for Selfhelp, featuring the word "Selfhelp" in a white serif font above a white curved line, set against a dark blue background.

SELFHELP COMMUNITY SERVICES, INC. & SCS FOUNDATION, INC.

Together, the Selfhelp community is committed to making sure all older New Yorkers age with the independence and dignity they deserve. This past year, we asked our staff why they work at Selfhelp and collected their responses in the word cloud you see on the cover of this year’s annual report. The four most common words highlight the reason we’re all working together for older adults:

Helping People Live Life.

Mission

Selfhelp is a not-for-profit organization dedicated to maintaining the independence and dignity of seniors and at-risk populations through a spectrum of housing, home health care, and social services and will lead in applying new methods and technologies to address changing needs of its community. Selfhelp will continue to serve as the “last surviving relative” to its historic constituency, victims of Nazi persecution.

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DEAR FRIENDS

At the start of 2018, health care officially became the largest industry in the United States. A significant portion of this growth is made up of home care aides who spend their days in the homes of older adults helping them with seemingly small tasks that result in profound daily living improvements. Through physical, emotional, and social support, together with social workers, nurses, and others in our sector, these are the people who truly enable our clients to age in their own homes and communities.

From those who work directly with older adults to those who work behind the scenes, and to those who support our work through their generosity and time, we all have a role in ensuring that our clients can age with the independence and dignity they deserve. This past year, our staff answered the question, "why do you work at Selfhelp?" The responses are captured in the word cloud you see on the cover of this year's annual report. We are all committed to *helping people live life*. And *Together, we are Selfhelp*.

In these pages, you will meet just twelve of the thousands of individuals who are part of Selfhelp's story. Our staff will share why they do the work they do, and how their clients' stories motivate them. We hope you'll be inspired by our staff's passion and commitment, and our client's resilience and histories, as we are everyday!

As the Board President, Foundation Board Chair, and CEO, we are all motivated by our high quality of care and continuous staff engagement. We aim to continue to pioneer new ways to make New York

a better place to age, and to demonstrate the impact of our programs on the health of those we serve. We are also committed to training the next generation of caregivers, social workers, and administrators to ensure a strong network as we all age. And, we are all aligned with our history and promise

Sincerely,


Raymond V.J. Schrag
President, Board of Directors

"Together, we will continue to ensure independence and dignity for our clients."

Stuart C. Kaplan (Left)
Dennis Baum (Middle)
Raymond V.J. Schrag (Right)

to serve as the last surviving relative to Holocaust survivors, while also drawing inspiration from Selfhelp's potential and future.

The theme of this year's report, *Together, we are Selfhelp* celebrates the diversity of our collective dedication and drive to innovate and serve.

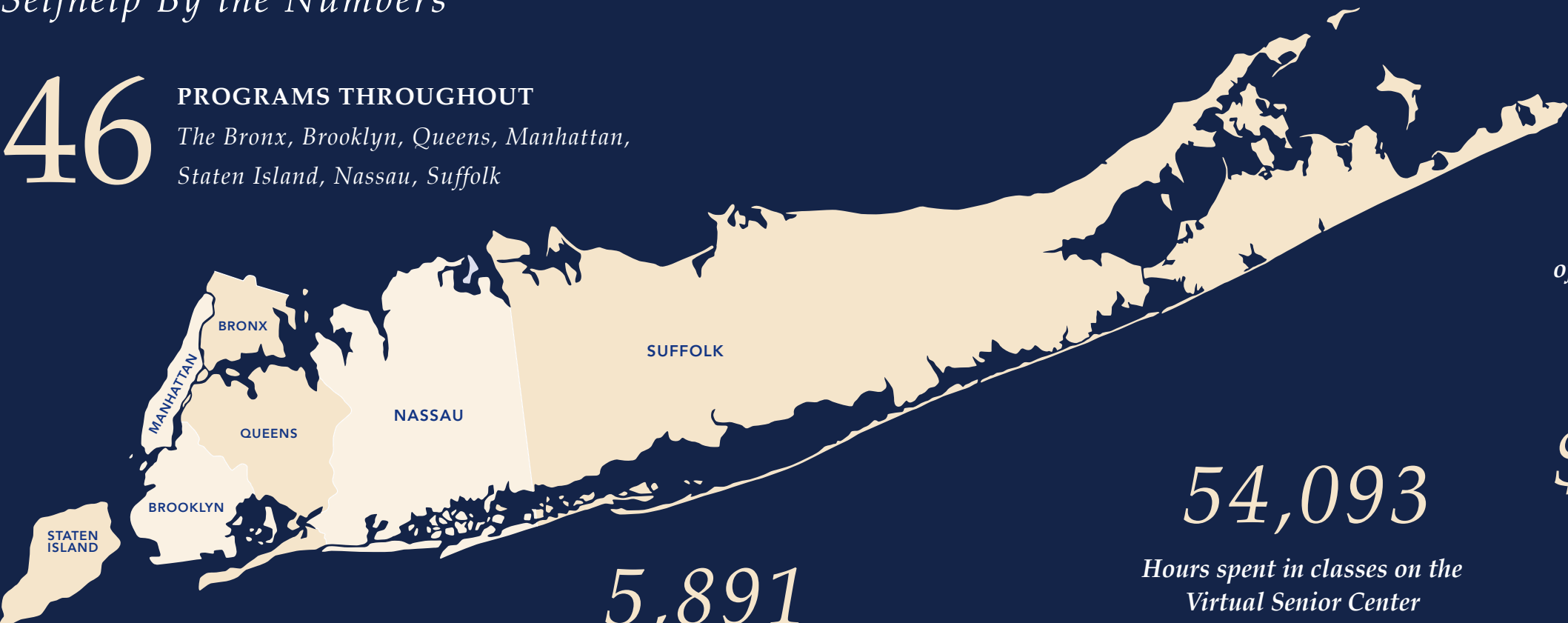

Dennis Baum
Chair, SCS Foundation

At the heart of all our work is a commitment to helping people live life actively and meaningfully. Together, we will continue to ensure independence and dignity for our clients. Thank you for your support and partnership in 2018, and here's to a prosperous 2019.


Stuart C. Kaplan
Chief Executive Officer

Selfhelp By the Numbers

46 PROGRAMS THROUGHOUT
The Bronx, Brooklyn, Queens, Manhattan, Staten Island, Nassau, Suffolk



56%
of managers and directors at Selfhelp have participated in a leadership training program

\$4,120,860
the value of all the entitlements received for clients in our community-based programs

54,093
Hours spent in classes on the Virtual Senior Center

1,300
New clients in Holocaust Survivor Program

10,575
Individuals viewed a Witness Theater performance

1,590
paraprofessionals employed by Selfhelp to provide care in the home

500+
units of senior affordable housing in pre-development

5,891
Calls received by NY Connects

386
Staff Members

765
Individuals served in our Community Guardian programs

20,000+
Clients

1,322
Residents served by programs at four Naturally Occurring Retirement Communities



"Effie is an excellent person, a good nurse, and makes sure that everyone I'm connected to is doing the right thing for me. She's marvelous." – Arthur

living life
chai

ARTHUR / EFFIE

As a proud member of Long Island's Home Care Program staff, Effie goes to work every day knowing that she's touching the lives of older New Yorkers and making a difference in their care.

One of her clients is Arthur, who speaks not only about Effie, but also Joan, his home care aide, and Julie, his social worker, with admiration and appreciation. Together, Arthur's caregiving team ensures that, at age 94, he is able to age in the place that he's called home for the past 20 years.

Despite a difficult childhood in Budapest during the Holocaust, Arthur is a resilient and independent survivor who brings joy to those around him, including his home health aides and the students he met in Witness Theater this past year.

Why does Effie work at Selfhelp? Growing up in Nigeria during wartime, Effie joined the Girls Brigade to help those who were injured. Starting at age 13, she visited patients in hospitals and nursing homes. After immigrating to the United States, she achieved her dream and became a nurse. As a nurse who practices in the home, she's grateful for the personal relationships that she develops over weeks, months, and even years.

And why does Arthur keep coming back? From his participation in Witness Theater to the support and assistance he receives from his home care team and social worker, Arthur feels cared for, loved, and supported.

500,000
*hours of home care provided to
Holocaust survivors in our care*

TOM / JENNA

Tom is known by his social worker, Jenna, as well as his neighbors, as the building comedian. Despite moving into Selfhelp's Van Cortlandt Green apartments directly from a City homeless shelter, his neighbors appreciate his bright smile, optimistic personality, and desire to serve his community.

Tom met Jenna when he needed help making sense of his bills and benefits applications. Tom describes Jenna as caring, wonderful, and trustworthy, and adds that he wouldn't have gotten through difficult situations without her assistance. Jenna creates a sense of community for all the residents and it's no surprise to her that Tom's favorite social activity is the monthly mingle when residents come together to celebrate birthdays.

Together, Jenna and Tom are building a community that supports active and healthy aging.

Why does Jenna work at Selfhelp? Growing up, Jenna witnessed close community members deal with homelessness and substance use. She became a social worker to support vulnerable New Yorkers and is proud of her work with Tom and other residents.

Why does Tom live at a Selfhelp building? Now that Tom has safe and stable housing, he can give back to his community by volunteering and encouraging others to do the same.

\$1,212,450.84

*The value of all the entitlements
social workers obtained for clients
living in Selfhelp apartments*



*"Selfhelp makes things so easy for us, especially for
a person of my age." – Tom*

"Teaching virtual senior center classes is an opportunity to serve my community and make a difference in the lives of Holocaust survivors." – Vladimir

Преподавать виртуальные уроки для пенсионеров, является шансом послужить моей общине и сделать доброе дело для людей переживших Холокост.

MARK (Left) / VLADIMIR (Right)

Since 2016, Vladimir has led an online class for Russian-speaking Holocaust survivors, like Mark. Through the Virtual Senior Center, Mark and Vladimir, along with the other participants join computer skills classes, learn together, share stories, and develop connections with one another.

Mark's relationship to Selfhelp goes beyond his relationship with Vladimir. He expressed gratitude for the support he receives from Vicky, his social worker, as well as DJ and Michael who greet him at the front desk of our Kensington office.

Together, Vladimir and Mark are members of a community that provides lifelong learning and reduces the social isolation felt by so many older adults.

Why does Vladimir facilitate classes? With his parents still living in Russia, he is proud to give back to his community in New York and share his passion and knowledge of computers with Russian-speaking Holocaust survivors.

Why does Mark join Virtual Senior Center classes? It brings him joy to learn new things and meet new people without leaving his home.

3,526

*classes offered on the
Virtual Senior Center*

CHUNG / MARGO

Whether you visit the Benjamin Rosenthal-Prince Street Innovative Senior Center for the ping pong, dance classes, games, or the nutritious lunches, people recognize Chung. He's one of the primary reasons this senior center has served over 92,000 meals to older adults this year.

For over 20 years, Chung has been cooking healthy meals for members of his community. He is an expert in preparing food for the thousands of Chinese elders served by the Innovative Senior Center in Flushing, Queens. Margo, a new member of the senior center, benefits from the inclusive and welcoming community at the center. As a volunteer who helps the kitchen staff, she often serves tea and coffee to her neighbors. As a lifelong Queens resident, Margo found a vibrant community that is as active as she is!

Together, the senior center is strengthened by Chung and Margo's shared passion for their community and bringing people together over healthy and delicious food.

Why does Chung cook for Selfhelp? As an immigrant from Hong Kong, he's passionate about sharing high-quality fresh food with his community of Chinese elders.

Why does Margo belong to the senior center? She is outgoing and adventurous, and the senior center allows her to be an active member of her Queens community.

209,609

*meals served by Selfhelp's
five senior centers*



"I began cooking at Prince Street senior center and offered to cook Chinese food for the members. Now, I have been cooking for over 20 years for the Selfhelp community." – Chung

我从王子街开始为老人做饭，做适合于他们口味的中式饭菜。迄今为止，已经为自助公司工作二十多年了。

DEBBIE (Left) / CARMEN (Right)

When Carmen attends job fairs to recruit individuals to join Selfhelp's paraprofessional home care team, she speaks with a passion and understanding that comes from her experience as a home health aide with Selfhelp. When she meets people like Debbie, she knows that they have what it takes to succeed as a home health aide.

For 28 years, Debbie has been caring for families in need. She feels empowered as a home health aide, thanks to the information Carmen and her colleagues provide during the onboarding process and ongoing trainings. As a live-in aide for an elderly woman, Debbie's reliable care allows her client to remain in her home as she ages.

Together, Carmen and Debbie are dedicated to helping older adults remain in their homes as they age.

Why does Carmen work at Selfhelp? After two promotions, she knows what it takes to succeed at Selfhelp, and she's committed to helping others reach their potential.

And why is Debbie a proud ambassador for Selfhelp? She believes that the training and ongoing support empowers her to be a capable, reliable, and trustworthy caregiver.

447

*paraprofessionals completed
Selfhelp's home health
training program*



"Being a recruiter has been one of the most rewarding jobs I have ever had." – Carmen

"Ser un reclutador ha sido el mejor trabajo que he tenido en mi vida."

"I'm most proud of my students and how much they learn, without even knowing it sometimes." – Virginia

ROBERT / VIRGINIA

Virginia has been a fixture in two of Selfhelp's senior centers for more than 30 years. Through art, her students, including Robert, build a community in the classroom that goes beyond the center. Besides teaching the technical aspects of painting, Virginia enjoys seeing how proud her students are of what they are able to create, and the respect they have for each others' work.

Robert finds the art class relaxing while also learning new things and meeting new friends. Through art, Robert and the dozens of other art students develop an understanding of what they are capable of.

Together, Virginia and Robert are building an active community of artists at Austin Street Senior Center.

Why does Virginia teach art? Growing up in Costa Rica, Virginia didn't have access to television, toys, or games. She and her siblings took to art and music, and today, her family is filled with talented artists.

And what keeps Robert coming back? He wants to continue to learn new things.

10,388

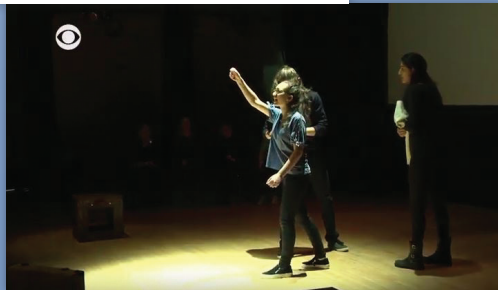
*members of our five
senior centers*

Press Highlights

Did you catch us in the news this year?



In honor of International Holocaust Remembrance Day on January 27, Tablet's podcast, Unorthodox, spoke with Selfhelp's Holocaust Survivor Program about our unique services for survivors.



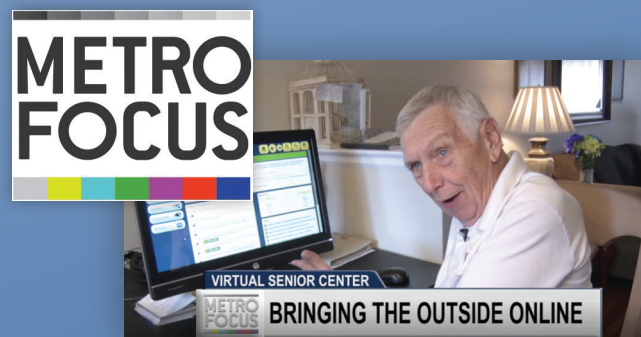
CBS News highlighted the Witness Theater performance by Heschel and Trinity students at the Marlene Meyerson JCC Manhattan.



The New York Times profiled how Selfhelp used support from the Neediest Cases Fund to assist Roza Livshits, a Holocaust survivor, in paying her rent.



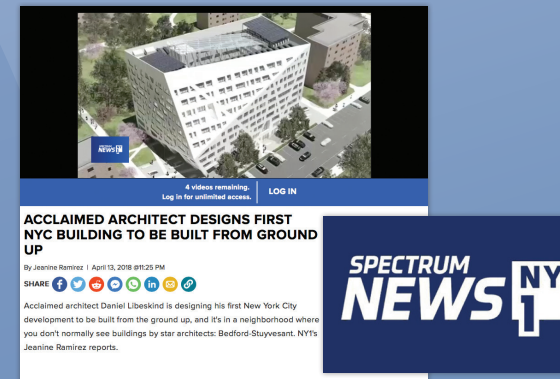
Newsday covered the first program for Witness Theater in Nassau County.



Metrofocus was given an online tour of the Virtual Senior Center and learned how this unique platform reduces loneliness and social isolation for older adults.



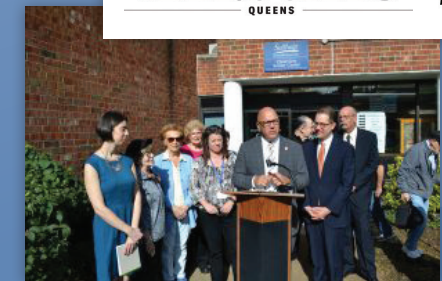
Selfhelp's home health aide training program was featured in El Diario as a path for a new life for graduates.



As part of New York City's Housing New York 2.0's Seniors First program, Selfhelp will develop close to 200 units of senior affordable housing at the Sumner Houses in Bed Stuy, Brooklyn. The development is in partnership with RiseBoro and Studio Libeskind.



A Selfhelp client is featured in an article advocating for additional funding for the City Council Elie Wiesel Holocaust Survivors Initiative to support the thousands of Holocaust survivors living in poverty.



With continued funding from Council Member Paul Vallone, Speaker Corey Johnson, and the City Council's Queens Delegation, Selfhelp was able to continue and expand our free senior transportation program.



Ernest L. Bial receives the Caring for Generations Award



Honorees Jane and Mark Wilf



Mistress of Ceremonies, Lori Stokes



Chinese Advisory Council Members Jerry Lo, Chloe Bona Sun, and Teresa Chan, New York City Councilman Peter Koo, Chinese Advisory Council Chair and Selfhelp Board Member Tai Wang, Chinese Advisory Council Members Amy Mak Chan and Angela Guangyang An, and Selfhelp CEO Stuart C. Kaplan.

Selfhelp's 2018 Gala *An Evening to Remember*

On Monday, May 7th, 2018, 500 guests gathered at the Ziegfeld Ballroom to pay tribute to three exceptional honorees - Jane and Mark Wilf and the Wilf Family who received the *Fran Eizenstat Legacy Award*; Selfhelp's Chinese Advisory Council, who received the *Lifeline of Hope Award*, and long-time Board member Ernest L. Bial, who was recognized with the *Caring for Generations Award*.

Thanks to our outstanding honorees, committed Gala leadership and generous supporters, the event raised over \$1.2 million in support of 4,500 vulnerable Holocaust survivors and thousands of other elderly individuals in our care.

Returning as Mistress of Ceremonies was FOX 5's award winning *Good Day New York* Co-Host, Lori Stokes. Lori's friendship goes beyond her appearances at our Galas. She has joined with us at Coffee Houses, interacting and dancing with Holocaust survivors, and has spoken passionately about our services during her morning broadcasts.

Our deepest thanks to the 2018 Gala Co-Chairs: Staci & John R. Barber, Debrah Lee Charatan & Steven I. Holm, Carol & Jerry Levin, Brian R. Steinwurtzel and Basilia Yao for their outstanding efforts in making this evening a most memorable experience and a tremendous success for Selfhelp and our clients.

New Entities Established to Reflect Our Continued Growth

Selfhelp

SCS Foundation

Selfhelp Community Services Foundation (SCS Foundation) was

formed as a tax-exempt

charity that provides philanthropic support for the vision, programs, and services of Selfhelp Community Services. Leading this effort is Lois Deutsch, the Foundation's Executive Director, and its Board of Trustees chaired by Dennis Baum.

Support given to the SCS Foundation ensures that vulnerable older adults, including Holocaust survivors, have access to programs and services they need to live independently with dignity.

These include:

- Providing comfort and dignity to isolated and under-served Holocaust survivors.
- Combating loneliness among homebound seniors through our home care workers and Selfhelp's Virtual Senior Center.
- Enabling low-income seniors to live independently in our newest affordable residences being built in Brooklyn, and Nassau and Suffolk Counties.
- Launching an innovative Educational Outreach Program to teach the lessons of the Holocaust in high schools, colleges, and to community groups.
- Building on research which demonstrates enhanced quality of life for seniors utilizing Selfhelp's community-based services.
- Investing in the next generation of non-profit leaders and professionals by providing educational development opportunities to staff.

To donate, please make your check payable to SCS Foundation

or visit us at selfhelp.net/donate.

For additional information, please call (212) 971-7764.

Selfhelp

Realty Group

Selfhelp Realty Group (SRG)

was created to bring further commitment and expertise to Selfhelp's continued work

in affordable housing for older New Yorkers. Heading this new entity is Evelyn Wolff, Executive Director, along with Brian Steinwurtzel, Chairman, and an esteemed board of directors.

With eleven apartment buildings throughout NYC and Long Island, Selfhelp offers low and moderate-income seniors the opportunity to live in their own homes with access to on-site social services. Selfhelp's Active Services for Aging Model (SHASAM) brings together safe and affordable apartments with social services, if and when needed.

Current developments include:

- *Hunters Point South*, Queens: Selfhelp will provide social services to the senior residents in 100 units within this TF Cornerstone development.
- *Bergen Place*, Freeport, Long Island: Construction is expected to begin in fall 2019 for a 44 unit building designed by architect Daniel Libeskind.
- *11 Park Drive*, Wyandanch, Long Island: As part of Wyandanch Rising, this 94 unit development is in partnership with the Albanese Group.
- *Sumner Houses*, Brooklyn: In partnership with New York City Housing Authority (NYCHA), RiseBoro Community Partnership, and Urban Builders Collaborative, Selfhelp will develop 200 senior affordable housing units, with Daniel Libeskind.
- *Calvary Intergenerational*, Brooklyn: Together with Hudson Companies, Fulcrum Properties, and Calvary Community Church, this development will include close to 200 units of senior and family housing.

Construction was completed at the Joseph and Pauline Charatan Residence, located at 333 Lenox Road in Brooklyn. The building opened in the summer of 2018.

2018 Highlights

Volunteer Initiative

In April 2018, Selfhelp was awarded a grant through UJA-Federation of New York's Jewish Service Enterprise Initiative (JSEI). With the leadership of our first Volunteer Manager, Selfhelp will build on our legacy as an organization founded and run by volunteers, and will more strategically develop a framework for recruiting, retaining, and recognizing volunteers.

Home Care Training Expansion

With two grants from New York State, our home care training program has expanded its reach and has started training additional paraprofessionals, including those who are monolingual in a foreign language. Selfhelp Community Services is also now part of the State's Workforce Investment Organization, which formalized a partnership with Americare and Allen Health Care Services.

Russian Virtual Senior Center Program

The Russian platform of the Virtual Senior Center was created in August 2016, as part of a grant from the Federal Initiative for Holocaust Survivors administered by the Jewish Federations of North America (JFNA). It is a lifeline for socially isolated Russian speaking survivors with approximately 10 classes per week, including basic computer skills and English language.

Holocaust Survivor Outreach

Selfhelp received funding through the Jewish Federations of North America to reach unserved Holocaust survivors. As a result of our outreach efforts, more than 300 people contacted Selfhelp. Our team connected survivors with social services, home care, and much more.

Witness Theater

Traveling Shows: 2018 marked the sixth year of Witness Theater in New York. Three of the 14 performances included traveling shows, which brought the programs to new locations and audiences. These performances were held at the Museum of Jewish Heritage – A Living Memorial to the Holocaust, Franklin Delano Roosevelt (FDR) High School, a public school in Brooklyn, and Mamaroneck High School in Westchester. Together, the two school performances brought Witness Theater to an additional 600 students and a broader audience.

Documentary: Award winning filmmaker Oren Rudavsky concluded the production of a documentary about the Witness Theater program. The film follows the students and survivors from the 2017 program at Yeshivah of Flatbush Joel Braverman High School. Selfhelp is also creating a curriculum to accompany the film for high schools.

Transportation for Holocaust Survivors in Nassau County

This past year, Selfhelp received funding from UJA-Federation Long Island to launch a transportation program for Holocaust survivors living on Long Island. This program will provide transportation to medical appointments, grocery shopping, social events, or trips to visit a loved one at the cemetery.

How we serve our community

Selfhelp is dedicated to maintaining the independence and dignity of older New Yorkers through a range of social services, affordable housing, and home health care.

866-735-1234 | info@selfhelp.net | www.selfhelp.net

Holocaust Survivor Program

The oldest and largest program in North America providing comprehensive services to over 4,500 Holocaust survivors, Selfhelp offers a full continuum of care, including enhanced case management, home health care, housekeeping, financial management/guardianship, social programs, emergency financial assistance, and more.

Affordable Senior Housing

Selfhelp's eleven affordable apartment buildings offer older adults the opportunity to lead independent lives. At each building, we offer the Selfhelp Active Services for Aging Model (SHASAM), which makes available social work services for all the residents.

Case Management

Selfhelp's three comprehensive case management programs help seniors through a collaborative process of assessment, planning, facilitation, care coordination, evaluation, and advocacy. Social workers provide expert assistance in accessing entitlements and benefits, as well as financial assistance, home delivered meals and chore services. The goal is to enable vulnerable seniors to continue to live independently in their own homes.

Home Health Care

A leading provider of home health care in the New York City metropolitan area, Selfhelp delivers over two million hours of home care annually to elderly, frail individuals and families at-risk. Services are designed to maintain independent living and include skilled nursing, assistance with activities of daily living, housekeeping, homemaking and therapeutic care. Selfhelp's highly regarded training program provides quality education and certification to more than 400 home health aides each year.

Virtual Senior Center

Selfhelp's acclaimed Virtual Senior Center offers homebound seniors the opportunity to engage and connect with one another and the outside world through stimulating classes and programs. A cornerstone of the program is the real-time instructor-led classes where participants learn about topics and interact with one another to reduce social isolation.

Senior Centers

Selfhelp's five senior centers, including one of the first to be designated by the City of New York as an Innovative Senior Center, offer a wide variety of life-enhancing programs such as computer classes, concerts and lectures, health and wellness workshops, as well as nutritious meals for seniors living in the surrounding communities.

NY Connects

Selfhelp's NY Connects Program in Queens provides individuals, caregivers and professionals with consistent, comprehensive, local-based information and referrals regarding long-term services and supports. Our staff work with callers to assess, plan, coordinate, and evaluate the services required to meet their unique medical, emotional, financial, physical and social needs.

Senior Source

Senior Source provides access to a Geriatric Care Manager for older adults and their families seeking information and support. Senior Source helps clients and their families navigate the maze of health care and residential options, monitor and support ongoing care, and prepare for future care needs.

Community Guardian Programs

Selfhelp serves as the court-appointed legal guardian for clients referred by Adult Protective Services (APS) in NYC and the Department of Social Services (DSS) in Nassau County, who are over 18 years of age and unable to manage their financial or domestic affairs.

Naturally Occurring Retirement Communities (NORCs)

Selfhelp's NORC programs provide senior residents in four large cooperative housing complexes with the supportive services they need to continue living in their own homes. Selfhelp's on-site services include case management, counseling, health screenings, and social, recreational, and educational programs.

Alzheimer's Resource Program

The Selfhelp Alzheimer's Resource Program (SHARP) provides social adult day care, assessment and referrals, together with music therapy and other social activities for individuals in the early to mid-stages of Alzheimer's disease. The program also offers support groups for caregivers.

TeleHealth Services

Our telehealth services empower seniors to be proactive in caring for their health. User-friendly kiosks allow participants to self-monitor clinical health measurements. If there is a sudden change in health acuity, a telehealth coach or staff member will be notified to take appropriate action.

SELFHELP COMMUNITY SERVICES, INC. AND AFFILIATES

*Consolidated balance sheets***As of June 30,**

ASSETS	2018	2017
Cash and cash equivalents	\$ 19,022,272	\$ 17,822,829
Investments	20,995,967	13,798,386
Accounts receivable - net	12,043,462	16,838,114
Contributions receivable and other Current Assets	2,571,107	3,031,487
Guardianship assets held in trust	18,707,007	18,152,177
Other Assets	8,481,204	5,548,076
Fixed Assets - net	143,493,958	140,757,347
TOTAL ASSETS	\$ 225,314,977	\$ 215,948,416
LIABILITIES	2018	2017
Accounts payable and accrued expenses	\$ 7,048,749	\$ 7,494,171
Accrued salaries and related benefits payable	11,137,430	11,653,402
Notes, loans and mortgages payable	63,922,953	58,623,258
Guardianship assets held in trust	18,707,007	18,152,177
Real Estate advances	14,403,600	14,403,600
Due to Third Parties and Other Liabilities	19,519,420	17,838,726
TOTAL LIABILITIES	134,739,159	128,165,334
NET ASSETS		
Unrestricted	83,926,250	80,005,191
Temporarily restricted	6,629,568	7,777,891
TOTAL NET ASSETS	90,555,818	87,783,082
TOTAL LIABILITIES AND NET ASSETS	\$ 225,294,977	\$ 215,948,416

The accompanying financial information has been extracted from reports issued by our independent certified public accountants, which are available upon request.

SELFHELP COMMUNITY SERVICES, INC. AND AFFILIATES

*Consolidated statements of activities***For Years Ended June 30,**

TOTALS	2018	2017
REVENUES, GRANTS AND CONTRIBUTIONS		
Home care revenue	\$ 45,417,228	\$ 41,984,398
Government revenue	16,521,087	14,252,992
Contributions and program revenue	17,806,477	14,028,766
Rental Income	13,434,437	13,823,388
Investment net gains	1,326,300	1,620,207
Total Revenues, Grants and Contributions	94,505,529	85,709,751
OPERATING EXPENSES		
Home care programs	41,094,337	37,246,791
Housing programs	7,984,977	7,807,902
Holocaust Survivor programs	10,145,175	8,271,207
Community programs	15,626,410	14,443,566
Management and general	14,397,379	14,536,355
Fundraising	1,059,590	1,084,091
Total operating expenses	90,307,868	83,389,912
Change in net assets before depreciation, amortization and other changes	4,197,661	2,319,839
Depreciation and amortization	(4,882,804)	(5,155,204)
Income (loss) from operations before other changes	(685,143)	(2,835,365)
OTHER CHANGES		
Reserve on receivables from related party	254,060	240,349
Contributions from Real Estate Equity Partners	3,203,819	10,483,692
Reserve adjustment on wage parity	-	1,328,408
Change in net assets	2,772,736	9,217,084
Net assets - beginning of year	87,783,082	78,565,998
NET ASSETS - END OF YEAR	\$ 90,555,818	\$ 87,783,082

SELFHELP COMMUNITY SERVICES FOUNDATION INC.

Balance sheets

As of June 30,

ASSETS	2018	2017
Cash	\$ 1,634,994	\$ 866,203
Investments	5,018,531	4,665,430
Contributions receivable	383,189	502,547
Other assets	115,211	63,424
Total assets	\$ 7,151,925	\$ 6,097,604
LIABILITIES	2018	2017
Accounts payable	\$ 19,831	\$ 29,778
Total liabilities	19,831	29,778
NET ASSETS		
Unrestricted	2,168,296	1,361,476
Temporarily restricted	4,963,798	4,706,350
Total net assets	7,132,094	6,067,826
TOTAL LIABILITIES AND NET ASSETS	\$ 7,151,925	\$ 6,097,604

The accompanying financial information has been extracted from reports issued by our independent certified public accountants, which are available upon request.

SELFHELP COMMUNITY SERVICES FOUNDATION INC.

Statements of Activities

For Years Ended June 30,

TOTALS	2018	2017
REVENUES AND OTHER SUPPORT		
Contributions	\$ 155,557	\$ 15,805
Event Revenue	1,192,232	1,302,001
Investment net gains	314,255	456,473
Total revenues, investment gains and other support	1,662,044	1,774,279
EXPENSES		
Program support to Selfhelp	300,000	150,000
Management and general	29,829	21,282
Fundraising	360	1,411
Direct cost of event	267,587	306,161
Total expenses	597,776	478,854
Change in net assets	1,064,268	1,295,425
Net assets - beginning of year	6,067,826	4,772,401
NET ASSETS - END OF YEAR	\$ 7,132,094	\$ 6,067,826

FOUNDERS SOCIETY

From our earliest days, Selfhelp has been blessed by the involvement of scores of individuals committed to our mission.

Selfhelp’s Founders Society recognizes our generous friends and partners who have supported us with cumulative donations of \$25,000 or more.

We offer our deepest appreciation to our Founders ~both present~ and those no longer with us ~ who have helped to make Selfhelp Community Services the vital organization it is today.

Underwriter
\$5,000,000 and Over
Conference on Jewish Material
Claims Against Germany
The Lande Family
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We are deeply grateful for the many contributions we receive each year from our generous friends and supporters. To donate to Selfhelp Community Services Foundation, or to receive additional information about giving opportunities, please contact the Foundation office at (212) 971-7764, or click the donate now button at www.selfhelp.net.

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Claims Conference In-Home Services Program funded by the German government, for physically and financially vulnerable Jewish Nazi victims

Conference on Jewish Material Claims Against Germany for the Austrian Holocaust Survivor Emergency Assistance Program

Conference on Jewish Material Claims Against Germany for the Emergency Assistance Program for Nazi Victims at the direction of the United States District Court supervising the lawsuit In Re: Holocaust Victim Assets Litigation (Swiss Banks)

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CONFERENCE ON JEWISH MATERIAL CLAIMS AGAINST GERMANY

Selfhelp and the Claims Conference share a strong and collaborative history dating back more than five decades. Generous Claims Conference funding has enabled Selfhelp to expand services, such as case management, emergency financial assistance, and social gatherings, to meet the growing needs of Holocaust survivors living in the New York metropolitan area. With their support, Selfhelp now provides services in Brooklyn, the Bronx, Manhattan, Queens and Nassau County. Importantly, the Claims Conference is also a key negotiator of new funding from the German government to increase vitally needed home health care. Their efforts have enabled thousands of survivors to remain in their own communities and live with dignity. We are ever grateful for such critical funding, which helps provide this aging and fragile population with the care they rightfully deserve.

Selfhelp also receives major funding from:

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FRAN EIZENSTAT LEGACY PROJECT *(formerly Project Legacy)*

Project Legacy was created to ensure the necessary funding to care for the last generation of Holocaust survivors – specifically those who are frail, alone, and, much too often, impoverished.

As part of this project, we have recently launched a special initiative to assist the growing number of Holocaust survivors in need from the Former Soviet Union.

It is most fitting that this vital project has been renamed to honor the memory of Fran Eizenstat who deeply believed in its mission. Ambassador Stuart Eizenstat serves as the Project’s Honorary Chairman.

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A Core Partner of UJA-Federation of New York since 1983, Selfhelp Community Services is the recipient of generous funding and program grants including critical support for our Holocaust Survivor Program, Witness Theater, case management programs, volunteer management, and a multitude of essential organizational services. Selfhelp is a major beneficiary of UJA's Community Initiative for Holocaust Survivors (CIHS) and has worked together to raise awareness and support for this historically vulnerable population. Just as importantly, the warm partnership that Selfhelp enjoys with our colleagues at UJA-Federation has offered us entrée to their network of relationships throughout the New York City community. We are exceptionally grateful for initiatives that have enabled us to leverage UJA support, such as the New York Times Neediest Cases Campaign, advocacy work with government agencies, and introductions to individuals and foundations. We take this opportunity to publicly thank UJA-Federation of New York for their steadfast support and commitment to Selfhelp Community Services.

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Selfhelp NextGen is a dynamic group of young professionals from the New York City area deeply committed to Selfhelp’s mission of maintaining the independence and dignity of seniors and at-risk populations. The group maintains a special focus

on enhancing the lives of Holocaust survivors, and seeks to ensure the promise made by our founders: to serve as the “last surviving relative” to victims of Nazi persecution.

Created in 2010, Selfhelp NextGen organizes volunteer projects, holiday brunches for Holocaust survivors, an annual 5K race fundraiser, and outreach events, in an effort to educate their peers regarding

the needs of some of the most vulnerable members of our community. To get involved or learn more, please email development@selfhelp.net.

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Selfhelp provides vital services to approximately 5,000 Asian immigrants, the majority of whom are low-income seniors who have emigrated from China. To address their unique needs, Selfhelp’s

Chinese Advisory Council (CAC) was created in 2015. The Council is comprised of prominent members of the Chinese-American community, whose primary focus is to identify resources and

raise community awareness regarding the needs of Chinese elders served by Selfhelp. For additional information about the CAC, please contact the Foundation office at (212) 971-7764.

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East Side Council on the Aging
(ESCOTA)
East-West School of
International Studies
Educational Alliance
Elder Abuse Task Force of Queens
Elderplan
Elders Share the Arts
Elmhurst Hospital
EmblemHealth
Empire BlueCross BlueShield
Healthplus
Employee Assistance Program
Enterprise Community Partners
EssenMED House Calls
Euclid Hall
Evelyn Frank Legal Resources
Program at NYLAG
Evergreen Community Garden
Fairview Nursing Home
The Family Center-Legal Wellness
Institute
Family to Family
Ronald Fatoullah & Associates
Fedcap
Federal Home Loan Bank of
San Francisco
Federation of Jewish Philanthropies

Feldenkrais Foundation
Fidelis Care
Flatbush Jewish Center
Flushing Council on Culture and
the Arts
Flushing Hospital Medical Center
Flushing House
Flushing International High School
Flushing Library
Flushing Meadows Corona Park Al
Oerter Recreation Center/Aquatic
Center
Flushing Savings Bank
Food Bazaar Supermarket
Foggy Bottom West End Village,
Washington DC
Fordham University Graduate School
of Social Work
Forest Hills Jewish Center
Four Two's Car Service
Francis Lewis High School
Franklin Delano Roosevelt
High School
FY EYE
Glavs Travel
Glen Cove Senior Center
Global Ageing Network
Goddard Riverside Community
Center
God's Love We Deliver
Goldman Sachs Community
TeamWorks
Gotham Comedy Foundation
Green Market
Grounds for Sculpture
Guggenheim Museum
Hamilton-Madison House
HANAC Archbishop Iakovos Senior
Center
HANAC Ravenswood Neighborhood
Senior Center
HANAC Transportation Program
Hannah Senesh Community Day
School

Healthfirst
HeartShare
Heaven's Hands
The Abraham Joshua Heschel School
HHaEXchange
HIICAP
The Hindu Temple Society of
North America
Holocaust, Genocide and Interfaith
Education Center at
Manhattan College
Holocaust Memorial and Tolerance
Center of Nassau County
HomeFirst
Horizon Pharmacy
Hospice Care Network
Hospital for Special Surgery
Human Resource Administration-
DVP/HA/DOPIS
Humana
Hunter College-Silberman School of
Social Work
Independence Care Systems (ICS)
Independent Consumer Advocacy
Network (ICAN)
Independent Living Systems
Integra Managed Care
Interfaith Center of New York
Intrepid Sea, Air & Space Museum
Institute for Health, Health Care
Policy and Aging Research at
Rutgers University
The Institute for Retired
Professionals-The New School
Isabella House
JCC-Inwood/Washington Heights
JCC of Crown Heights
JCC of Greater Coney Island
JCC of Staten Island
JCCRP
JPMorgan Chase
Jewish Association Serving the
Aging (JASA)

Jewish Association Serving the
Aging-Adult Protective Services
Jewish Association Serving the
Aging-Queens Legal Services for
the Elderly
Jewish Board of Family and
Children's Services
Jewish Communal Fund
Jewish Family Services of
Metropolitan Detroit, MI
Jewish Home LifeCare
The Jewish Museum
Jewish Theological Seminary
Jokercise
The Josephine Foundation
Keswick Multi-Care
Key Food-Washington Heights
Kimmel Housing Development
Foundation
Korean American Senior Citizens
Society of Greater New York
(KASCS)
The Korean Community Services of
Metropolitan New York, Inc.
LeadingAge
LeadingAge New York
The Legal Aid Society
Lenox Hill Neighborhood House
Lexington School for the Deaf
Life Alert
Lifefone
Lifenet-Mental Health
Referral Services
Life Trust
Lighthouse Guild
LiveOn NY
Locus Health
Long Island Alzheimer's Foundation
Long Island Living Center
Long Island University School of
Nursing
Long Island University School of
Social Work

WORKING TOGETHER *(continued)*

Madison York Assisted Living Mailman School of Public Health-Columbia University Maimonides Medical Center- Department of Psychiatry Mamaroneck High School Martin Luther King, Jr. Daycare Masbia McCaulay Honors College @ CUNY Meadow Park Rehab & Healthcare Center Medicare Rights Center Medicare Savings Program Coalition (MSP) Memorial Sloan Kettering Cancer Center Mental Health Association of NYC MetroPlus Health Plan Metropolitan Council on Jewish Poverty Metropolitan Jewish Health Care System Metropolitan Transit Authority- Access-A-Ride Marlene Meyerson JCC Manhattan MFY Legal Services Mobile Crisis Teams-NYC Well Mobile Health MTA Mobile Bus Service Museum of Jewish Heritage-A Living Memorial to the Holocaust Museum of Modern Art (MoMA) Musicians On Call Nan Shan Senior Center Nassau County EISEP Nassau County Office of Aging Nassau County Office of Housing and Community Development National Council on Aging National Housing Conference National Leased Housing Association National Low Income Housing Coalition National Museum of the American Indian New York Association of Psychiatric Rehabilitation Services New York Cares New York Chinese Cultural Center	New York City Administration for Children's Services New York City Comptroller's Office New York City Council New York City Department for the Aging New York City Department for the Aging-Alzheimer's & Caregiver Resource Center New York City Department for the Aging-Bill Payer Program New York City Department for the Aging-Grandparent Support Program New York City Department for the Aging-Health Promotion New York City Department for the Aging-HIICAP New York City Department of Cultural Affairs New York City Department of Education Occupational Training Center New York City Department of Emergency Management New York City Department of Finance New York City Department of Health and Mental Hygiene New York City Department of Homeless Services New York City Department of Housing Preservation and Development New York City Department of Sanitation New York City Department of Transportation New York City Department of Transportation-Safety Education Department New York City Emergency Management New York City Fire Department New York City Housing Authority- Office for the Aging New York City Housing Development Corporation New York City Human Resources Administration	New York City Parks Department New York City Police Department 50th Precinct 104th Precinct 109th Precinct 112th Precinct 115th Precinct New York City Schools IS 237 John F. Kennedy Jr. School-Queens PS 24 New York Common Pantry New York Downtown Hospital-Kress Vision Program New York Historical Society New York Housing Conference New York Immigration Coalition New York Korean Nail Association New York Legal Assistance Group (NYLAG) New York Philharmonic New York State Adult Day Services Association, Inc. New York State Association for Affordable Housing New York State Bar Association-Elder Law Section New York State Comptroller's Office New York State Elderly Pharmaceutical Insurance Program (EPIC) New York State Homes and Community Renewal New York State Office for the Aging New York University-Silver School of Social Work New York-Presbyterian/Columbia University Medical Center New York-Presbyterian/Queens Northridge Housing Cooperative Northshore MLTC Northwell Certified Home Health Agency Northwell Health NYCHA NYSARC, Inc. Older Adults Technology Services (OATS) OPWDD, Front Door Program Oxford Health Plans	Panasonic Corporation of North America Park Avenue Synagogue Parker Jewish Institute for Health Care and Rehabilitation People Care Peter J. Dellamonica Neighborhood Senior Center Philips Lifeline Poland Spring Water Project FIND Queens Adult Protective Services Queens Botanical Garden Queens Boulevard Extended Care Facility Queens Centers for Progress Queens College Queens Community House Queens District Attorneys Office Queens Hospital Center Queens Interagency Council on the Aging Queens Jewish Community Council Queens Library Queens Museum Queens Symphony Orchestra Queensboro Community College Nursing Program R.A.I.N. Inc. Red Cross ReelAbilities Retired Senior Volunteer Program of the Community Services Society (RSVP) Riders Alliance Ridgewood Savings Bank Right Care Medical Products RiseBoro Rite Aid Pharmacy Riverdale Mental Health Association (RMHA) Riverdale Senior Center Riverdale YM&YWH Rose Art Foundation Rubin Museum of Art Samaritan Village Samuel Field Y SAR High School Schwartz-Brothers/ Jeffer Memorial Chapel	Senior Health Partners Senior Whole Health Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders (SAGE) Services Now for Adult Persons (SNAP) Shield Institute Shostakovich School of Music, Art & Dance Sid Jacobson JCC Sirovich Senior Center Social Adult Care Inc. South Nassau Communities Certified Home Health Agency Southridge Cooperative St. Francis Hospital St. George's Church St. James Episcopal Diocese St. John's University St. John's University Pharmacy Department Steps To Success Sheepshead Bay Su CASA Summer Youth Employment Program (SYEP) Sunnyside Case Management Agency Sunnyside Citywide Homecare Services, Inc. Sunnyside Community Services Sunnyside EISEP Supportive Housing Network of New York Tanger Hillel at Brooklyn College Temple Emanu-El Temple Shaaray Tefila The River Fund Theater Development Fund Three Rivers Regional Commission, GA Touro College Trinity School Tzu Chi Foundation UJA-Federation of Long Island UJA-Federation of New York UJA-Federation of New York Engage Jewish Service Corps UJA-Federation of New York Graduate Fellowship Program United Health UnitedHealthcare	United States Department of Veterans Affairs United Way Universal Peace Federation University of North Texas Urban League of Westchester County Van Cortlandt Park Conservancy Victoria Pharmacy VillageCareMAX VISIONS Visiting Nurse Service of New York (VNSNY) Vital Care Services Volunteers of Legal Service (VOLS) Walgreens Pharmacy Washington Heights, Inwood Council on Aging Weill Cornell Medicine WellCare of NY West Side Inter-Agency Council for the Aging, Inc. 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Affordable Housing

Housing applications:
718-886-1412

For General inquiries:
718-762-6803

Helen R. Scheuer House
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Flushing, NY 11355

Martin Lande House
137-47 45th Avenue,
Flushing, NY 11355

Scheuer House of Bayside
208-11 26th Avenue,
Bayside, NY 11360

Scheuer House of Flushing
138-52 Elder Avenue,
Flushing, NY 11355

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Bronx, NY 10471

Kimmel Housing I
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Westbury, NY 11590

Kimmel Housing II
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Westbury, NY 11590

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Brooklyn, NY 11226

Community Based Programs

Project Pilot Case Management
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NY Connects
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Flushing, NY 11355
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**Selfhelp Alzheimer's Resource
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intake@selfhelp.net

**Certified Home Health Agency
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Housekeeping Program
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Claims Conference ועידת התביעות
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