

SOCIAL  
SERVICES

HOME CARE

AFFORDABLE  
HOUSING



At Selfhelp, we believe in:

- Compassionate home and community care.
- The dignified care of every person.
- Leading in innovative services.
- Valuing our New York City legacy and 85+ years of service.



Helping New Yorkers  
age with independence  
and dignity

*Since 1936, Selfhelp Community Services  
has worked to keep older and vulnerable  
New Yorkers healthy and at home*



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# Selfhelp is dedicated to maintaining the independence and dignity of more than 25,000 older and vulnerable New Yorkers

We know what it takes to keep older New Yorkers healthy, and at home – where we all want to be. Through innovative home and community-based services, we keep New Yorkers healthy by providing the everyday support that older adults and their families need.

Selfhelp Community Services was founded in 1936 to help those fleeing Nazi persecution maintain their independence and dignity as they struggled to forge new lives in America. Selfhelp continues to serve as the “last surviving relative” to its historic constituency, Holocaust survivors, while remaining the largest provider of comprehensive services to Holocaust survivors in North America.

## **HOLOCAUST SURVIVOR PROGRAM**

*Operating the oldest and largest comprehensive program serving Holocaust survivors in North America.*

## **COMMUNITY-BASED PROGRAMS**

*Caring for thousands of New Yorkers, with assistance accessing benefits and entitlements, case management, virtual and in-person social events, and more across New York City and on Long Island.*

## **HOME CARE AND HOME HEALTH AIDE TRAINING**

*Providing caring services in New York City and on Long Island while training the next generation of caregivers.*

## **REAL ESTATE AND HOUSING**

*Affordable housing plus services through SHASAM (Selfhelp Active Services for Aging Model) which offers social work services to support the health and wellness of residents aging in their own homes.*

