

Selfhelp is dedicated to maintaining the independence and dignity of older and vulnerable New Yorkers through a range of social services, affordable housing, and home health care.

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Holocaust Survivor Program

Selfhelp operates the oldest and largest program serving Holocaust survivors in North America, providing comprehensive services to over 5,300 survivors. At six locations across New York City and Long Island, our social workers offer a full continuum of care, including enhanced case management, home health care, housekeeping, financial management/guardianship, social programs, emergency financial assistance, Holocaust education programs, and more.

Locations include:

- Brooklyn Office
- Brooklyn Office for Russian Speakers:
Henry J. and Erna D. Leir Center for Holocaust Survivors, Henny and Friedrich Brodnitz Case Management Program
- Manhattan: *Abraham Scharf Center for Holocaust Survivor Services*
- Nassau County: *Abraham Scharf Center for Holocaust Survivor Services*
- Queens Office
- Washington Heights & the Bronx:
The Kohn-Melamid Center for Holocaust Survivor Services

Affordable Housing and Selfhelp Realty Group

Selfhelp's twelve affordable residences offer older adults the opportunity to live in a safe community with access to social services, if and when they are needed. At each residence, we offer the Selfhelp Active Services for Aging Model (SHASAM), which makes available social work services for all the residents.

Housing locations include:

- Helen R. Scheuer House (Queens)
- Martin Lande House (Queens)
- Scheuer House of Bayside (Queens)
- Scheuer House of Flushing (Queens)
- Harry and Jeanette Weinberg House (Queens)
- Harry and Jeanette Weinberg Apartments (Queens)
- Selfhelp K-VII (Queens)
- Van Cortlandt Green (Bronx)
- Joseph and Pauline Charatan Residence (Brooklyn)
- Kimmel Housing I (Nassau County)
- Kimmel Housing II (Nassau County)
- Glendale Neighborhood Pillars (Queens)

Community-Based Programs

In programs throughout New York City and Long Island, and in countless homes each day, Selfhelp's clients receive the vital services they need to live meaningful, independent, and dignified lives.

- Selfhelp's **Virtual Senior Center** offers homebound seniors the opportunity to engage and connect through stimulating virtual classes.
- Selfhelp's five **senior centers**, including one of the first to be designated by the City of New York as an Innovative Senior Center, offer a wide variety of life-enhancing programs and services including coordinating meal delivery, in-person and virtual workshops, and access to case management services.
- Selfhelp's four **comprehensive case management** programs provide expert assistance in accessing entitlements and benefits, as well as financial assistance, home delivered meals and chore services. Geriatric Care Managers provide older adults and their families information and support about long term care.
- The **Selfhelp Alzheimer's Resource Program (SHARP)** is a social adult day care program providing assessment and referrals and social activities for individuals with dementia or Alzheimer's disease.
- Selfhelp serves as the **court-appointed legal guardian** for vulnerable clients referred by Adult Protective Services (APS) in NYC and the Department of Social Services (DSS) in Nassau County, who are over 18 years of age and unable to manage their financial or domestic affairs.

- Selfhelp's **Naturally Occurring Retirement Communities (NORCs)** programs provide senior residents in four large cooperative and rental housing complexes with the supportive services they need to continue living in their own homes. On-site services include case management, counseling, health screenings, and social, recreational, and educational programs.
- Selfhelp is New York State's Queens provider for **NY Connects** which is a telephonic information hotline for individuals, caregivers and professionals providing consistent, comprehensive, local information about long-term care services.

Home Health Care

A leading provider of home health care in the New York City metropolitan area, Selfhelp delivers two million hours of home care annually to elderly, frail individuals, and families at-risk. Selfhelp operates a Licensed Home Care Services Agency (LHCSA) in New York City and Long Island and offers Certified Home Health Agency (CHHA) services in New York City. Services are designed to maintain independent living and include skilled nursing, assistance with activities of daily living, housekeeping, homemaking and therapeutic care. Selfhelp's highly regarded training program provides education and certification to hundreds of home care aides each year in New York City and on Long Island.