Adding Life to our Years

SELFHELP COMMUNITY SERVICES, INC.
& SCS FOUNDATION, INC.
Selfhelp is a not-for-profit organization dedicated to maintaining the independence and dignity of seniors and at-risk populations through a spectrum of housing, home health care, and social services and will lead in applying new methods and technologies to address changing needs of its community. Selfhelp will continue to serve as the “last surviving relative” to its historic constituency, victims of Nazi persecution.

In the end it’s not the years in your life that count. It’s the life in your years.

Abraham Lincoln
Since its founding nearly eighty years ago by refugees from Nazi Germany, Selfhelp has used “social care”—social services and case management—to assist hundreds of thousands of older adults and others at risk of losing their independence. Even in today’s sophisticated age of medical advances, a simple fact remains true:

High-quality social care is just as vital as health care for ensuring healthy aging and independent living.

We could not add years to our lives without the constant advances made in medicine and in disease management. But without evolving social care and access to vital and vibrant enrichment programs, it would be nearly impossible to Add Life to our Years.
DEAR FRIENDS

Much has been written of late about the value of “social care,” the extensive services that Selfhelp has provided since its founding nearly 80 years ago. Both research and practice are demonstrating that social care can be vital for healthy aging and for physical well-being. The theme of this year’s Annual Report, “Adding Life to our Years,” focuses on the importance of high quality social care and its benefit to clients throughout Selfhelp’s programs.

At the heart of our service delivery system is our longstanding commitment to the Holocaust survivor community. We continue to provide specialized care to this historic constituency, while using the lessons they have taught us to benefit our full population of 20,000 clients. Our diverse services—from case management to affordable housing to home health care to recreation and education at senior centers—all share common themes. We know that services and caring must be tailored to each person’s needs. And, we know that while physical health is vital, we must address the entire person in order to truly be of service.

New policies are now affecting care for the elderly, and we are leading by example and drawing on our strengths as we adapt. In the past year, New York State began to transform health care by recognizing the vital role that social services play in keeping people healthy. We are proud to report that Selfhelp won three major awards through the State’s new Balancing Incentives Program (BIP), which directs Medicaid dollars to demonstrations of new methods for low-income individuals to obtain community-based care. Likewise, Selfhelp has been meeting with medical partners as part of the State’s new Delivery System Reform Incentive Payment program (DSRIP), where collaborations with social service providers are key to the state and federal goal of reducing avoidable hospital use by 25 percent over the next five years.

It is not through error or good fortune that we now find ourselves at the forefront of the transformation of health care. Selfhelp has operated for decades on the principle that social services are not just an end to themselves, but an essential way to help older adults to thrive. A few examples:

- The active ballroom dancer at a senior center, and the homebound participant in the Virtual Senior Center, both have networks of friends that keep them connected to others. This is in contrast to more socially isolated older adults, who, studies show, can be at increased risk for depression, heavy drinking, poor nutrition, falls, serious illness, and dementia.

- The aging couple in a gentrifying neighborhood can stay in the home where they raised their children due to assistance from both a Selfhelp home care worker and skilled social worker who obtain a rent cap, so they can remain surrounded by their most precious memories.

- The Holocaust survivor who endured Auschwitz now tells his story to a new generation of high school students, who ensure that his experiences are remembered by bringing his words to life onstage.

Opportunities like these are daily “adding life to the years” of 20,000 Selfhelp clients at 26 locations.
It is not through error or good fortune that we find ourselves at the forefront of the transformation of health care.

Throughout the boroughs and Nassau County. And while these vibrant and vital seniors continue to thrive, we are also creating new programs which are more specifically targeted to promoting their good health. In addition to the broad range of exercise programs that we have offered for years, we now deliver wellness coaching, nutrition discussions, and classes in managing chronic health conditions. We continue to provide home health aides for those who need extra assistance in the home, and we have expanded our services to help seniors manage discharge instructions after returning home from the hospital.

As health care partners turn more to social care agencies such as ours, we are also enhancing how we measure outcomes to communicate our impact on client health. You will see just a few of these new outcome measurements in the following pages.

Looking ahead, a number of new initiatives are planned for the coming year. We are continuing to integrate Selfhelp's health care and social service programs into a powerful continuum.
of services. We are developing a new affordable apartment building for seniors in the Bronx—our tenth—and we expect to begin construction on our eleventh building in Brooklyn in 2015. And, we are expanding our outcome measurements by launching an agency-wide Quality Scorecard to track our success and make improvements where needed.

Finally, in honor of the more than 60,000 Holocaust survivors who remain in New York City, we are working with UJA-Federation of New York and the Defiant Requiem Foundation to mount an encore presentation of Defiant Requiem: Verdi at Terezín, a moving theatrical tribute to the courageous performance of Verdi’s Requiem Mass by Jewish prisoners at Theresienstadt Detention Camp. They used Verdi’s Requiem Mass to express, in a spirit of defiance, the words they could not say directly to their Nazi captors. All proceeds from the performance will go to serve Holocaust survivors in need.

On behalf of all those we serve, we are deeply grateful to the entire Selfhelp family for your loyal support, your commitment to our work, and your faith and trust. Our sincerest thanks.

Raymond V.J. Schrag
President
Board of Directors

Dennis Baum
Chairman
SCS Foundation Board

Stuart C. Kaplan
Chief Executive Officer
The data is in: Vital Social Care is Good Medicine
Countries that spend more on social services have better health outcomes.


Not Just Having Fun

In an international study of 30 countries, Yale public health researchers found that spending more on social services is strongly associated with better health outcomes. Despite allocating more money to health care than any other country in the Organisation for Economic Co-operation and Development (OECD), the United States ranks 25 out of 30 in life expectancy. Other OECD countries spend, on average, twice as much on social services as they do on health care, while the United States spends slightly less on social services compared to health.

Selfhelp’s longstanding social service programs illustrate beautifully how spending on “social care” translates directly into improved health outcomes. Our recreation, education, and wellness programs keep clients learning and engaged—and excited about what will happen next.
A Potpourri of Learning

Research shows that learning new skills helps keep active minds sharp—and engagement and learning flourish at Selfhelp. Immigrants bond with each other as they learn English as a Second Language. Senior centers energize mind and body with gardening, opera singing, calligraphy, jewelry making, and much more.

At Computer Learning Centers in our senior centers and housing, 21st century seniors learn to Photoshop, email, Skype with their grandchildren, and use the Internet to research health, nutrition, and anything that strikes their fancy. One 107-year-old housing resident Skypes frequently with her daughter who lives in California.

Most importantly, seniors are having fun. Selfhelp seniors are champions in a Wii bowling league that plays teams across New York. The Benjamin Rosenthal-Prince Street Innovative Senior Center offers seven kinds of dancing and four types of yoga weekly, along with many other fitness options. By exercising both bodies and minds, Selfhelp seniors are truly adding life to their years.

Paying for Essentials

The low-income seniors whom Selfhelp serves are often past working age. Without an income stream, many lack the funds for healthy food, medical care, or even a home.

For these reasons, many Selfhelp programs assist seniors in applying for, and advocating for, the government-funded entitlements and benefits for which they are eligible.

The impact of these benefits is more than just financial. The Supplemental Nutrition Assistance Program (SNAP) helps seniors purchase the food they need to keep their bodies healthy and strong. Health insurance enables them to obtain medical care. Several different programs help to reduce the high cost of renting an apartment in New York City—providing a warm and dry place to live. Emergency assistance, including a special fund for Holocaust survivors, helps to pay for medical and dental care, warm winter clothes, and other essential expenses.
“Dancing is exercise, and it’s so good for the mind. You have no idea what a pleasure it is.”

MICHAEL FLAMEN

“When I don’t feel so well, I force myself to dance and I forget all my sicknesses.”

CECILIA GLEBAS

Michael Flamen, 90, was born in Poland, survived the Holocaust and came to the United States in 1950. His dancing partner, Russian-born Cecelia Glebas, arrived on these shores in 1975. Dancing brought them together over 16 years ago. Ever since then, they have waltzed their way through the ballrooms of Manhattan, Queens, Brooklyn and Long Island, and they now meet weekly at Selfhelp’s Clearview Senior Center. “I never regret when I come, even in bad weather,” says Cecilia, whose ‘can do’ attitude is contagious. When not dancing (or traveling to Queens from Manhattan to do so), Cecelia loves to read, sew, cook, and otherwise keep active. A skilled artist, Michael creates lifelike pictures of his children and grandchildren, practices operatic arias on his violin, and is also an ardent bridge player.

Pictured: Dancing partners Michael Flamen and Cecilia Glebas
KEEPING PEOPLE HEALTHY AT HOME

Staying Well

“At least I have my health” is a common saying, but at Selfhelp, it could be “Of course I have my health!” This year, we launched a concentrated campaign to promote wellness opportunities beyond exercise. At many sites, a community nurse holds educational talks, helps schedule preventive care—eye and ear exams, essential vaccines—and confirms that clients have doctors to oversee their primary care.

We also offer assistance in coping with the chronic diseases that become more common with age. Many sites offer the Stanford Chronic Disease Self-Management program, which has been shown to improve energy, health status and psychological well-being.

We provide regular blood pressure screenings and a weekly “healthy eating” group to sustain the benefits of these programs, as well as stress reduction and exercise tailored for arthritis. Seniors may use a telehealth kiosk—a freestanding device that lets them monitor their blood pressure, weight, and blood oxygen saturation level and obtain related health information.

Providing Care at Home

As seniors age, Selfhelp offers a continuum of support directly in the home. The first step for many is Housekeeping services. If and when clients become more frail, Selfhelp’s Licensed Home Care Services Agency (LHCSA) can provide assistance with bathing and dressing. For clients whose illnesses require in-home medical care, Selfhelp’s Certified Home Health Agency (CHHA) provides skilled nursing, and oversees home health aides who are trained to assist with health-related tasks and activities of daily living. Throughout, the client can continue receiving care from the same trusted home care aide.

Selfhelp operates three training programs for home care aides, based in Manhattan, Brooklyn, and Nassau County. For the right candidates, these training programs provide rapid entry to the workforce, with three weeks of training and a hands-on demonstration of their skills. Mentorship programs and quarterly in-services keep their skills up-to-date. Selfhelp graduates and employs compassionate individuals who are skilled at providing the care that our frailest clients need.

HOME IS WHERE THE HEALTH IS

The national rate of readmission to the hospital within 30 days is 18 percent. Selfhelp’s Care Transitions program beats the national average: only 12 percent of Care Transitions clients return to the hospital within 30 days. (Based on phone calls made to clients 30 days post-discharge.)
Preventing Re-hospitalization

Selfhelp launched a pilot Care Transitions program in partnership with Queens hospitals, and the New York City Department for the Aging, with funding from the federal Center for Medicare & Medicaid Services. The goal of this program is to prevent avoidable re-hospitalization. A Care Transitions coach visits recently discharged patients at home and engages them in an evidence-based process designed to motivate healthier behavior. The Coach also ensures that patients and their caregivers understand their discharge instructions and new medications, and helps them to access any needed community supports, including other Selfhelp programs. Only 12% of clients participating in Selfhelp’s program return to the hospital within a month after discharge, compared to 18% nationwide.

This program complements Selfhelp’s longstanding best practices. Skilled nurses at Selfhelp’s Certified Home Health Agency (CHHA) use specific protocols to reduce the risk of re-hospitalization. Likewise, home health aides are trained to encourage the patient in practices that promote recovery, and to report any danger signs that could lead to avoidable re-hospitalization.

Fewer than 2% of Selfhelp’s 1,332 housing residents transfer to nursing homes each year.
“I owe so much to my health coach, Roslyn. She’s excellent! She visited me in the hospital, then at my home to make sure I was taking my medication and going to the doctor. I feel so much better!”

PANAGIOTIS VASILIADIS

An acute episode of pneumonia brought Mr. Vasiliadis, 70, to New York Hospital Queens in early 2014. As Roslyn explains, “The hospitalization was a wakeup call for Mr. Vasiliadis, who despite having diabetes had never felt sick before. He and his wife Helen were receptive to our Care Transitions program and to allowing me to work with him on making lifestyle changes.” Six months later, he has made a full recovery and is in much better shape.

Pictured: Panagiotis Vasiliadis, with his wife Helen and Selfhelp Senior Transition Coach, Roslyn Singh
“Selfhelp is a valued partner in delivering high-quality housing, giving tenants access to a continuum of valuable, innovative services that allow them to age in place with dignity.”

Vicki Been, Commissioner, New York City Department of Housing Preservation and Development

MUCH MORE THAN “HOUSING”

An idea whose time has come

In 1965, Selfhelp opened its first affordable apartment building in Flushing, Queens. Dedicated to aging Holocaust survivors, the building made on-site social services available to residents, if and when requested.

Today, Selfhelp operates nine affordable apartment buildings for 1,332 seniors from diverse ethnic backgrounds in Queens and Nassau County. Residents range in age from 62 to 107 years old.

Residents in all of Selfhelp’s buildings can obtain services, if and when needed. Residents thus have easy access to home health care, medication management, housekeeping, supportive counseling, visits from a community nurse, wellness and disease prevention programs, and innovative aging services technologies.

The model of housing with services is increasingly being recognized as a way to provide seniors with easy access to a foundation of good care. Selfhelp is proud to have led the way in demonstrating, through many decades, how well this model can succeed.
A New York City Priority

Low-income seniors—who often need to stretch their fixed incomes to health care as well as rent—are particularly in need of affordable places to live. In recognition of this need, Selfhelp has committed itself to building and operating affordable housing for seniors over the past five decades.

In July 2014, New York City Mayor Bill de Blasio announced a plan to build 200,000 units of affordable housing over the next ten years.

Selfhelp is doing its part to help. In addition to providing housing and services for 155 seniors, our newest building in Flushing, Queens provides client-centered technologies and a recreational green roof. A new 86-unit building is under construction in the Bronx, and we expect to close the financing on a 58-unit building in Brooklyn by the end of 2014.

We are continuing to look for new opportunities to provide low-income seniors in New York City and on Long Island with affordable, supportive, and attractive homes.

Empowering Senior Health

Selfhelp approaches senior housing with the belief that it is not enough to simply give seniors a place to live. We use our expertise in delivering social care to provide residents with the tools to improve how they manage their own health.

Because residents come from a multitude of different backgrounds, workshops are offered on diabetes and arthritis care in multiple languages. Nursing students provide on-site education on healthy aging, while students in occupational therapy provide workshops on managing stress and anxiety. A nurse, also on-site, provides education on topics such as nutrition, chronic diseases, and how to talk with doctors about different conditions.

Selfhelp’s new BIP program will build on this work by adding new preventive activities for Medicaid-eligible residents. And, a Federally Qualified Health Center, operated by the Charles B. Wang Community Health Center, is slated to open onsite in 2015—providing even easier access to primary care.
“Being active is what it’s all about. I teach ESL in our building and also at the senior center. It’s great to do something you enjoy that also helps others. I’m very happy here.”

SUKEI ACQUAH

Suki Acquah has lived at Selfhelp’s Scheuer House of Bayside for over 17 years. She serves as President of the Tenant Council, where she meets with her fellow Council members to listen to suggestions and help plan resident activities. In addition to teaching ESL classes, Suki participates in exercise and dance-ercise, takes Chinese classes at the local library, and makes jewelry. What makes her happiest? Her trips each year to Georgia to visit her daughter, son-in-law and precious six year-old granddaughter, Sophia, who eagerly looks forward to seeing ‘Glam-ma Suki.’ Social Worker Heidi Goldberg-Fitterman explains, “Selfhelp does whatever we can to encourage our residents to stay active and socially connected. That’s the best way of staying young, no matter what their age.”

Pictured: Suki Acquah and Selfhelp Social Worker, Heidi Goldberg-Fitterman
Providing Comfort and Dignity to Holocaust Survivors

Isolation is one of the most common issues facing elderly Holocaust survivors. To help combat their loneliness, Selfhelp offers holiday programs and frequent gatherings, known as “Coffee Houses,” where survivors socialize, sing, dance, and share an unspoken understanding.

Over the past year, Selfhelp enjoyed a close relationship with the then German Consul General, Busso von Alvensleben and his wife, Maria-Theresia. They shared these poignant words following their visit to a Selfhelp Coffee House:

“We attended wishing to bow to people who survived the hell of Nazi persecution and who had succeeded in re-building their lives. Yet, nothing compared to what the survivors gave to us. Our experience will remain imprinted on our memory. There was so much sincere warmth, so much strength and undaunted optimism, so much gratitude for our presence, so much love! From the bottom of our hearts we thank those who let us share this very special experience.”

Advancing Age, Escalating Needs

One might think that the more years that separate Holocaust survivors from the horrors they endured, the less they relive their painful memories. Not so, say the majority of the survivors in Selfhelp’s care. Now in their seventies, eighties and nineties, most of them are no longer consumed with raising families and making a living. Frail, alone and in far too many cases living in impoverished circumstances, they not only are living with their present-day problems, they also often relive the past.

It is therefore understandable why, even though the overall number of survivors is diminishing, each year more than 700 survivors approach Selfhelp for assistance for the very first time. Over the past year, Selfhelp provided care for 5,200 survivors, including enhanced case management, subsidized home care, housekeeping, emergency financial assistance, social programs, guardianship and more.

Creating Community

Isolation is one of the most common issues facing elderly Holocaust survivors. To help combat their loneliness, Selfhelp offers holiday programs and frequent gatherings, known as “Coffee Houses,” where survivors socialize, sing, dance, and share an unspoken understanding.

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Promoting Awareness in Congress

Pictured above: Elihu Kover, VP, Nazi Victim Services, was invited to testify before the United States Senate Special Committee on Aging regarding the critical needs of the country’s 120,000 Holocaust survivors. The hearing, “Aging in Comfort: Assessing the Special Needs of America’s Holocaust Survivors,” represents unprecedented recognition by the U.S. government of the escalating needs of aging survivors.

Vice President Biden recently announced a four-point initiative to aid survivors, which included the appointment of a special envoy to enhance efforts to help survivors living in poverty. In February of 2014, Aviva Sufian assumed this position and has since met with survivors and service providers throughout the country. She has gotten to know Selfhelp’s programs well, through discussions with our Holocaust Survivor Advisory Committee and program directors from our Nazi Victim Services Program, as well as through conversations with individual clients at a Brooklyn Coffee House.
Transmitting History—Passing the Torch

Developed in Israel by JDC-Eshel, Witness Theater is an innovative intergenerational “journey” for Holocaust survivors and high school students.

The students and survivors meet weekly over the course of the academic year with a drama therapist and social worker. During these sessions, the survivors share their life experiences with the students, and the project culminates in an extraordinary performance. The survivors are the narrators, and the students “become” the survivors on stage, re-enacting their wartime experiences. The performance serves as a vehicle for the survivors’ testimony to be heard by many and for the audience to witness the special connections made between the generations.

This year, we have expanded the program to three locations. We are partnering again with Yeshivah of Flatbush, as well as with SAR Academy, and, in collaboration with the JCC in Manhattan, with students from the Trinity School and Heschel High School. Many thanks to UJA-Federation of New York, The Conference on Jewish Material Claims Against Germany and Eugene and Emily Grant for their generous support.

“I am proud that the United States has a legacy of caring for the needs of aging Holocaust survivors. But, we must recognize that the demand for care is still there—and only becoming more challenging.”

Senator Bill Nelson, Chair, U.S. Senate Special Committee on Aging (introducing the hearing at which Selfhelp testified)
A NETWORK OF CARE
NAZI VICTIM SERVICES PROGRAM

“I have been blessed with people who care—a loving family and good friends. Sharon from Selfhelp has been a great help. I attend the Coffee Houses. We all need to get together and talk. We understand each other.”

HENRY MUSAT

Henry Musat, a Holocaust survivor who endured the horrors of Theresienstadt and Auschwitz, has been a client of Selfhelp’s Queens Nazi Victim Services Program since his late wife Inge took ill nearly six years ago. Sharon Finkelstein, a Selfhelp community worker, visited regularly to provide support and assistance during this difficult time. When Inge passed away, Sharon referred Mr. Musat to a bereavement group, helped him access entitlements, and encouraged him to attend Coffee House gatherings when he felt ready to do so. At age 90, Mr. Musat is a lifelong learner and voracious reader and leads an active life. Sharon, who still meets with him regularly, explains, “Mr. Musat has the gift of self-awareness, and his life has purpose and meaning. He is truly thriving.”

Pictured: Selfhelp Community Worker Sharon Finkelstein and Henry Musat
“You’ve empowered me. I was shut-out. I am homebound. You gave me my voice back.”

Jamy Kanas Santoro, Long Island’s first Virtual Senior Center participant

Virtual Senior Center Expands

Selfhelp’s Virtual Senior Center (VSC) promotes health and well-being by connecting isolated homebound seniors to each other, and to educational and cultural experiences. Using a touch screen device, participants attend interactive classes where they develop intimate, face-to-face connections with their peers.

Seniors take part in on-line classes such as current events, nutrition, computer training and arts and culture. They also enjoy virtual trips to museums, concert halls, and other cultural sites.

As participants Jamy, Yetta, Shirley and others have testified (some before the City Council and even the U.S. Senate) Selfhelp’s VSC is transforming their lives. It is now in operation in Baltimore, Chicago, San Diego, and New York City. Our newest installation in Long Island was launched as a result of Selfhelp’s partnership with the Kimmel Housing Development Foundation.

Marty’s Story: The VSC’s Immeasurable Impact

Many stories provide unique insight into the remarkable impact of the VSC on its participants, and their families. This is perhaps best illustrated by Marty, a Chicago resident.

Marty was a fixture in Rabbi Abe’s twice-monthly Jewish History class, and was highly regarded by his peers across the country for his interesting questions and insightful comments. One morning, the class was surprised to see Marty’s girlfriend of 24 years and his son in his stead. In recognition of the deep bonds that he had formed with his fellow VSC members, they announced to the class that Marty had passed away at 5:30 that morning.

Immediately, the class changed. Participants began to share their memories of Marty with each other and his family. Despite being separated in space, they were together at a time of need.

Indeed, the VSC is serving as a powerful connector in ways that are still evolving. In addition to engaging the mind, it has the power to touch the heart and the soul.

Technology and Health

The VSC is one method of providing social care to reduce the isolation of homebound seniors. By keeping their minds active and forming new relationships, many participants have told us that they feel like they have come alive again.

Selfhelp also provides many other technologies that directly and indirectly promote clients’ health. Telehealth kiosks enable seniors with chronic diseases to regularly track their vital signs and analyze their behaviors. Dakim BrainFitness systems provide clients with engaging cognitive exercises to keep their minds active. Heat and motion sensors monitor the safety of clients in their own homes.

Selfhelp’s Innovations Department continues to identify new systems for supporting the physical and emotional health of Selfhelp clients—further deepening and enriching the opportunities to add life to their years.

In 2014, Selfhelp worked with noted researcher Dr. Michael Gusmano to evaluate the effects of using the Virtual Senior Center for six months to a year (depending on the city). A portion of the results are shown above.
“Being homebound meant I had no one to talk to—no one to say nice things to. It was boring and senseless. Along came Selfhelp and my entire life was transformed.”

YETTA ROBERTS

“It’s remarkable for my mother... lifesaving. It’s comforting to know that Mom is engaged, stimulated and not lonely anymore.”

STACEY ROBERTS, YETTA’S DAUGHTER

When a leg condition made it difficult for Yetta Roberts to leave her house, she found herself isolated and unable to pursue her interests. Through Selfhelp’s Virtual Senior Center, she has regained the social connections she values so much. Yetta attends a variety of classes. From her home, she has used the interface to speak to funders and to members of the New York City Council, and is a strong advocate of the program. Says Yetta, “I’m friends with many, many people whom I will never meet in person. If someone is absent for a few days, we want to know why. We care about each other.”

Pictured: Yetta Roberts and daughter Stacey Roberts
OVERVIEW OF PROGRAMS AND SERVICES

NAZI VICTIM SERVICES
The largest program of its kind in North America, Selfhelp offers a full continuum of care for survivors of the Holocaust, including comprehensive case management, financial management/guardianship, social programs, emergency financial assistance, and home care services.

AFFORDABLE SENIOR HOUSING
Selfhelp’s nine affordable apartment buildings offer seniors the opportunity to lead independent lives in a warm and supportive environment. Each dwelling has emergency response systems and closed-circuit TV surveillance in the lobby, and is close to public transportation and Selfhelp senior centers. Residents have access to on-site services, including health and wellness, social work, skilled nursing and home care, all when and if needed.

HOME HEALTH CARE
A leading provider of home health care in the New York City metropolitan area, Selfhelp annually delivers over two million hours of home care to elderly, frail individuals, and families at-risk. Services are designed to maintain independent living and include skilled nursing, assistance with activities of daily living, housekeeping, homemaking and therapeutic care. Selfhelp’s highly regarded training program provides high-caliber education and certification to 350 home health aides each year.

SENIOR CENTERS
Selfhelp’s five senior centers, including one of the first to be designated by the City of New York as an Innovative Senior Center, offer a wide variety of life-enhancing programs such as computer classes, concerts and lectures, health and wellness workshops, as well as nutritious meals for seniors living in the surrounding communities. Three of these senior centers are now key sites for Selfhelp’s expanding Virtual Senior Center.

CASE MANAGEMENT
Selfhelp’s four comprehensive Case Management Programs perform evaluations and coordinate services to help seniors live independently in their own homes. Counseling is offered regarding entitlements and benefits that may be available, such as financial assistance, home delivered meals, and chore services.

SENIOR SOURCE
For adults seeking a portal of entry for all health and other forms of care, Senior Source provides access to a Care Manager 24 hours a day, 7 days a week. A fee-for-service geriatric care management program, Senior Source helps clients and their families navigate the maze of health care and residential options, monitor and support ongoing care, and prepare for future care needs.
ALZHEIMER’S PROGRAMS
The Selfhelp Alzheimer’s Resource Program (SHARP) provides social adult day care, assessment and referral, together with music therapy and other social activities for individuals in the early to mid-stages of Alzheimer’s disease. The program also offers support groups for caregivers.

COMMUNITY GUARDIANSHIP
Selfhelp’s Community Guardian Program serves as court-appointed legal guardian for clients referred by Adult Protective Services (APS), who are over 18 years of age and unable to manage their financial or domestic affairs.

NATURALLY OCCURRING RETIREMENT COMMUNITIES (NORCS)
Selfhelp NORC programs provide senior residents in four large cooperative housing complexes with the supportive services they need to continue living in their own homes. Selfhelp’s on-site services include case management, counseling, health screenings, and social, recreational, and educational programs.

SELFHELP INNOVATIONS
Selfhelp has pioneered a number of technologies aimed at enhancing the quality of later life. From congregate telehealth services to Virtual Senior Center programming, Selfhelp continually seeks new “high-tech, high-touch” models to maintain wellness and to re-engage and energize vulnerable, isolated seniors across New York City as well as nationwide.
## Combined Balance Sheet

**As of June 30, 2014 and 2013**

The accompanying financial statements have been extracted from the accountant’s compilation report issued by Loeb & Troper LLP. The compilation report is available upon request to Selfhelp Community Services, Inc. at 520 Eighth Avenue, New York, NY 10018.

### ASSETS

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<td>Fixed assets - net</td>
<td>$123,600,694</td>
<td>$117,597,818</td>
</tr>
<tr>
<td><strong>Total other assets</strong></td>
<td><strong>143,451,442</strong></td>
<td><strong>135,489,810</strong></td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>$178,071,053</strong></td>
<td><strong>$165,787,552</strong></td>
</tr>
</tbody>
</table>

### LIABILITIES AND NET ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$5,933,284</td>
<td>$5,143,274</td>
</tr>
<tr>
<td>Accrued salaries and related benefits payable</td>
<td>$2,363,769</td>
<td>$2,839,814</td>
</tr>
<tr>
<td>Other Current Liabilities</td>
<td>$6,294,077</td>
<td>$4,079,298</td>
</tr>
<tr>
<td>Loans and mortgages payable</td>
<td>$2,264,563</td>
<td>$3,452,918</td>
</tr>
<tr>
<td><strong>Total current liabilities</strong></td>
<td><strong>16,855,493</strong></td>
<td><strong>15,515,304</strong></td>
</tr>
<tr>
<td><strong>Long-term liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Deferred compensation payable</td>
<td>$1,221,453</td>
<td>$1,289,923</td>
</tr>
<tr>
<td>Other long-term liabilities</td>
<td>$1,111,325</td>
<td>$857,822</td>
</tr>
<tr>
<td>Capital advances</td>
<td>$14,403,600</td>
<td>$14,403,600</td>
</tr>
<tr>
<td>Line of credit, loans and mortgages payable</td>
<td>$53,009,582</td>
<td>$43,966,575</td>
</tr>
<tr>
<td><strong>Total long-term liabilities</strong></td>
<td><strong>69,745,760</strong></td>
<td><strong>60,517,920</strong></td>
</tr>
<tr>
<td><strong>Other liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guardianship assets held in trust</td>
<td>$17,798,777</td>
<td>$16,189,137</td>
</tr>
<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>104,400,030</strong></td>
<td><strong>92,222,361</strong></td>
</tr>
<tr>
<td><strong>Net assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unrestricted</td>
<td>$66,306,221</td>
<td>$70,221,461</td>
</tr>
<tr>
<td>Temporarily restricted</td>
<td>$7,364,802</td>
<td>$3,343,730</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td><strong>73,671,023</strong></td>
<td><strong>73,565,191</strong></td>
</tr>
</tbody>
</table>

**TOTAL LIABILITIES AND NET ASSETS**

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>$178,071,053</strong></td>
<td><strong>$165,787,552</strong></td>
<td><strong>$165,787,552</strong></td>
</tr>
</tbody>
</table>
**Selfhelp Community Services, Inc. and Affiliates**

**Combined Statement of Activities**

*For the years ended June 30, 2014 and 2013*

*These amounts do not include approximately $2.2 million and $1.3 million of contributions and related income earned by the Selfhelp Community Services Foundation in fiscal years ended June 30, 2014 and June 30, 2013, respectively.*

<table>
<thead>
<tr>
<th>TOTALS</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenues, Grants and Contributions</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Home care revenue</td>
<td>$39,360,543</td>
<td>$33,418,409</td>
</tr>
<tr>
<td>Government revenue</td>
<td>9,585,642</td>
<td>9,516,278</td>
</tr>
<tr>
<td>Contributions and program grants</td>
<td>15,543,101*</td>
<td>13,156,051*</td>
</tr>
<tr>
<td>Rental income</td>
<td>11,894,618</td>
<td>10,797,209</td>
</tr>
<tr>
<td>Program revenue</td>
<td>587,086</td>
<td>642,256</td>
</tr>
<tr>
<td>Investment gains</td>
<td>2,701,861</td>
<td>2,057,902</td>
</tr>
<tr>
<td><strong>Total Revenues, Grants and Contributions</strong></td>
<td><strong>79,672,851</strong></td>
<td><strong>69,588,105</strong></td>
</tr>
<tr>
<td><strong>Operating expenses</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Home care programs</td>
<td>36,540,998</td>
<td>30,826,681</td>
</tr>
<tr>
<td>Housing programs</td>
<td>5,704,897</td>
<td>4,693,811</td>
</tr>
<tr>
<td>Community programs</td>
<td>19,503,856</td>
<td>19,481,078</td>
</tr>
<tr>
<td>Management and general</td>
<td>11,376,179</td>
<td>11,850,271</td>
</tr>
<tr>
<td>Fund raising</td>
<td>964,906</td>
<td>984,544</td>
</tr>
<tr>
<td><strong>Total operating expenses</strong></td>
<td><strong>74,090,836</strong></td>
<td><strong>67,836,385</strong></td>
</tr>
<tr>
<td>Income from operations before depreciation and amortization and other changes</td>
<td>5,582,015</td>
<td>1,751,720</td>
</tr>
<tr>
<td>Depreciation and amortization</td>
<td>(4,595,639)</td>
<td>(3,796,505)</td>
</tr>
<tr>
<td><strong>Income (loss) from operations before other changes</strong></td>
<td>986,376</td>
<td>(2,044,785)</td>
</tr>
<tr>
<td><strong>Other changes</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Equity contribution</td>
<td>1,608,854</td>
<td>550,000</td>
</tr>
<tr>
<td>Prior year revenue adjustments</td>
<td>(1,221,037)</td>
<td></td>
</tr>
<tr>
<td>Reserve for investment in Joint Venture</td>
<td>(1,776,053)</td>
<td></td>
</tr>
<tr>
<td>Inclusion of previously uncombined net assets</td>
<td>507,692</td>
<td>6,806,834</td>
</tr>
<tr>
<td><strong>Change in net assets</strong></td>
<td>105,832</td>
<td>5,312,049</td>
</tr>
<tr>
<td><strong>Net assets - beginning of year</strong></td>
<td>73,565,191</td>
<td>68,253,142</td>
</tr>
<tr>
<td><strong>Net assets - end of year</strong></td>
<td><strong>$73,671,023</strong></td>
<td><strong>$73,565,191</strong></td>
</tr>
</tbody>
</table>
Balance Sheet
As of June 30, 2014 and 2013

The accompanying financial statements have been extracted from the accountant’s audit report issued by Loeb & Troper LLP. The audit report is available upon request to Selfhelp Community Services, Inc. at 520 Eighth Avenue, New York, NY 10018.

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash</td>
<td>$584,488</td>
<td>$534,905</td>
</tr>
<tr>
<td>Investments</td>
<td>5,335,304</td>
<td>5,238,169</td>
</tr>
<tr>
<td>Contributions receivable</td>
<td>342,542</td>
<td>612,542</td>
</tr>
<tr>
<td>Prepaid expenses</td>
<td>17,833</td>
<td></td>
</tr>
<tr>
<td>Due from Selfhelp Community Services, Inc.</td>
<td>271,541</td>
<td>26,617</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>$6,551,708</strong></td>
<td><strong>$6,412,233</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIABILITIES AND NET ASSETS</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liabilities</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$14,685</td>
<td>$6,000</td>
</tr>
<tr>
<td>Net assets</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unrestricted</td>
<td>712,408</td>
<td>81,544</td>
</tr>
<tr>
<td>Temporarily restricted</td>
<td>5,824,615</td>
<td>6,324,689</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td><strong>6,537,023</strong></td>
<td><strong>6,406,233</strong></td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td><strong>$6,551,708</strong></td>
<td><strong>$6,412,233</strong></td>
</tr>
</tbody>
</table>
## Selfhelp Community Services Foundation Inc.
D/B/A SCS Foundation

### Statement of Activities

**For the years ended June 30, 2014 and 2013**

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenues and other support</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contributions</td>
<td>$74,284</td>
<td>$546,469</td>
</tr>
<tr>
<td>Special Event Revenue</td>
<td>1,199,528</td>
<td></td>
</tr>
<tr>
<td>Investment gains</td>
<td>883,378</td>
<td>736,381</td>
</tr>
<tr>
<td><strong>Total revenues, investment gains and other support</strong></td>
<td>2,157,190</td>
<td>1,282,850</td>
</tr>
<tr>
<td><strong>Expenses</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services</td>
<td>1,739,883</td>
<td>996,802</td>
</tr>
<tr>
<td>Management and general</td>
<td>32,623</td>
<td>50,095</td>
</tr>
<tr>
<td>Fund raising</td>
<td>68,718</td>
<td>12,136</td>
</tr>
<tr>
<td>Direct cost of special events</td>
<td>185,176</td>
<td></td>
</tr>
<tr>
<td><strong>Total expenses</strong></td>
<td>2,026,400</td>
<td>459,033</td>
</tr>
<tr>
<td><strong>Change in net assets</strong></td>
<td>130,790</td>
<td>823,817</td>
</tr>
<tr>
<td><strong>Net assets - beginning of year</strong></td>
<td>6,406,233</td>
<td>5,582,416</td>
</tr>
<tr>
<td><strong>NET ASSETS - END OF YEAR</strong></td>
<td>$6,537,023</td>
<td>$6,406,233</td>
</tr>
</tbody>
</table>
LIFELINE OF HOPE GALA: A RESOUNDING SUCCESS

Our 2014 Gala was an historic event for Selfhelp, with numbers that exceeded all expectations. Over 600 guests enjoyed a spectacular evening at Pier Sixty, Chelsea Piers and close to $1.3 million was committed by new friends and long-time supporters. The Gala paid tribute to three exceptional honorees: Matthew A. Cantor, recipient of Selfhelp’s Caring for Generations Award; Rose Scharf, who received the inaugural Fran Eizenstat Legacy Award; and Ilse Melamid, who was presented with a well-deserved special tribute.

Many thanks to Ambassador Stuart E. Eizenstat, and Consul General Busso von Alvensleben, Honorary Gala Chairs; Donald Mullen and James Zelter, Gala Co-Chairs; and Debrah Lee Charatan, Gala Committee Chair. We also add a heartfelt thank you to Mistress of Ceremonies Diana Williams of WABC-TV News, who added greatly to the festivities.

On Wednesday, March 5th, a Kick-Off Cocktail reception was held at the home of the von Alvenslebens at 740 Park Avenue.

The room was filled to capacity with over 70 people, many of them new friends who attended on behalf of our honorees.

Consul General von Alvensleben spoke glowingly about Selfhelp – an organization with which he was not familiar until he attended the Defiant Requiem concert in April 2013. Other speakers included Raymond V.J. Schrag, President of the Board; Matthew Cantor, our Gala honoree; and Debrah Lee Charatan, Vice-Chair of the SCS Foundation Board and Gala Committee Chair.

IN RECOGNITION

We are delighted to announce that a new donor wall has been installed in Selfhelp’s Central Office reception area to recognize those who have dedicated programs, buildings or rooms at Selfhelp.

The plaque reads as follows:
Sincerest appreciation to our generous supporters who have aligned their good names with Selfhelp’s. We are deeply grateful.

The following named programs are recognized:

- Henny and Friedrich Brodmitz Case Management Program
- Charlotte’s Club – Shelley and Steven Einhorn
- The Dr. Frederick Coleman Virtual Music Program
- Shelley & Steven Einhorn Coffee House Music Fund
- The Fran Eizenstat Legacy Project
- Guthery Institute for Home Care Training
- The Renée Herman Leadership Continuity Fund
- The Kohn-Melamid Center for Holocaust Survivor Services
- Martin Lande House
- Henry J. and Erna D. Leir Center for Holocaust Survivors
- K. Fred Netter Board Room
- The Grace Nierenberg Life Enhancement Fund for Seniors
- Frederick P. Rose Arts & Technology Room
- Frederick P. Rose Library
- Abraham Scharf Centers for Holocaust Survivor Services (Manhattan and Nassau County)
- Scheuer House of Bayside
- Helen R. Scheuer House
- Scheuer House of Flushing
- The Sondheimer Family Campus
- Harry and Jeanette Weinberg Apartments
- Harry and Jeanette Weinberg Campus
- Harry and Jeanette Weinberg House
- Alfred Wyler Auditorium
DEDICATION OF SELFHELP’S HOLOCAUST SURVIVOR PROGRAMS

In recognition of the exceptional generosity of the Scharf family and Ilse Melamid, Selfhelp was privileged to recently dedicate three of its Holocaust survivor programs.

We are pleased to announce that our Manhattan and Nassau County programs now bear the name The Abraham Scharf Center for Holocaust Survivor Services. A Holocaust survivor and the patriarch of the Scharf family, Mr. Scharf cared deeply about those in need. We are deeply grateful to Rose, Richard, Dana, Martin and Melodie for their extraordinary kindness.

Our Washington Heights program is now named The Kohn-Melamid Center for Holocaust Survivor Services in honor of the Kohn and Melamid families. Ilse Melamid was on the last Kindertransport to England and sadly lost her immediate family in the Holocaust. The Kohn family, who originally settled in Washington Heights, were instrumental in Ilse’s immigration to the United States.

Together with the Henry J. and Erna D. Leir Center for Holocaust Survivors, located in Brooklyn, these three new named programs bring the total to four Holocaust survivor programs that honor our donors’ history and generosity. All of these programs provide vitally needed services to Holocaust survivors including enhanced case management, chore service/housekeeping, subsidized home health care, social programs, emergency financial assistance, financial management, guardianship and volunteer assistance. They will continue to fulfill the sacred promise made by Selfhelp’s founders: to serve as the last surviving relative to victims of Nazi persecution.

SELFHELP NEXTGEN ON THE MOVE

Selfhelp NextGen is a group of young professionals who are deeply involved in Selfhelp’s programs and services. Through outreach, education, volunteerism and fundraising, Selfhelp NextGen members advance Selfhelp’s mission of maintaining the independence and dignity of seniors and at-risk populations, with a particular focus on assisting the last generation of Holocaust survivors.

NextGen’s activities over the past year included hosting intergenerational holiday brunches for Holocaust survivors; a screening of the film “Four Seasons Lodge” with a Q&A with the film’s producer; and raising critical emergency financial assistance for survivors in need through Project Hope, an online interactive social media campaign. NextGen members also helped to engage volunteers from their places of employment, such as a Goldman Sachs Community Teamworks project which brought an International Food Festival to residents of Selfhelp’s Martin Lande House.

Plans for the upcoming year include: a Chanukah and Purim Brunch for Holocaust survivors, a film screening pertaining to Defiant Requiem, and a Cocktail Benefit.
Founders Society

Selfhelp’s Founders Society recognizes our generous friends and partners who have supported us with cumulative donations of $25,000 or more.* From our earliest days, Selfhelp has been blessed by the involvement of scores of individuals committed to our mission.

We offer our deepest appreciation to our Founders – both present and those no longer with us – who have helped to make Selfhelp Community Services the vital organization it is today.

*Bequests are not included in this listing.
Providing Support

Deepest thanks to our Supporters for the Fiscal Year 2014 (July 1, 2013 - June 30, 2014)

Key:
Selfhelp Board Member *
SCS Foundation Trustee ◊
Honorary Life Member *
Deceased ‡

Selfhelp is a grateful recipient of major annual support from:

Pillar - $5,000,000 and Over

Conference on Jewish Material Claims Against Germany
Conference on Jewish Material Claims Against Germany for Programs Benefiting Jewish Nazi Victims
Conference on Jewish Material Claims Against Germany for an Austrian Holocaust Survivor Emergency Assistance Program
Conference on Jewish Material Claims Against Germany for the Emergency Assistance Program for Nazi Victims at the direction of the United States District Court supervising the lawsuit In Re: Holocaust Victim Assets Litigation (Swiss Banks)
Conference on Jewish Material Claims Against Germany for the International Commission on Holocaust Era Insurance Claims Funds from the Harry and Jeanette Weinberg Holocaust Survivor Emergency Assistance Fund, administered by the Conference on Jewish Material Claims Against Germany for the benefit of needy Jewish Nazi victims
Funds from the Rabbi Israel Miller Fund for Shoah Research, Documentation and Education of the Conference on Jewish Material Claims Against Germany
Conference on Jewish Material Claims Against Germany, Hungarian Government Fund

Benefactor-$1,000,000 and Over

Ilse Melamid
The Price Family Foundation, Inc.

UJA-Federation of New York
Bi-Annual Lecture for Professionals Working with Holocaust Survivors
Big Six Towers NORC-Jeanette Solomon Cultural Arts Program

Selfhelp also receives major funding from:

Nassau County Department of Social Services
New York City Administration for Children’s Services Adult Protective Services Department for the Aging Department of Health HIV/AIDS Services Administration Department of Housing, Preservation and Development Housing Authority Housing Development Corporation Human Resources Administration Borough Presidents Members of the City Council New York State Department of Health Homes and Community Renewal Office for the Aging
Office of Temporary & Disability Assistance

U.S. Centers for Medicare & Medicaid Services

Visionary - $500,000 and Over

Dana Golding and Richard Schart* Bernice Manocherian Melodie and Martin Scharf

Sustainer - $100,000 and Over

Anonymous

Consumer Electronics Association Foundation

Eugene and Emily Grant

The Leir Charitable Foundations, Inc.

Large Grants Program of the Unitarian Universalist Congregation at Shelter Rock in Manhasset, NY

Robin Hood Foundation

Patron - $50,000 and Over

Phylis and Michael Bamberger†

Kimberly and Matthew A. Cantor†* Debra Lee Charatan* and Steven I. Holm Michele and Jeffrey S. Jacob†* JPMorgan Chase Foundation

FJCA Foundation of Philanthropic Funds

Peter Kaufmann

Karim Shewer Krugman* and Michael Krugman

Courtney and Paul Levinsohn* Maspeth Federal Savings

Don Mullen and Nisha Warfield

Andrew Romay

The Judith C. White Foundation, Inc.

Founder - $25,000 and Over

Anonymous

Edith C. Blum Foundation, Inc.

Muriel and Bert Brodsky†

Miriam and Arthur Diamond Charitable Trust

Erica Harold

Jewish Philanthropic Fund of 1933, Inc.

Jonah Mandelbaum

Selma T. & Jacques H. Mitrani Foundation

The Irving I. Moskowitz Foundation

The Netter Foundation

Newmark Grubb Knight Frank & the Gural/Steinwurtzel* Families

Cathy Scohen and Lawrence Zacharias

Otto and Frank Walter Foundation

Weil Gotshal & Manges LLP

Vivian and Jim Zeiter

Beth and Joshua Mermelstein†

Miller Mayer, LLP

National Fund of the Republic of Austria for Victims of National Socialism

New York City Regional Center

New York City Manhattan

Paul, Weiss, Rifkind, Wharton & Garrison LLP

Quinn Emanuel Urquhart & Sullivan, LLP

Sandra Priest Rose†

Robert H. Scheibe

Raymond V.J. Schrag †* Family Fund

Seed the Dream Foundation

Shellpoint Partners LLC

Leonard Stern

The Philip & Lynn Strauss Foundation

Carol and Steven G. Tepper† TF Cornerstone

Togut, Segal & Segal LLP

Gerda Wassermann

WeiserMazura LLC

Ken Werner and Noreen Bagley

The Will Family Foundation

Wollmuth Maher & Deutsch LLP

Neil and Victor A. Wylery†

Anonymous (2)

Andrew W. Albstein/ Goldberg Weprin Finkel Goldstein LLP

Alvarez & Marsal

Arnold and S. Bleichroeder Holdings, Inc.

Brown Rudnick LLP

Capital One Bank

Centennial Foundation

Citi

Curtis, Mallet-Prevost, Colt & Mosle LLP

Douglas Elliman Property Management

Sheflely and Stewart Steinborn

Stuart E. Eizenstat

Enterprise Community Partners

Friends of Lehman Brothers

Lotte and Max Heine Philanthropic Fund

Fanya Gottesfeld Heller and Ben Heller

Ira J. Meltzer and Jennifer Meltzer

J.T. Tai & Co. Foundation, Inc.

Karen and Peter Jakies† Jones Day

Rosemary and Stuart C. Kaplan†

Laurie Kayden Foundation

Kirkland & Ellis

C.L.C. Kramer Foundation, Inc.

Seryl and Charles Kushner Family Foundation

Carol* and Jerry Levin

Nadine and Peter Levy

Levy Holm Pellegrino & Drauth LLP

Loeb & Troper

Long Island Community Foundation

Helen and Rita Lurie Foundation

Manhasset Community Fund

GreenTree Good Neighbor Fund

Grant Program

Ralph Marash†

Isabel Marcal and Thomas H. Roche‡

David J. and Bobbie Marks Family Fund

Virginia McGuire Foundation

David Hirmelberg Foundation

Houlihan Lokey

Cathie Hull & Neil Janovic Family Fund

Roger H. Hull

The Hyde and Watson Foundation

Katsky Korins LLP

King & Spalding

Andrea Kepetan-Falek

Mr. and Mrs. John Lang

Lettere Construction Corp.

Theodora Marten

Wendy and Barry Meyer

MountCo Construction and Development Corp.

Judi and Alfred Netter† George L. Olsen

Orange Capital, LLC

David Pauker

Jennifer and Barry Price

Emily and Peter Samton

Susan R. Schulman

Elizabeth and Robert Sheehan

Glen E. Siegel, Esq.

Sheryl Silverstein* and Edwin Ginsberg

Jair-Mel Sloane

Barbara R. Sobernheim†

Stawski Partners

Jeff Swartz

Mr. and Mrs. Thomas Wagner

Hans Wertheimer

Willie Farr and Gallagher

Andrew Wilson

Pacesetter - $1,000 and Over

Anonymous

Sandra & Joshua Abrams

Hillary Agin and Jonathan Summer

Arel Capital

Allan B. Arker

Blanche and Sol Arker

Richard Aronson and Joyce Kirschner

Cindy and Leo Asen

Asian American Federation

Aliza Avtai-Caplan

Judith and Kenneth Balkin

Renee and Richard A. Barasch

John and Staci Barber

Edvard L. Barlow and Frances Hill Barlow

(Maryanne Barranco‡) and Kevin Byrne

Beverly and Daniel Bartfeld

Renee Baruch

Martin Baskin and Jacque Kennedy

Anna Bass

Susan Baumel-Cornicello and Anthony Cornicello

Benchmark Title Agency, LLC

Leo H. Bendit Charitable Foundation

Frances and Benjamin Benenson Foundation, Inc.

Phylis and Martin Berman

Big Apple Car, Inc.

Lon Binholz

Nancy and Robert S. Blank

Eleanor and George Bollag

Barbara Slade Bolsterli

Lynda and Benjamin Braffman

Karen Brenner and Robert Stein

The Broder Foundation

Lori and Susan Buchbinder

Cadyalader, Wickersham & Taft LLP

I. Hsi and Sue Chen

Eunu Chun

Ilona and Michael Cohen

Barbara and Bertram Cohn

Marilyn F. Cooperman

CPEX Real Estate Services

Crystal & Company

Dattner Architects

Elisabeth de Picciotto

Lois Deutsch

Deutsche Telekom, Inc.

Dennis Dunne

Mr. and Mrs. Walter A. Eberstadt‡ Florence and Michael Edelstein

Edward Angell Palmer & Dodge LLP

Susan Erlich

Family Management Corporation

Charles D. Farber Memorial Foundation Inc.

Helene and Ziel Feldman

Matthew A. Feldman

The Feuering Foundation

Lori and Mark Fife

Mr. and Mrs. Alan Fisher

Janie and Robert Fisher

Nancy Fisher and Marc S. Kirschner

Steven Flores

Hilda U. Forchheimer

Fraternal Order of Bendersosnowicki Philanthropic Fund

Eugene Friedlander Foundation

Lucy and William Friedman

Judith Garson and Steven Rappaport

Tracie Golding Gerson and Brian Gerson

Helen Gidali

GLMI

Francesca and Scott Goldenberg

The William P. Goldman and Brothers Foundation, Inc.

Herman C. Goldsmith

Katherine and Clifford H. Goldsmith

The Fran Eizenstat Legacy Project

(formerly Project Legacy)

The Fran Eizenstat Legacy Project was created to ensure the necessary funding to care for the last generation of Holocaust survivors—specifically those who are frail, alone, and, in many cases, impoverished. A brainchild of Co-Chairs Dennis Baum and Karin Shewer Krugman, the Legacy Committee is composed mainly of those who, because of their family background or personal interest, share a passion to help Holocaust survivors in need.

We gratefully acknowledge the efforts of Honorary Chairman Ambassador Stuart Eizenstat and our committee members, each of whom are deeply committed to ensuring that survivors live with the dignity they rightfully deserve. For information about joining the committee, please email ideutsch@selfhelp.net.
SELFHELP NEXTGEN

Selfhelp NextGen is a dynamic group of young professionals from the New York City area deeply committed to Selfhelp’s mission of maintaining the independence and dignity of seniors and at-risk populations. The group maintains a special focus on enhancing the lives of Holocaust survivors, and seeks to ensure that the promise made by our founders, to serve as the “last surviving relative” to victims of Nazi persecution, is fulfilled. Since its inception in 2010, Selfhelp NextGen has organized volunteer projects, film screenings, and outreach events in an effort to educate their peers regarding the needs of some of the most vulnerable members of our community. To get involved or learn more, visit www.selfhelp.net/selfhelp-nextgen or email mbelle@selfhelp.net.
CONFERENCE ON JEWISH MATERIAL CLAIMS AGAINST GERMANY

Selfhelp and the Claims Conference share a collaborative history dating back more than five decades. The Claims Conference has played the essential role in enabling Selfhelp to grow its services to meet the increasing needs of victims of Nazi persecution, throughout the New York metropolitan area. With invaluable Claims Conference funding, Selfhelp has expanded the size and scope of its Nazi victim services network. This funding has been instrumental in Selfhelp’s ability to offer services in Brooklyn, the Bronx, and Nassau County and in broadening services in Manhattan and Queens. Programs such as emergency cash assistance and subsidized home care have helped thousands of Nazi victims live with dignity. On behalf of those we serve, we are ever grateful for such critical funding, which helps provide this aging and fragile population with the care they so rightfully deserve.

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We salute our many Community Partners who, through working together, enable Selfhelp to fulfill its commitment to the thousands of New Yorkers who rely on us for care.

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An affiliate agency of UJA-Federation of New York since 1983, Selfhelp Community Services has been the recipient of generous core funding and program grants as well as a multitude of essential organizational services. Just as importantly, the warm partnership that Selfhelp enjoys with our colleagues at UJA-Federation has offered us entrée to their network of relationships throughout the New York City community. We are exceptionally grateful for initiatives that have enabled us to leverage UJA support, such as the New York Times Neediest Campaign, advocacy work with government agencies, and introductions to individuals and foundations. We are proud to once again co-sponsor Defiant Requiem: Verdi at Terezín and to be a primary beneficiary of this event. We take this opportunity to publicly thank UJA-Federation of New York for their ongoing support and commitment to Selfhelp Community Services.
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<td>Young Israel of Pelham Parkway</td>
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<td>Zucker Hillside Hospital</td>
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CONTACT US

NAZI VICTIM SERVICES

PROGRAM

Bronx
718-239-3177
990 Pelham Parkway South, Bronx 10461
Amy Newman, Program Director

Brooklyn
Midwood
718-646-7500
1523 Avenue M, Brooklyn 11230
Sharon Wang, Program Director

Kensington
Henry J. and Erna D. Leir Center for Holocaust Survivors
Henny and Friedrich Brodnitz Case Management Program
39 Church Avenue, Brooklyn 11218
Mariam Khachtryan, Program Director

Russian Nazi Victim Program

Mariam Khachtryan,
Brooklyn 11218
419 Church Avenue,
718-633-1300
Case Management Program

MANAGEMENT PROGRAMS

Washington Heights
The Kohn-Melamid Center for Holocaust Survivor Services
212-781-7200
620 Fort Washington Avenue,
New York 10040
Ron Miller, Program Director

Financial Management Unit/ Guardianship
212-971-5475
520 Eighth Avenue, 5th Floor,
New York 10018
Ruth Rosado, Program Director

HOUSING

For housing applications, please call 718-886-1412.
For other inquiries, please call Mohini Mishra, Programs Director at 718-762-6803.

Helen R. Scheuer House
45-25 Kissena Boulevard,
Flushing 11355

Martin Lande House
137-47 45th Avenue,
Flushing 11355

Scheuer House of Bayside
208-11 26th Avenue,
Bayside 11360

Scheuer House of Flushing
138-52 Elder Avenue,
Flushing 11355

Harry and Jeanette Weinberg House
140-16 45th Avenue,
Flushing 11355

Harry and Jeanette Weinberg Apartments
45-35 Kissena Boulevard,
Flushing 11355

Selfhelp K-VII Associates LLC
137-39 45th Avenue,
Flushing 11355

Apex I Senior Citizens Housing
498 Union Avenue,
Westbury 11590

Apex II Workforce Family Housing
512 Union Avenue,
Westbury 11590

NATURALLY OCCURRING RETIREMENT COMMUNITIES (NORCS)

Big Six Towers NORC Program
718-966-6589
59-55 47th Avenue,
Woodside 11377
Brooke Samuelson, Program Director

Fresh Meadows NORC Program
718-454-6286
67-00 192nd Street,
Fresh Meadows 11365
Rose Aniano, Senior Programs Director

Northridge/Brulene/Southridge NORC Program
718-296-5425
34-10 99th Street,
Jackson Heights 11372
Rose Aniano, Senior Programs Director

Queensview/North Queensview NORC Program
718-278-4148
33-34 Crescent Street,
Long Island City 11106
Donna DeCiello, Program Director

SENIOR CENTERS

Austin Street Senior Center
718-520-8197
106-06 Queens Boulevard,
Forest Hills 11375
Marina Laddàn, Acting Director

Benjamin Rosenthal-Prince Street Innovative Senior Center
718-888-5777
45-25 Kissena Boulevard,
Flushing 11355
Jinhsheng Qiu, Program Director

Clearview Senior Center
718-224-7888
208-11 26th Avenue,
Bayside 11360
Erin Brennan, Senior Programs Director

Latimer Gardens Senior Center
718-961-3660
34-20 137th Street,
Flushing 11354
Cheryl Gersh, Program Director

Maspeth Senior Center
718-429-3636
69-61 Grand Avenue,
Maspeth 11378
Maria Dixon, Program Director

HOME CARE

Homemaking Program
212-971-5480

Housekeeping Program
212-971-7613

HOME CARE TRANSITIONS PROGRAM:
718-859-4465
45-25 Kissena Boulevard,
Flushing 11355

Long Island Licensed Home Care Services Agency (LHCSA)
516-505-2571

New York City Licensed Home Care Services Agency (LHCSA)
212-971-7697

Long Island Licensed Home Care Services Agency (LHCSA)
516-505-2571

New York City Licensed Home Care Services Agency (LHCSA)
212-971-7697

HOME CARE INTAKE:
Certified Home Health Agency (CHHA)
212-971-8471

LONG ISLAND LICENSED HOME CARE SERVICES

Selfhelp Alzheimer’s Resource Program (SHARP)
718-631-1886
520 Eighth Avenue,
Bayside 11360
Erin Brennan,
Senior Programs Director

Senior Source
212-971-7772
520 Eighth Avenue, 5th Floor,
New York 10018
Angela Williams,
Senior Source Manager

CASE MANAGEMENT PROGRAMS

Project Pilot
212-787-8106
520 Eighth Avenue, 18th Floor,
New York 10024
Eli Brett, Program Director

Selfhelp Safety Net
718-633-1300
419 Church Avenue,
Brooklyn 11218
Lauren Hecht, Program Coordinator

SELFHELP INNOVATIONS

212-971-7708
520 Eighth Avenue, 5th Floor,
New York 10018
David Oring,
Executive Director
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