Throughout New York, older adults, homebound individuals, and families at risk, rely upon Selfhelp to meet their needs for home health care, Nazi victim services, affordable senior housing, and social service support.

This program directory contains contact information for all of the Selfhelp services that are available to assist you and your family. To detach the directory, tear along the perforated edge and fold along the indicated line.
Dear Friends:

Our 75th Anniversary year has been a whirlwind of celebration and achievement. Major events this year included an international conference for professionals working with Holocaust survivors, the groundbreaking of our seventh affordable residence, and an outstanding Gala which brought together new and time-honored friends to pay tribute to Selfhelp's enduring commitment to victims of Nazi persecution.

Just as significant as the public events have been the 75th Anniversary festivities held at each of our 23 community-based sites throughout the boroughs and Long Island. From a dinner highlighting residents' artwork, to a tree planting, to a concert featuring music from different decades, clients, staff, residents and families found heartwarming ways to commemorate this landmark year.

Indeed, we have marked this momentous milestone in true Selfhelp spirit—recognizing our past achievements while also looking forward to ensure that those we serve continue to receive the highest level of care.

Showcased in these pages are examples of Selfhelp's trailblazing work this past year, including:

- Breaking ground on our seventh affordable housing residence, the first technology-enabled senior apartment building of its kind.
- The remarkable growth of our Virtual Senior Center, enriching the lives of homebound seniors through interactive programs, including world-renowned museums.
- New, cutting-edge programming at our Benjamin Rosenthal-Prince Street Senior Center which merited designation as one of the city's first Innovative Senior Centers, a prestigious grant award.

We extend our deepest thanks to you—our donors, friends and volunteers—and salute you for your strong support throughout the years. With your partnership, Selfhelp will continue to lead the way, offering new models of service to those in need.

Most sincerely,

[Signature]

Victor A. Wyler
President, Board of Directors

Ernest L. Bial
Chairman, SCS Foundation

Stuart C. Kaplan
Chief Executive Officer
Building the Future of Affordable Housing for Seniors

Seventh Residence Underway

A trailblazer in the world of Housing with Services

For nearly half a century, Selfhelp Community Services has been a leader in providing affordable Housing with Services—a concept that has, of late, gained national attention in the health care arena. With supportive services available as needed, this housing model enables seniors to live independently without the skyrocketing costs associated with many other senior living arrangements.

In 1964, Selfhelp was the first not-for-profit organization in New York City to realize a senior rental residence under the state’s Mitchell Lama program. Today, Selfhelp enables 1,075 aging individuals to live independently at six service-driven affordable senior complexes, with a seventh planned to open in early 2013. Available services include home health care, medication management, housekeeping, mental health counseling and visits from a community nurse. Wellness and disease prevention programs are offered on a regular basis. Residents may also receive congregate meals at the nearby Selfhelp senior center. The buildings also offer innovative aging services technology programs. Most noteworthy is the fact that less than 2% of Selfhelp’s housing residents require transfer to nursing homes each year.

Creating a blueprint for the future: A Technology-Advanced Senior Residence

Selfhelp’s seventh residence will elevate our long standing tradition of exceptional Housing with Services to new heights. The new building—the first Technology-Enabled Senior Apartment Building of its kind—will use novel technologies to enhance residents’ health, safety, memory and social connections. Each apartment will be equipped with a touch screen computer and access to Selfhelp’s acclaimed Virtual Senior Center. A sensor network will be available to all residents, which will maintain their safety by monitoring activities of daily living. Other technologies will include a telehealth kiosk for residents to measure and record their vital signs, “brain fitness” software to stimulate cognitive abilities and a Cyber Classroom with a “SmartTV” to facilitate interactive programming. The building will include several green features promoting healthier and more energy-efficient living, from construction materials to waste management plans. Fourteen stories high, with 92 apartments, the building will house over 100 seniors and will include dedicated space for related community services.

Creating communities of care

Participation on a tenants council, enjoying a holiday celebration, computer class or gardening club are but a few examples of what makes life active and vibrant for residents of Selfhelp’s housing. Each building is situated on a campus, adjacent to a thriving Selfhelp senior center. A social worker is on hand in each building, available to help with information and referral or to assist residents as needed.

On its way up from ground-breaking to the 14th floor, occupancy in our seventh residence is expected in January 2013.

Catherine Verzi, a resident of Selfhelp’s Scheuer House of Bayside, enjoys her home and the ease of living able to meet up with friends at the Coffee Shop, conveniently located on the ground floor of the building.

Catherine Verzi, a resident of Selfhelp’s Scheuer House of Bayside, enjoys her home and the ease of being able to meet up with friends at the Coffee Shop, conveniently located on the ground floor of the building.
Described by those who know her as “elegant, smart and attractive,” Tilda Strolovitz resides at Selfhelp’s Martin Lande House where she serves as the Tenants Council Treasurer. She takes advantage of the many programs and services available to her, such as the heat and motion sensors in her apartment which help promote her safety and wellness, and Selfhelp’s Queens North Case Management program. Mrs. Strolovitz is also a regular participant at Selfhelp’s nearby Benjamin Rosenthal-Prince Street Senior Center, where she goes to play mah jongg and socialize with friends.

Zisya Berger and his wife, Mariya, have been clients of Selfhelp’s Kensington Nazi Victim program since 2009. Survivors, respectively, of the Kriehopol and Bershad Ghettos during WWII, they receive help from Selfhelp translating and completing governmental forms, which as native Russian speakers, are hard for them to understand. Their social worker also made arrangements for them to receive Access-A-Ride because it is a struggle for them to take public transportation. In addition to helping them with every day activities, Access-A-Ride has enabled them to attend Brooklyn’s annual Valentine’s Day Celebration for couples married more than 50 years.
Showcasing Excellence
Transforming the Way Policy Leaders Around the World View Senior Care

Sharing best practices with visitors from near and far
Selfhelp’s new models of service have attracted attention from the international aging community. Delegations from as far as Australia frequently visit Selfhelp sites to observe our work in the areas of Aging Services Technology, Housing with Services, and specialized care for Holocaust survivors. Additionally, we are often asked to present our work at national and international conferences. Recently, we have hosted visitors from the following countries:

**AUSTRALIA**
- SAGE Australian Delegation
- Partnership between Aged Care Association Australia, Aged and Community Services Australia and Retirement Villages Association Australia
- Anglian Retirement Villages, New South Wales

**CANADA**
- Government of Alberta
  - Honourable Mary Anne Jakowiak, Minister of Seniors and Community Support

**FRANCE**
- French Ministry of Aging Delegation
- Mme. Roselyne Bachelot, Minister for Solidarities and Social Inclusion

**ISRAEL**
- JDC—Emet Delegation
  - Joint Distribution Committee
  - The Association for the Planning and Development of Services for the Aged in Israel
  - Dr. Yitzchak Brick, Director General
  - Shaare Medical Center-Jerusalem
  - Professor Mordechai Shani, MD

**IRELAND**
- Northern Ireland Housing Executives
- Belfast

**JAPAN**
- Toyo University School of Social Welfare

**France**
- Presenting on mental health issues at a plenary session.

Leveraging Expertise
Rallying the World’s Best Minds Around Changing Needs

Hosting the most comprehensive symposium of its kind:
Selfhelp’s fourth International Conference for Professionals Working with Holocaust Survivors

At the heart of our work is Selfhelp’s steadfast commitment to our historic constituency, victims of Nazi persecution, and today we provide care to over 5,300 survivors.

As the needs of this population become more complex, advanced training for those providing services is vital.

The difficulties of aging are often exacerbated in Holocaust survivors. Prolonged periods of starvation and exposure to unspeakable atrocities take their toll on both body and mind. And as they lose friends and loved ones with whom they share a past, survivors often experience the resurfacing of emotional trauma related to losses encountered during the war.

This past March, in partnership with UJA-Federation of New York and the Claims Conference, Selfhelp hosted its fourth International Conference. Over 300 attendees from throughout the United States, Canada, Israel, Germany and Brazil, joined together for two days to learn from prominent experts and participate in 23 diverse workshops and panel discussions. Presentation topics included: Transcending Trauma - Survival and Resilience; Child Holocaust Survivors - Elderly Children Growing Older; Spiritual Care for Holocaust Survivors, and Survivor Benefits and Compensation.

The conference served as a learning laboratory and provided participants the tools they need to better serve the growing needs of this unique population.
You might not know it from looking at the photographs but Adela and David Schreiber have experienced terrible suffering. Born in Romania, they endured living in hiding, ghettos, and concentration camps during the Holocaust. Today, they are grateful for every day they have together and without children in the area they appreciate the support system they have found at Selfhelp. Whether it is the help they get accessing government benefits, housekeeping services, or looking forward to their lively monthly Coffee House gatherings, for the Schreibers, Selfhelp is like extended family.

An active resident of Selfhelp’s Scheuer House of Bayside since 2008, Chang Hsuch Yi is known among her neighbors as a member of the Tenants Council, a volunteer at the in-house Coffee Shop, and someone they can turn to, to help translate Chinese to English. Excited by the recent addition of the Telehealth kiosk in the library, Ms. Yi now also volunteers her time to teach fellow residents, and members of the adjoining Selfhelp Clearview Senior Center, how to use the new equipment. Also pictured is Telehealth nurse Brenda Gaines.
Virtual Senior Center expands in depth and breadth

In March 2010, Selfhelp launched the Virtual Senior Center (VSC), an innovative project made possible through a public-private partnership between Selfhelp, Microsoft, the NYC Department for the Aging and the NYC Department of Information Technology and Telecommunications. The VSC enhances the lives of homebound seniors by using computer, video and Internet technology—in the seniors’ homes and at their local senior center—to create an interactive experience that reduces social isolation, promotes wellness, and provides better access to community services.

Bringing the museum into the living room

Building upon the original concept, Selfhelp has introduced new partnerships to enliven the Virtual Senior Center even further. Today, our VSC is buzzing with innovative collaborations—making it possible for Selfhelp’s seniors to enjoy exhibitions from The Jewish Museum, the Guggenheim Museum, the JCC in Manhattan and the Queens Public Library to name just a few.

“I just can’t tell you what this means to me,” said Harry, a Selfhelp senior who attended the museum’s Virtual Senior Center program. “It reduced my loneliness; I was able to connect with others, with the same interests.”

The program is believed to be the first in-home museum art series designed for homebound seniors, allowing video interaction among senior participants and the museum’s educators. It featured over 50 works including paintings, drawings and sculptures by such artists as Matisse, Picasso, Cezanne, Renoir, and van Gogh. A recent program presented by the Guggenheim featured the architecture of Frank Lloyd Wright.

Yoga, book clubs, friendly visits and more

Recently added to the VSC menu is a virtual Book Club, Yoga Class, and two new music classes: “Elements of Music” and “Music, Music, and More Music,” thanks to the newly launched Dr. Frederick Coleman Virtual Music Program. This initiative, generously funded by Dorothy Coleman, was made possible by UJA-Federation of New York, staunch advocates of the VSC since its inception. Also with UJA-Federation’s generous support, we are learning about the effectiveness of virtual case management sessions and e-Friendly Visiting. The effect of these new offerings on our seniors was perhaps best described by Wall Street Journal video blogger Andy Jordan, who wrote: “The Virtual Senior Center is making a transformational difference in the participants’ lives.”

Video cameras and monitors strategically placed around the senior center enable homebound seniors to interact with classmates and instructors at the center, and to take part in activities such as painting classes, discussion groups and exercise sessions. Seniors at home can see and hear their classmates (and vice versa) and actively participate in two-way discussions and activities.

Aging Services Technology at Selfhelp

Selfhelp is a founding member of the Center for Aging Services Technologies (CAST), and over the past several years has distinguished itself as a leader in using technology to improve the lives of seniors.

With seven Computer Learning Centers, we have opened a new world for countless numbers of seniors wishing to learn or enhance their computer skills. A number of clients residing in our buildings and Naturally Occurring Retirement Communities (NORCs) utilize heat and motion sensors in their apartments. Telehealth monitoring and cognitive stimulation systems assist seniors with maintaining wellness.

So integral is technology to Selfhelp’s overall work that in 2009, our mission statement was rewritten to incorporate the following statement: “Selfhelp ... will lead in applying new methods and technologies to address changing needs of our community.”

Homebound But Not Alone
Using Aging Services Technology to Enrich the Quality of Later Life
Milton Greidinger, 87 (bottom right), says that the Virtual Senior Center (VSC) has transformed his life. "Before this project, I was just about down for the count. I felt like the world had passed me by. Now all of a sudden, I'm wide awake. I'm alive again." Homebound because of medical issues, Milton can now be counted on to stir up a debate in current events class or be found participating virtually in Senior Center activities such as art, Tai Chi, ping pong and dancing. A charter member of the VSC, Milton has found additional ways to use the new technology, including Skype visits with his Selfhelp social worker and video chats with friends, utilizing the Microsoft HealthVault system, ordering groceries online, downloading Big Band era music, and posting video blogs.

Like all of our Holocaust survivors, Pauline Charatan has quite a story to tell. And over the last two years, members of Selfhelp NextGen, Selfhelp’s young leadership division, have been helping to capture their life histories before they are lost to time. The Memoirs Project has been very meaningful for all involved. "It’s been a special opportunity to help preserve the histories of Holocaust survivors for future generations," said Jeremy and Carrie Weinrib, pictured above. "It isn’t easy for many survivors to talk about what they and their families experienced and we are pleased to be able to help them so that their histories can be preserved in perpetuity."
Connecting Across Generations: Carrying Forward History’s Lessons
Ensuring that the Stories of Survival are Forever Sacrosanct

Memoirs Project records and archives testimonials of Holocaust survivors

“We know that we are the last generation to hear survivors’ stories firsthand. So we meet with, listen to and do our best to support this special community. We record their histories for those who will not have the opportunity to look into the eyes of a Holocaust survivor.” - Dori Konig, Chair, Selfhelp NextGen

The Memoirs Project’s expanding momentum

The Memoirs Project has become a deeply meaningful experience for many SNG members as well as others who have joined this effort. After completing sensitivity training, participants conduct oral interviews with survivors who have never before given formal testimony. These memoirs are transcribed and archived for posterity in the Claims Conference’s Worldwide Shoah Memoirs Collection.

In the two years since the initiative began, dozens of survivors have given testimony and increased numbers of volunteers have had the unique experience of conducting interviews and transcribing history. For the first time ever, Russian survivors will now participate in the Memoirs Project thanks to a corps of Russian-speaking volunteers.

Unexpected outcomes: Family bonds

For some of the survivor/interviewer teams, the relationship does not end when the memoir is completed. Having the opportunity to get to know a survivor on such an intimate level can lead to a deep connection. What often follows is continued phone contact, visits, and, in some cases, invitations to join together for Shabbat and holiday celebrations.

Guthery Training Institute’s curriculum and reach continues to grow

Since 1975, Selfhelp’s Guthery Training Institute has recruited, trained and certified thousands of home health aides. Each year, 2 million hours of compassionate, quality home care is delivered through Selfhelp’s five home care programs to the elderly, infirm and families at risk. Through Selfhelp’s special family Home Care program, specialized home care is provided to individuals and families infected or affected by HIV/AIDS.

Home Care for Holocaust survivors

For many decades, Selfhelp has made available subsidized home care to Holocaust survivors in need, ranging from chore and housekeeping services to round-the-clock care. As survivors experience the frailties of later life, home care has become a vital service, in an effort to ensure that they can remain in their own homes where they are most comfortable. Thanks to a special distribution of funds by the Claims Conference, Selfhelp is now providing home health aides for 450 Holocaust survivors, as well as training in the special needs of this delicate population.

Training expands to new Brooklyn site

To better serve those living in the boroughs, Selfhelp has added a third training site to its two existing facilities, which are based in Manhattan and Long Island. Located on Avenue M in Midwood, Brooklyn, the new site offers training for home health aides as well as continuing education to ensure that aides maintain their skills and knowledge base. Home health aides also receive training in end of life care, dementia care, and how to best serve other special populations.

Different languages—Same compassionate, quality care

Specialized home care must be available to the many cultural communities residing in New York City. A dearth of home care options for Spanish-speaking elderly led to the launching of Selfhelp’s “Manos Que Ayudan” (Helping Hands) program, funded by the Robin Hood Foundation, which has recruited, trained and certified Spanish-speaking home health aides since 2007. To address a similar need in the Chinese-speaking community, Robin Hood is now funding a pilot initiative at Selfhelp, which will provide training, mentorship and employment for Chinese-speaking individuals seeking careers as home health aides.

Home Care Tailored for Special Populations
Putting Expertise Into Practice to Fulfill Growing Needs
With a bright smile and a happy demeanor, Yesenia Reyes has the perfect disposition to be a Home Health Aide. Yesenia is one of nearly 1,500 home health aides that Selfhelp sends throughout the city to assist those who need help living at home independently, safely, and with dignity. Whether it is personal care, preparing meals, or assisting with an exercise routine, our home health care providers help keep clients on track with their care plans so that they can remain healthy and lead happy and productive lives. Also pictured is Selfhelp nurse Nirva Joseph-Guillaume.

SHARP < Selfhelp Alzheimer’s Resource Program

Alzheimer’s Disease is a devastating condition for both the individual and family. Yet many newly diagnosed people are still highly mentally and physically functional and early intervention can help stave off an accelerated decline in their cognitive abilities. Selfhelp’s SHARP program offers classes for the two earliest stages of the disease as well as a caregiver support group and caregiver seminars. SHARP classes offer a variety of engaging strategies to help maintain clients’ levels of functioning for as long as possible. Pictured bottom right with SHARP participants is Social Work Supervisor Ellen Sarokin.
Innovative Programs Garner Interest and Engage New Audiences

We are pleased to share a sampling of media highlights featuring Selfhelp over the past year.

WCBS TV
Birthday Bash Held for 58 Centenarians in Flushing
October 13, 2010 – Cindy Hsu reporting

...Amazingly the party honorees 58 centenarians served by Selfhelp, a non-profit group that helps seniors get the services they need so they can live at home for as long as possible. The centenarians said age is just a number, and its all about enjoying every second they have.

The Huffington Post
December 2, 2010 – William Daroff

A pilot virtual senior center program in New York City is allowing homebound seniors to use social technology to battle isolation and depression: WSJ

Andy Jordan visits the home of one participant who says he was waiting around to die until a computer gave him a new lease on life.

"It’s like going from death to life."

Milton Greidinger
He participates in a virtual senior center in Queens, N.Y., started by Microsoft. Self Help (sic) Community Services and NYC’s Department for the Aging.

He now uses his computer to watch YouTube videos, and participate, virtually, in classes and “online socials” with others in a nearby senior center.

Milton also uses Skype to stay in touch with his case workers and Self Help (sic) staff who have trained him on his computer.

Wall Street Journal
87 and on YouTube
June 10, 2011 – Tech Diary Andy Jordan

A pilot virtual senior center program in New York City is allowing homebound seniors to use social technology to battle isolation and depression: WSJ

Andy Jordan visits the home of one participant who says he was waiting around to die until a computer gave him a new lease on life.

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Milton also uses Skype to stay in touch with his case workers and Self Help (sic) staff who have trained him on his computer.

Daily News
April 7, 2011 – Lisa L. Colangelo

Selfhelp Community Services broke ground yesterday on its latest independent senior living facility in Queens.

The 14-story, 92-unit building will be home to more than 100 seniors. The construction plans include several “green” features, such as recycled materials, timers on exterior lighting and roofing material that meets Energy Star standards.

New York State Bar Association Journal
President’s Message – Vincent E. Doyle III
July/August 2011

...And those of us preparing for a comfortable retirement should not forget how fortunate we are to be in that position.

As Valerie J. Bogart* discusses in her article, many impoverished senior citizens require extensive legal assistance just to maintain the most basic necessities such as housing and subsistence income. As we plan for tomorrow, we must remember the importance of legal services for people whose basic needs are in jeopardy today.

And I hope we will all contribute in whatever way we can.

*Valerie J. Bogart is the Director of Selfhelp’s Evelyn Frank Legal Resources Program.

The New York Times
Technologies Help Adult Children Monitor Aging Parents
July 28, 2010 – Hilary Stout

Ray Joss, 91, of Flushing, Queens, has been using a senior-based system called QuietCare that she found through Selfhelp, a social services company in New York that helps seniors use technology to allow them to live independently.

She says that she and her son, who lives in New Jersey, don’t have to dwell on her well-being in conversations because the monitoring system has already let him know how she is.

“…We talk about other things rather than just how I feel. He doesn’t have to ask me…”

The Washington Post
As elderly people grow in numbers, experts seek ways to handle the coming boom
Teledermcine improves elder care at home
August 10, 2010 – Patrick Egan

“No one wants to be in a hospital. No one wants to be in a nursing home. So if telehealth, and remote centered technology, and the virtual senior center can prevent these hospitalizations and those nursing home stays, it doesn’t matter where you are.”

- Russell Lasuit, VP, Administration, Selfhelp

The New York Jewish Week
Words Are Their Bond
Recording Stories helps Selfhelp young leaders connect with Holocaust survivors.
July 21, 2010 – Amy Spire

Safdeld and Phillips were part of the pilot program of the Memoirs Project at the New York-based nonprofit Selfhelp, which sent young adults to help Holocaust survivors write their stories and submit them to the Claims Conference’s Worldwide Shoah Memorials Collection.

“The project has been incredibly meaningful and exciting,” said Adrena Horowitz, program director for the Nani Vicinus Service at Selfhelp, which services more than 5,000 clients here.

“There have been incredible connections made between volunteers and clients.”

NY1
February 23, 2011 – CoFax Kim reporting

The Selfhelp Senior Center has been around for more than 30 years. It serves more than 300 seniors every day. From hot meals to exercise programs, for many seniors they say that the center is their only lifeline to the outside world.

...And those of us preparing for a comfortable retirement should not forget how fortunate we are to be in that position.

As Valerie J. Bogart* discusses in her article, many impoverished senior citizens require extensive legal assistance just to maintain the most basic necessities such as housing and subsistence income. As we plan for tomorrow, we must remember the importance of legal services for people whose basic needs are in jeopardy today.

And I hope we will all contribute in whatever way we can.

*Valerie J. Bogart is the Director of Selfhelp’s Evelyn Frank Legal Resources Program.
Founders Society
Recognizing Unwavering Generosity and Commitment

We take this milestone of our 75th Anniversary to publicly thank the Selfhelp family, our many friends and partners who have supported us with cumulative donations of $23,000 or more. From our earliest days, Selfhelp has been blessed by the involvement of scores of individuals committed to our mission. Whether through their contribution of financial support or volunteerism, it’s been their dedication to our mission which has sustained us over the past seven and a half decades and has enabled us to not only fulfill our initial goals but to grow so that we may respond to our clients’ multifaceted needs.

It is with humble gratitude that we offer our deepest appreciation to our friends—both contribution of financial support or volunteerism, it’s been their dedication to our mission which has sustained us over the past seven and a half decades and has enabled us to not only fulfill our initial goals but to grow so that we may respond to our clients’ multifaceted needs.

Benefactor $1,000,000 and Over

Vestry $500,000 and Over
Carnegie Corporation of New York Stanley and Steven Eisenberg PJCC – A Foundation of Philanthropic Funds Radnice and Peter Levya

Sustainer $100,000 and Over

Ambassador $250,000 and Over

Wolfensohn/FeinsteinFamily Foundation Marguerite and Alfred Wyler Neil and Victor Wyler

Founder $50,000 and Over

Anonymous (1)

Patron $50,000 and Over
Anonymous (5)
Margaret Wllach Pfizer Foundation Raymond J. V. Schlag Family Fund Rita and Frank Shiever Corinne and Peter Simmons Barbara R. Sobelheim J.T. Scharf Foundation Verein zur Unterstutzung Wilddie Fund The Wolf Family Foundation Lauren and Henry J. Zacharias

A Night to Remember Over 420 guests joined together on May 19th at the Museum of Jewish Heritage for Selfhelp’s 75th Anniversary Gala. Exceeding all expectations, the event raised $560,000 to support the current and future needs of the Holocaust survivors in our care. The Guest of Honor was Selfhelp Board member Steven G. Tepper. A Lifetime Achievement Award was presented to Saul Sagen, EBP Director and Special Consultant to the Gala’s Committee. Selfhelp-NestGen was recognized with a Special Tribute. Harvey M. Krueger served as Dinner Chair and Raymond J.V. Schlag served as Event Chair. Poignant remarks were delivered by Amb. Stuart E. Eizenstat, Special Advisor to the Secretary of State for Holocaust issues, below and on the next several pages are highlights from this most memorable evening.

Given ever-changing technologies and methods of communication over the past 75 years, we recognize that there may be inadvertent omissions and inaccuracies in this list. We offer our sincere apologies and encourage you to contact the Development Department to advise us of any oversight so that we may update our records for future listings. Thank you.

*Bequests are not included in this listing.

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*Bequests are not included in this listing.
Conference on Jewish Material Claims Against Germany
Selfhelp and the Claims Conference share a collaborative history dating back nearly three decades. The Claims Conference has played the essential role in enabling Selfhelp to provide critical funding and other services to Holocaust survivors and their families. We take this opportunity to publicly thank the Claims Conference for its ongoing support and commitment to Selfhelp Community Services.

Maurice Chaury
Chaim Toulou - Westchester County Hillel Chayim Chayei
Hsing Tsung Feng
Jing Yi Feng
Jane and Viv Soon Chong
Nancy Cleary and Lamar H. Lee
Ceyl Feygin and Jeffrey Trindel
Hildy Feldman
Robert C. Feder
Stuart S. Feldman
Amanda Fishman
Becky and David Finkel
Pam F. Joffe
Lee Finkel
Hank Feldman, LCSW
Jasia and Robert Fisher
Miriam P. Feitman
Marta and Chris Fleming
Helen Telesco
Dore and David Finkel
Jeri and Joff Feitman

Northwestern Mutual Life
Carolyn L. Jones
Robert A. and Linda S. Friedman
Carolyn J. Jones
Michael H. Friedman
Jewish Kids Care

Eve Mikhail
Eve and Ben Baruch

Robert A. and Linda Friedman

Michael H. Friedman

Eve Mikhail

Carolyn L. Jones

Robert A. and Linda Friedman

Michael H. Friedman

Eve Mikhail

Carolyn L. Jones

Robert A. and Linda Friedman

Michael H. Friedman

Eve Mikhail

Carolyn L. Jones

Robert A. and Linda Friedman

Michael H. Friedman

Eve Mikhail

Carolyn L. Jones

Robert A. and Linda Friedman

Michael H. Friedman

Eve Mikhail

Carolyn L. Jones

Robert A. and Linda Friedman

Michael H. Friedman

Eve Mikhail

Carolyn L. Jones

Robert A. and Linda Friedman

Michael H. Friedman

Eve Mikhail
Project Legacy Committee

As evidenced by its name, a significant component of Project Legacy is to “pass the torch.” Indeed, Project Legacy is the brainchild of Ken and Carol Kramarz. Some members of the Project Legacy Committee have served multiple terms. The Project Legacy Committee’s members have been carefully chosen to represent a diversity of backgrounds and expertise, and each deeply committed to ensuring that survivors live with the dignity they rightly deserve. For information about joining the committee, please email projectlegacy@selfhelp.org.
To make a donation to Selfhelp, or to review additional information about the caring for all seniors served through the programs of the participating organizations, please visit our website at www.selfhelp.net.
Museum of Jewish Heritage
Museum of Modern Art
Nan Shan Senior Center
Nassau County Department of Senior Citizen Affairs
Nassau County Department of Social Services
National Academy of Elder Law Attorneys
National Association of Professional Geriatric Care Managers - New York Chapter
National Association of Social Workers (NASW)
National Center for Law and Economic Justice, Inc.
National Housing Conference
National Leased Housing Association
National Low Income Housing Coalition
Dr. Nefi
New York
New York City Administration for Children’s Services
New York City Bar Association - Committee on Legal Problems of Aging
New York City Council
New York City Department for the Aging
New York City Department for the Aging - Grandparent Support Program
New York City Department for the Aging - Health Promotion
New York City Department for Employment - Youth Employment Program
New York City Department of Finance - SCHE Unit
New York City Department of Health
New York City Department of Housing Preservation and Development - SCHE Unit
New York City Department of Information Technology and Telecommunications
New York City Department of Transportation - Safety Education Department
New York City Department of Youth & Community Development - The Commission Initiative Child Center of New York
New York City Fire Department
New York City Health & Hospitals
New York City Human Resources Administration
New York City Human Resources Administration - Adult Protective Services Admin.
New York City Housing Authority - Office for the Aging
New York City Housing Development Corporation
New York City Immigration Coalition
New York City MTA-Medicaid Advisory Committee
New York City Police Department
109th Police Precinct
109th Police Precinct
112th Police Precinct
New York City Schools
PS 24
PS 303
PS 355 at 169
PS 228
IS 73
IS 237
Bayside High School
Brooklyn High School of Science
LaGuardia High School
New York City Department of Labor
New York Eye Care
New York Foundation for Senior Citizens
New York Hospital Queens
New York Housing Conference
New York Immigration Coalition
New York Lawyers for the Public Interest (BFLP)
New York Legal Assistance Group (NYLAG)
NewYork-Presbyterian/Weill Cornell Medical Center
New York State Adult Day Services Association, Inc.
New York State Association for Financing Affordable Housing
New York State Bar Association - Elder Law Section
New York State Comptroller’s Office
New York State Consumer Coalition on Part D
New York State Department of Health - Home Health Reimbursement Work Group
New York State Elderly Pharmaceutical Insurance Program (ElderlyPIC)
New York State Home Care Association
New York State Homes and Community Renewal
New York State Housing Finance Agency
New York State Office for the Aging
New York University - School of Nursing
New York University - Shirley M. Ettinger School of Social Work
New Yorkers for Accessible Health Coverage
North Shore - Long Island Jewish Health System (NyuLJasc, Inc.)
Office of Management & Budget
Older Adults Technology Services (OATS)
Our World Neighborhood (Summer Senior Center)
Parks Reimbursement
Pathfinders
PeopleCare Inc. - Homecare Agency
PHI National Offices
Philips Lifeline
Progressive Home Health Solutions, Inc.
Queens Autism Community
Queens Botanical Garden
Queens Boulevard Extended Care Facility
Queens Center for Progress
Queens Center for Holocaust Survivors
Queens Dominican Alliance Church
Queens College
Queens Community House
Queens Intergenerational Council on the Aging
Queens Jewish Community Council
Queens Legal Services
Queens Library
Queens Library - Long Island City Branch
Queens Museum of Art
Queens Occupational Training Center
Queens Symphony Orchestra
Queens Theatre in the Park
RehabCare
Regal Heights Adult Day Health Center
Religious Aisle
Retired Senior Volunteer Program of the Community Services Society (RSPS)
Ridgewood Savings Bank
Rite Aid Pharmacy
Sage Eldercare
Saint Mary’s Healthcare System for Children
Samuel Fielden Terrace YM & YWHA - Community Advisory Program for the Elderly
SeniorBridge
Senior Health Partners
Senior United Network of Nassau County
Sephardic Nursing Home
Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders (SAGE)
Services New for Adult Persons (SNAP)
Seifert Shaw, LLP
Shvidk Institute
St. Francis Preparatory High School, Queens
Starbucks’ Harvest Food Program
Statewide Senior Action Council
Starlight
Sunrise Senior Employment Program (SSEP)
Suny-Adk Cape Geriatric Mental Health Initiative - Community District VP
Suny-Cityville Homecare Services, Inc.
Suny Towns Community Services
TD Bank Foundation
Temple Emanuel
Termins
Touchstone Health
Towns College
Transitional Services of New York
UL Federation of New York
United Hospital Fund (NCDRC) Initiative
United States Department of Housing and Urban Development
Urban Justice Center
VisITORS
VNS - Choice
VNS - Christian Community Center
Homecare Program
VNS - Friendly Visitor Program
VNS - Home Delivered Meals Program in Long Island City
Vera Institute of Justice
Vera Institute of Justice
Victory Pharmacy
Village Care of New York
Visting Nurse Regional Home Care Services
Volunteer Resources Center of New York
Walden’s Pharmacy
West 47th Street - Inwood Council on Aging
WEP Goodwill Industry of Greater NY and Northern NJ
Western New York Long Term Care Center
West Side InterAgency Council on Aging
Wilcon, Elise, Moskowitz, Ettinger & Dicker, LLP
Women in Housing and Finance
Woodside Senior Assistance Program
Wryt Communications
YM
YM Home Health Services
Yeshiva of Central Queens
Yeshiva of Flatbush
Yeshiva University - Cardozo Law School
Yeshiva University - Wurzweiler School of Social Work
York College
Young Institute Senior League

Advancing our Historic Mission: Selfhelp Hosts Congressional Briefing on Caring for Holocaust Survivors
Selfhelp has been working closely with the office of Congresswoman Debbie Wasserman Schultz (D-FL) to support her legislation, H.R. 2786, aimed at amending the Older Americans Act (OAA) to increase services for Holocaust survivors. We have offered our expertise and resources, including Selfhelp’s renowned population study, and the input of our uniquely qualified staff to ensure that the provisions of the bill meet the most pressing needs of Holocaust survivors. On October 26th, Selfhelp hosted a briefing in the Cannon House Office Building on Capitol Hill that educated elected officials and their staff members about the distinct issues facing providers of services to this special population.

Selfhelp CEO, Sean C. Kaplan opened the briefing by introducing Rep. Wasserman Schultz who spoke passionately of her desire to see this legislation enacted into law. Attendees were also addressed by other members of Congress including Rep. Ed Towsen and Rep. Bob Turner, both members of the New York delegation representing districts with large numbers of survivors.

The Innovative Senior Center Initiative: A Healthier Hi-Tech Center for Seniors
Selfhelp was recently awarded one of eight city-wide Innovative Senior Center (ISC) grants.

At an October 19th press conference leaded ISC grant awardees, Mayor Michael R. Bloomberg highlighted Selfhelp's Benjamin Rosenfeld–Prince Street Senior Center’s winning proposal which included the Center’s “using technology in health and wellness programs,” “telehealth kiosks to help monitors monitor their own health, and virtual senior center programming enabling homebound seniors to participate in senior center classes.”

Department for the Aging Commissioner Lillian Bartos-Paoli referred to ISC winners as, “the most qualified providers to enhance and transform our senior center network.”

Other innovations made possible by this grant will include an individualized wellness coaching model, an on-site community nurse, a mental health counselor, individualized nutrition education, the modernization of the Computer Learning Center and a host of other entitlements to support optimal health, independence and well-being for our seniors. Building on the foundation laid by our Virtual Senior Center, cultural, educational and wellness classes as well as presentations will be offered through interactive telecasts to other senior centers in the area.

Breaking News
Moving Forward with New Initiatives

Balance Sheet For the year ended June 30

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Assets</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash</td>
<td>$1,944,477</td>
<td>$2,149,825</td>
</tr>
<tr>
<td>Investments</td>
<td>12,863,772</td>
<td>12,386,649</td>
</tr>
<tr>
<td>Accounts Receivable</td>
<td>10,243,929</td>
<td>8,223,060</td>
</tr>
<tr>
<td>Due from Related Party</td>
<td>1,721,505</td>
<td>1,330,254</td>
</tr>
<tr>
<td>Contributions Receivable &amp; other current assets</td>
<td>869,818</td>
<td>441,950</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
<td><strong>27,643,501</strong></td>
<td><strong>24,531,738</strong></td>
</tr>
<tr>
<td>Fixed Assets</td>
<td>3,004,647</td>
<td>3,468,201</td>
</tr>
<tr>
<td>Assets held for Guardianship Clients</td>
<td>11,998,938</td>
<td>13,465,301</td>
</tr>
<tr>
<td>Other Non-current assets</td>
<td>501,351</td>
<td>404,446</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$43,148,637</strong></td>
<td><strong>$41,869,686</strong></td>
</tr>
</tbody>
</table>

Liabilities and Net Assets

| Current Liabilities |         |         |
| Accounts Payable and Accrued Expenses | $2,064,616 | $1,203,736 |
| Accrued Salaries and Benefits | 3,635,585 | 3,252,256 |
| Due to Third Parties and Other Payables | 1,425,266 | 907,766 |
| Due to Related Party | 119,615 | 14,086 |
| **Total Current Liabilities** | **7,245,082** | **5,363,758** |
| Due to Guardianship Clients | 11,998,938 | 13,465,301 |
| Deferred Rent Payable | 272,294 | 947,974 |
| **Total Liabilities** | **19,516,314** | **18,829,059** |
| Net Assets |         |         |
| Unrestricted Net Assets | 20,020,044 | 19,706,309 |
| Temporarily Restricted Net Assets | 3,012,710 | 3,244,318 |
| **Total Net Assets** | **23,032,323** | **23,040,627** |
| **TOTAL LIABILITIES AND NET ASSETS** | **$43,148,637** | **$41,869,686** |

Statement of Activities For the year ended June 30

<table>
<thead>
<tr>
<th>REVENUES, GAINS AND OTHER SUPPORT</th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homecare Revenue</td>
<td>$29,816,931</td>
<td>$29,911,604</td>
</tr>
<tr>
<td>Government Revenue</td>
<td>8,774,052</td>
<td>9,039,241</td>
</tr>
<tr>
<td>Contributions and Program Grants</td>
<td>10,211,971 *</td>
<td>9,561,067 *</td>
</tr>
<tr>
<td>Program Services</td>
<td>2,995,638</td>
<td>2,472,247</td>
</tr>
<tr>
<td>Developer Fees and Investment Activity</td>
<td>2,402,126</td>
<td>2,637,940</td>
</tr>
<tr>
<td><strong>Total revenue, gains and other support</strong></td>
<td><strong>$54,200,718</strong></td>
<td><strong>$53,622,099</strong></td>
</tr>
</tbody>
</table>

Expenses

<table>
<thead>
<tr>
<th>EXPENSES</th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homecare Services</td>
<td>26,715,514</td>
<td>27,231,300</td>
</tr>
<tr>
<td>Community and Other Programs</td>
<td>18,928,900</td>
<td>18,986,575</td>
</tr>
<tr>
<td>Management and General</td>
<td>7,074,348</td>
<td>6,419,633</td>
</tr>
<tr>
<td>Fund Raising</td>
<td>890,260</td>
<td>841,034</td>
</tr>
<tr>
<td><strong>Total expenses</strong></td>
<td><strong>53,609,022</strong></td>
<td><strong>53,478,542</strong></td>
</tr>
<tr>
<td>Change in net assets</td>
<td>591,696</td>
<td>143,557</td>
</tr>
<tr>
<td>Net assets - beginning of year</td>
<td>23,040,627</td>
<td>22,897,070</td>
</tr>
<tr>
<td><strong>NET ASSETS - END OF YEAR</strong></td>
<td><strong>$23,632,323</strong></td>
<td><strong>$23,040,627</strong></td>
</tr>
</tbody>
</table>

* These amounts do not include approximately $1,613,308 in 2011 and $2,699,106 in 2010 of contributions and related income received by Selfhelp Community Services Foundation which will benefit Selfhelp’s family of services.

Selfhelp and its family of services provide a wide range of independent living and fund raising activities. Assets, net assets and revenue for Selfhelp and its family of services for their most recent fiscal years are summarized below:

<table>
<thead>
<tr>
<th>Total Net Assets</th>
<th>Total Revenues</th>
</tr>
</thead>
<tbody>
<tr>
<td>Selfhelp Community Services, Inc.</td>
<td>$23,632,323</td>
</tr>
<tr>
<td>Selfhelp Community Services Foundation, Inc.</td>
<td>4,926,581</td>
</tr>
<tr>
<td>Affordable Housing Corporations</td>
<td>18,102,035</td>
</tr>
<tr>
<td>Certified Home Health Agency</td>
<td>(4,505,060)</td>
</tr>
</tbody>
</table>

A copy of our audited financial statement for Fiscal Year 2011 has been filed with the Secretary of State and may be obtained from the Department of State, 41 State Street, Albany, New York 12231, or directly from Selfhelp. Selfhelp Community Services, Inc. is dedicated to the practice of equal employment opportunity in every aspect of its operations and complies with all Federal, State, and City government regulations.

Selfhelp Community Services, Inc.
## Balance Sheet

**For the year ended June 30**

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash</td>
<td>$40,821</td>
<td>$104,504</td>
</tr>
<tr>
<td>Investments</td>
<td>3,780,693</td>
<td>2,297,618</td>
</tr>
<tr>
<td>Contributions Receivable</td>
<td>992,952</td>
<td>1,149,121</td>
</tr>
<tr>
<td>Due from Related Party</td>
<td>119,615</td>
<td>57,087</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$4,934,081</strong></td>
<td><strong>$3,608,330</strong></td>
</tr>
<tr>
<td><strong>Liabilities and Net Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Current Liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accrued Expenses</td>
<td>$7,500</td>
<td>$6,000</td>
</tr>
<tr>
<td><strong>Total Current Liabilities</strong></td>
<td><strong>7,500</strong></td>
<td><strong>6,000</strong></td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unrestricted Net Assets</td>
<td>282,702</td>
<td>293,532</td>
</tr>
<tr>
<td>Temporarily Restricted Net Assets</td>
<td>4,643,879</td>
<td>3,308,798</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>4,926,581</strong></td>
<td><strong>3,602,330</strong></td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td><strong>$4,934,081</strong></td>
<td><strong>$3,608,330</strong></td>
</tr>
</tbody>
</table>
Overview of Programs and Services

Nazi Victim Services
The largest program of its kind in North America, Selfhelp offers comprehensive social services, financial assistance, guardianship, financial management, claim assistance, and home care services to Holocaust survivors.

Senior Housing
Selfhelp’s six affordable apartment buildings and on-site social services offer seniors the opportunity to lead independent lives in a warm and supportive environment. Each unit has emergency response systems, closed-circuit TV surveillance in lobby, easy access to public transportation and is within walking distance to Selfhelp senior centers. Residents have access to social work, nursing, and home care services.

Naturally Occurring Retirement Communities (NORCs)
Selfhelp NORC programs provide senior residents in four large cooperative housing complexes with the supportive services they need to continue living in their own homes. Selfhelp’s on-site services include case management, counseling, health screenings, and social, recreational, and educational programs.

Senior Centers
Selfhelp’s five senior centers offer a wide variety of life-enhancing programs such as computer classes, concerts and lectures, wellness workshops, as well as nutritious meals for seniors living in the surrounding communities.

Home Health Care
A leading provider of home health care in the New York metropolitan area, Selfhelp offers five home care options for the elderly, frail, families at-risk, and individuals with HIV/AIDS.

Senior Source
For adults seeking a single point of entry for all health and other forms of care, Senior Source provides access to a Care Manager 24 hours a day, 7 days a week. A fee-for-service program, Senior Source professionals help navigate the maze of entitlements, find immediate care, monitor ongoing care, or prepare for future care needs.

Community Guardianship
Selfhelp’s Community Guardian Program serves as court appointed legal guardian for clients referred by Adult Protective Services (APS), who are over 18 years of age and unable to manage their financial or domestic affairs.

Legal Resources
Selfhelp’s Evelyn Frank Legal Resources Program provides legal assistance for Selfhelp clients. It also offers professional training regarding Medicaid and elder-law issues to Selfhelp staff and other organizations.

Alzheimer’s Programs
The Selfhelp Alzheimer’s Resource Program (SHARP) provides social adult day care, mental health assessment and referral, as well as social activities for individuals in the two earliest stages of Alzheimer’s disease. The program also offers support groups for caregivers.

Case Management
Selfhelp’s comprehensive Case Management programs perform evaluations to help seniors live independently in their own homes. Counseling is offered regarding entitlements and benefits that may be available, such as financial assistance, home delivered meals and chore services.

Aging Services Technology
Selfhelp has pioneered a number of technologies aimed at enhancing the quality of later life. From innovative telehealth services to the expanding Virtual Senior Center program, Selfhelp continually develops new “hi-tech, hi-touch” models to maintain wellness and to re-engage and energize vulnerable, isolated, older New Yorkers.
Contacts

Nazi Victim Services Program
Bronx Program
718-239-3177
Amy Newmann, Program Director

Brooklyn Programs
at Midwood
718-646-7500
Staphanie Zylberberg-Brissar, Program Director
b) Kensington
718-633-1300
Tova Klein, Managing Director

Manhattan Program
212-971-5475
Lilian Sicular, Program Director

Nassau County Program
516-481-1865
Gina Goldman, Program Coordinator

Queens Program
718-268-1252
Karen DeJose, Program Director

Washington Heights Program
212-781-7200
Roni Miller, Program Director

Financial Management Unit
212-971-5475
Ruth Rosado, Program Director

Housing
To inquire about our housing applications, please call 718-886-1412. For information about on-site social services for our residents, please call Mohini Mishra, Program Director of Housing, 718-762-6803.

Harry and Jeannette Weinberg House
140-16 45th Avenue, Flushing

Harry and Jeannette Weinberg Apartments
45-25 Kissena Boulevard, Flushing

Naturally Occurring Retirement Communities (NORCs)
For general information about the NORCs listed below, please call Betsy Smith, Managing Director of Senior Communities, 718-565-6569.

Big Six NORC Program
718-656-4069
59-55 47th Avenue, Woodside

Fresh Meadows Senior Program
718-454-6286
67-00 192nd Street, Fresh Meadows

Northridge / Brunete / Southbridge NORC Program
718-396-5425
34-10 94th Street, Jackson Heights

Queensview / North Queensview NORC Program
718-279-4148
33-34 Crescent Street, Long Island City

Senior Centers
Austin Street Senior Center
718-520-8197
106-06 Queens Avenue, Forest Hills

Cheaviton Ryu
718-520-8197
Cheaviton Senior Center

Benjamin Rosenthal-Prince Street Senior Center
718-896-5777
45-25 Kissena Boulevard, Flushing

Jinsheng Qiu, Program Director

Clearview Senior Center
718-234-7886
208-11 26th Avenue, Bayside

Erin Brennan, Senior Programs Director

Latimer Gardens Senior Center
718-061-3660
34-30 137th Street, Flushing

Cheryl G, Program Director

Maspeth Senior Center
718-429-3636
69-61 Grand Avenue, Maspeth

Maria Dixon, Program Director

Home Care
The central office for all Home Care programs is located at 520 Eighth Avenue, New York.

Home Care Intake
646-259-4982

Certified Home Health Agency (CHHA)
212-971-5471

Homemaking Program
646-259-4982

Housekeeping Program
646-259-4982

Licensed Home Care Services Agency (LHCASA)
212-971-5480

Long Island Home Care
516-505-2571

Other Community Programs for Seniors
These Community Programs are located at 520 Eighth Avenue, New York.

NYC Community Guardian Program & Nassau County Guardian Program
212-971-7776

Patricia L. Kaufman, Managing Director, Senior Communities

NYC Guardian Services
212-971-7776

Selfhelp Alzheimer’s Resource Program (SHARP)
For information about SHARP, please call Erin Brennan, Senior Programs Director, 718-224-7888.

Located at Selfhelp’s Clearview Senior Center
208-11 26th Avenue, Bayside

Case Management Programs
Kensington Program
718-633-1300
419 Church Avenue, Brooklyn

Tova Klein, Managing Director, Senior Communities

Queens North
718-321-8194
45-25 Kissena Boulevard, Flushing

Hanan Simhon, Program Director

Senior Source
800-935-3701
Alexis Carter, Director

SeniorSource
Alexis Carter, Director

Selfhelp Alzheimer’s Resource Program (SHARP)
For information about SHARP, please call Erin Brennan, Senior Programs Director, 718-224-7888.

Located at Selfhelp’s Clearview Senior Center
208-11 26th Avenue, Bayside

Case Management Programs
Kensington Program
718-633-1300
419 Church Avenue, Brooklyn

Tova Klein, Managing Director, Senior Communities

Queens North
718-321-8194
45-25 Kissena Boulevard, Flushing

Hanan Simhon, Program Director

Project Pilot
212-767-8166
136 West 91st Street, New York

Eli Brett, Program Director

Aging Services Technology
718-762-6803
137-47 45th Avenue, Flushing

Scott Cody, Program Director

Guthery Institute of Home Care Training
212-971-7721

520 Eighth Avenue, New York

Natalie Gooden-Wilson, Director

Selfhelp Community Services, Inc.
520 Eighth Avenue
New York, New York 10018
866-735-1234
www.selfhelp.net